

Jefferson Blue Jays Invitational

(Class 1-3 Limit 15 Teams)

Dear Athletic Directors and Coaches:

On Tuesday, March 30, 2021, Jefferson High School will be hosting its 7th annual Varsity Invitational. If you are interested in attending our home track meet, please email , Coach Justin Horn @ hornj@jr7.k12.mo.us

Date: Tuesday, March 30th , 2021

Place: Jefferson High School (1250 Dooling Hollow, Festus, MO 63028)

Time: 2:45 Coaches Meeting (front of press box), 3:15pm Field Events, 3:45pm Running Events

Scoring: 10-8-6-5-4-3-2-1

Awards: Individuals Medals for Top 3 finishers in each event
Plaques for 1st place overall boys and girls teams

Surface: 8 - lane rubberized track. 3/16" spikes only

Meet Entry: Entries will be made online (MoMileSplit) by Monday, March 26th at 9:00pm. Each team may enter 2 athletes per event. (boys/girls)
Any school wishing to pay individually will be charged \$7.00 for every individual entry and \$10.00 for every relay team. If your total cost per gender entries exceeds \$125, you will only be charged the \$125.

Entry Fee: \$125-Boys Team \$125-Girls Team
\$7 individual/\$10 per relay (IF YOU DON'T BRING A FULL TEAM)

Facilities: Concessions stand and restrooms will be provided. (Coaches will have hospitality room)

Shot/Discus: All athletes may use their own equipment

Starting Determined at scratch meeting

Heights:

Timing: Championship Timing will do the timing. Results will be on MoMileSplit

Field Events: Start at 3:15pm

Shot Put (Girls First)

Discus (Boys First)

High Jump (Girls First)

Pole Vault (Boys First)

Long Jump (Girls First)

Triple Jump (Boys First)

Javelin will NOT be attempted due to daylight issues.

Running Events: Start at 3:45pm

G 4 x 800 m Relay

B 4 x 800 m Relay

G 100 m Hurdles

B 110 m Hurdles

G 100 m Dash

B 100 m Dash

G 4 x 200 m Relay

B 4 x 200 m Relay

G 1600 m

B 1600 m

G 4 x 100 m Relay

B 4 x 100 m Relay

G 400 m Dash

B 400 m Dash

G 300 Intermediate Hurdles

B 300 Intermediate Hurdles

G 800 m Run

B 800 m Run

G 200 m Run

B 200 m Run

G 3200 m Run

B 3200 m Run

G 4 x 400 m Relay

B 4 x 400 m Relay