

Order of Running Events

(Girls followed by Boys)

Running events start @ 3:30 p.m.

4 x 800 Meter Relay

100/110 Meter Hurdles

100 Meters

4 x 200 Meter Relay

1600 Meter Run

4 x 100 Meter Relay

400 Meter Run

300 Meter Hurdles

800 Meter Run

200 Meter Run

3200 Meter Run

4 x 400 Meter Relay

Field events start @ 3:00 p.m.

Girls Discus followed by Boys (4 throws)

Boys Shot Put followed by Girls (4 throws)

Boys and Girls Triple Jump 3:00-5:00pm (4 jumps)

Boys and Girls Long Jump 5:00-7:00pm (4 jumps)

Girls High Jump followed by Boys

Boys Pole Vault followed by Girls

JAVELIN AFTER SHOT PUT AND DISCUS (there will be an announcement)

Questions: Coach Amanda Politte 573-854-1666(cell) apolitte@potosir3.org

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