



MANDATORY FALL SPORTS MEETING: Organized by Individual sports coaches– contact your coach for details

2018-19 Incoming Freshmen FAQ's

What Sports Do We Offer at Woodridge High School?

- **Fall**– Cross Country, Cheerleading, Football, Girls Soccer, Boys Soccer, Girls Tennis, Girls Golf, Boys Golf, and Volleyball
- **Winter**– Girls and Boys Basketball, Cheerleading, Girls and Boys Bowling and Wrestling
- **Spring**– Track and Field, Baseball, Softball, Boys Tennis

What Do I Need To Participate?

- A **VALID** OHSAA physical completed by a licensed physician **within the past calendar year**.
 - This physical must be valid through the **entire season of play!**
 - Physical forms can be found here: woodridgeathletics.com.
- Complete and sign (both students AND parents) all required forms through FinalForms.
 - [Click Here](#) to complete your forms today!
- Attend Mandatory Preseason meeting for ALL seasons your child is involved in. Mandatory preseason meeting information can be found here: [Click Here](#) for information.

Where Do I Find The Most Up-To-Date Information Regarding Woodridge Athletics?

- The best way to find up-to-date information about Woodridge Athletics is on our website, located at: www.woodridgeathletics.com.
 - From our website, you can find out the latest athletic news, schedules, and important forms and files related to athletics!
- Follow Woodridge Athletics on Twitter.... [@WoodridgeAth](#)

When Do Fall Sports Start Practice?

- All Fall Sports practices OFFICIALLY begin on **AUGUST 1ST for mandatory practice (except football– July 30)**.
- It would be ideal for you to contact your sport's respective coach to get accurate summer schedules. A coaches contact directory is located on our website!
- * **Dates above are subject to change based on the sport. Be sure to check online calendar for accurate schedules. OHSAA website with up to date dates: <http://ohsaa.org/calendar/FutureDates>**

Do I Need To “Sign Up” For Sports Prior To The Season?

- **YES!** Woodridge Locals Schools utilizes FinalForms. FinalForms is an online forms and data management software that allows student athletes and parents to fill out required forms electronically.
[Click Here](#) to register form Sports today!

What Are The Tryout Procedures For Sports At WHS?

- In sports in which there are tryouts, there is a minimum of **3 days of tryouts**. We encourage all interested student-athletes to be there for all scheduled days of tryouts.
- Once evaluations are completed, coaches select the team and notify all involved.
- There are CURRENTLY tryouts in select sports (always subject to change based on numbers).
 - Fall– Boys Golf, Volleyball and Cheerleading
 - Winter– Boys and Girls Basketball, Girls and Boys Bowling, Cheerleading
 - Spring– Baseball