

WASATCH HIGH SCHOOL SUMMER EDGE TRAINING

GRADES 11TH - 12TH Next school year (2018/2019)
BEGINS: June 11TH-July 26TH, 2018
DAYS: Monday, Wednesday, Thursday
TIME: 7am-8:30pm

GRADES 9TH - 10TH Next school year (2018/2019)
BEGINS: June 11TH-July 26TH, 2018
DAYS: Monday, Wednesday, Thursday
TIME: 9am-10:30pm
COST: \$60 course fee **Online Payment: Visit** www.myschoolfees.com
\$20 additional if taken for WHS credit
PAID AT WHS FINANCIAL OFFICE BY JUNE 1ST

LOCATION: Wasatch High School weight room
STAFF: Coach Coburn and other WHS football coaches



MISSION: IS TO OPTIMIZE ATHLETIC PERFORMANCE FOR ALL ATHLETES USING FREE WEIGHT, MULTIPLE JOINT EXERCISES PERFORMED IN A STANDING POSITION. COORDINATION TRAINING, BALANCE, EXPLOSION, SPEED AND AGILITY DRILLS UTILIZED.

----- CUT & RETURN BOTTOM -----

WASATCH HIGH SCHOOL SUMMER EDGE TRAINING

Send registration form and fee to:
C/O STEVE COBURN
WASATCH HIGH SCHOOL
930 South 500 East Heber, UT 84032
(435) 654-0640 Phone

*make checks payable to: **WASATCH HIGH SCHOOL**
* check if paying for high school P.E. credit
Online Payment: Visit www.myschoolfees.com

Name of player _____ Grade _____ (2018/2019)
last first (9, 10, 11, 12)

Player Address _____ City _____ Zip _____

Parent/Guardian _____ Telephone number _____