

# In Woodland Athletics... we are all about

## grit

The ability to grind through anything... the power of passion and perseverance.

“Stay the course! Follow your passion and dig deep to reach your goals. Never quit – show your **GRIT!**”



# G

## gratitude

Expressing gratitude builds individual character and stronger teams! Showing grace to others fosters humility and encourages us to put others before ourselves.

“In Woodland athletics, we choose an attitude of **GRATITUDE.**”

# R

## respect

Woodland athletes will earn respect by doing things the right way – The Woodland Way.

“Wearing the green and black is a big deal! You are part of a longstanding tradition of resiliency and excellence – so show **RESPECT** to those before you and represent our school and community with pride.”

# I

## integrity

The quality of being honest, dependable and of good character.

“Always try to do the right thing – put your team first in all that you do and let your **INTEGRITY** shine through.”

# T

## team

The state of being united or joined as a whole – creating a sense of family.

“Being a Woodland athlete means being part of something much bigger than yourself.”

Together Everyone Achieves More