

2018-2019
LAKOTA EAST HIGH SCHOOL
BOYS SOCCER PROGRAM

HOME PRACTICE FACILITY – Lakota East High School turf stadium, grass field & Voice of America Park.

TEAMS – Varsity and Junior Varsity

TRAINING SESSIONS AND SCRIMMAGES – Pre-season training sessions will be held for all interested soccer candidates. While these training sessions are not mandatory, they are encouraged and recommended!

- Conditioning: July 2, 9, 11, 16, 18, 23 from 8-9:30 a.m.,
- On-Ball Sessions: July 6, 10, 12, 17, 19, 24, 26 5:30-7:00 p.m.
- Open Fields: June Monday and Wednesdays 5:00-7:00pm.
- Scrimmages:
 - July 25th 5:30/7 p.m vs Carroll – HOME
 - July 27th 5:30/7 p.m vs Elder – HOME
 - August 4th 4:30 p.m vs Alumni - HOME
 - August 8th 5:00/7 p.m. vs. Wayne – HOME
 - August 11th 10:00/12:00 p.m vs. Lebanon - VOA

TRYOUT INFORMATION – Tryouts will be held August 1, 2 and 3, 2018 from 5-7 p.m. on the Lakota East High School Turf Field. Teams will be selected on August 3rd, 2018.

PRACTICE TIMES – Practice times may vary throughout the season. A detailed calendar will be distributed to the team members upon completion of tryouts.

- Weekdays: 3:30-5 p.m. at LEHS or VOA

STUDENT PRE-PARTICIPATION PHYSICAL FORMS – All physicals must be turned in to the coach, Athletic Trainer, or Athletic Department office prior to participation on August 1st. **NO PHYSICAL = NO PARTICIPATION!** All other forms are made available through the Final Forms system.

PARENT/ STUDENT-ATHLETE MEETING – Meet the Team Night will be held on Monday, August 6th at 6:30 p.m. in the Lakota East High School gymnasium. Doors will open at 5:30 p.m. in order to pay participation fees and purchase sports passes. It is **MANDATORY** that at least one parent and the student-athlete be in attendance.

SENIOR NIGHTS AND SPECIAL EVENTS

- Senior Night will be held on Tuesday, October 11th.
- Booster Bash – TBA

FOR ADDITIONAL INFORMATION you may contact head coach, Jeremy Hilien at Jeremy.hilien@lakotaonline.com