

2019-2020
LAKOTA EAST HIGH SCHOOL
GIRLS SOCCER PROGRAM

2019 District Champions

HOME PRACTICE FACILITY – Lakota East High School turf stadium, grass field & Voice of America Park.

TEAMS – Varsity and Junior Varsity

TRAINING SESSIONS AND SCRIMMAGES – Pre-season training sessions will be held for all interested soccer candidates. While these training sessions are not mandatory, they are encouraged and recommended!

- Conditioning: July 3 & 5 from 7-8:30 p.m., July 16, 17, 18 and 19 from 5:30-6:30 p.m.; July 30 from 6-8:30 p.m. and July 31 from 7-9 p.m.
- On-Ball Sessions: July 23, 24, 26 – 7-8:30 p.m.
- Open Fields: July 8, 22 and 29 from 6-8 p.m.
- Scrimmages:
 - August 3rd; All-Ohio in Kettering – AWAY / Times TBA
 - August 7th: 5:30/7 p.m. vs. Loveland – HOME
 - August 11th: 5:30/7:15 p.m. vs. Dublin Coffman – AWAY

CAMP DATES – The Lakota East Girls Soccer program will host a youth camp on July 17, 18 and 19 at the Lakota East High School Turf Field. The camp will run from 6:30-8 p.m.

TRYOUT INFORMATION – Tryouts will be held August 1 and 2, 2019 from 7-9 p.m. on the Lakota East High School Turf field. Teams will be selected on August 2, 2019.

PRACTICE TIMES – Practice times may vary throughout the season. A detailed calendar will be distributed to the team members upon completion of tryouts.

- Sundays: 5:30-7 p.m. at LEHS
- Weekdays: 5:30-7 p.m. at LEHS or VOA

STUDENT PRE-PARTICIPATION PHYSICAL FORMS – All physicals must be turned in to the coach, Athletic Trainer, or Athletic Department office prior to participation on August 1st. NO PHYSICAL = NO PARTICIPATION! All other forms are made available through the Final Forms system.

PARENT/ STUDENT-ATHLETE MEETING – Meet the Team Night will be held on Monday, August 5th, 2019 at 6:30 p.m. in the Lakota East High School gymnasium. Doors will open at 5:30 p.m. in order to pay participation fees and purchase sports passes. It is MANDATORY that at least one parent and the student-athlete be in attendance.

SENIOR NIGHTS AND SPECIAL EVENTS

- Senior Night will be held on Saturday, September 28th.
- Booster Bash – TBA

FOR ADDITIONAL INFORMATION you may contact head coach, Tom McEwan at tmcewan259@gmail.com.