



QUINCY ATHLETIC DEPARTMENT CONTINUOUS COMMITMENTS

As members of the Quincy Athletic Department we agree to the following Continuous Commitments for the benefit of all involved with Quincy Athletics:



Quincy Athletics will be a program which builds athletes who are well rounded and driven to succeed in all aspects of life.

We will accomplish this by:



Being united from youth sports through high school sports by creating consistent standards throughout all levels of athletics and competition



Providing support for all coaches interested in coaching in the Quincy Community



We commit to supporting and implementing Quincy Athletic Programs – *Youth to High School* – by:

- Sharing resources
- Organizational ideas
- Holding student athletes accountable in and out of seasons
- Encouraging parent support
- Fostering multi-sport athletes



As coaches we will communicate in a positive manner about expectations, schedules, and player commitment.

We agree that high expectations that are realistic and positive are a key to the success of the Quincy Athletic Department.