

Abigail Shepherd (Tuttle)

As a member of the class of 2001, Abigail earned 3 varsity letters in cross country and track & field. She was a tremendously impactful student-athlete during her time at Milford High School. Abby possessed a work ethic and tenacity unlike any of her peers. While competing in Track & Field Abby was a MHSAA State Qualifier and All-Conference runner in the 3200m relay. During her senior year in cross country, Milford finished as MHSAA State Runner-Ups, MHSAA Regional champions, Kensington Valley Conference champions and finished the dual meet season undefeated.



While Abby excelled in cross country and track and field, her best sport was soccer. After graduation she continued her soccer career at the University of Connecticut starting 22 games as a freshman and leading her team to an NCAA tournament berth. After her freshman year she transferred to Michigan State University where she became a 2-Time team captain while earning 1st Team All-Big Ten, 1st Team All-Great Lakes Region and All-Big Ten Tournament Team honors. She also earned All-Big Ten Academic and the Big Ten Outstanding Sportsmanship Award.

Abby currently resides in New York City with her husband John, a Milford class of 2000 graduate. They are expecting their first child this coming April.

