

General Health and Safety Expectations for School Athletics Participation

Exposure protocol:

Coaches and student-athletes must stay home when sick or if in close contact with someone with COVID-19. All coaches and students will be screened for symptoms prior to a workout following the PSD attestation and screening protocols.

Masks:

Masks are required for coaches, athletics personnel, and referees unless required to run in the field of play. Masks are required for student-athletes before and directly after sporting activities, as well as during any athletics activities other than strenuous exercise, including during any captains' meetings. Any spectators must wear facial coverings per the Department of Health facial covering order.

Physical Distancing:

Social distancing of a minimum of 6-ft. is required between staff, students, and any spectators, except for providing medical duties or student-athletes when engaged in approved athletics activities. Coaches will enforce required distancing of student-athletes and avoid grouping athletes at the start or end of practice or during transitions.

Hygiene:

Good hygiene including regular hand washing, use of hand sanitizer when washing is not readily available, covering sneezes and coughs, and not touching your face are required of both coaches and student-athletes. In addition, athletes will not share water bottles, uniforms, equipment (unless properly sanitized), towels, or snacks and will refrain from spitting. No handshakes, high-fives, or fist bumps. Balls may be passed/shared, provided students wash their hands before and after the practice/contest.

Facilities:

Locker rooms will not be used at this time, other than for handwashing and restroom use. Occupancy must be monitored and limited to avoid crowding.

Cleaning:

High-touch surfaces and shared equipment must be sanitized before and after each use. Restrooms will be cleaned and disinfected prior to and after activities. Individual drills utilizing shared equipment require cleaning between individuals.

Ventilation:

Outdoor spaces will be used to the maximum extent feasible. The district will increase ventilation where possible and ensure systems are working properly. Fans will only be used indoors, facing away from people, with windows or doors open to the outside.

Transportation:

For open season practice/conditioning, students will provide their own transportation. During regular seasons, students will be encouraged to travel only with those in the same household. District transportation will be provided for regular season practices/events; following health safety procedures including facial coverings will be required.

Records and Contact Tracing:

Coaches must keep a roster of every athlete and staff member present at each practice, training session, and contest to assist with contact tracing in the event of a possible exposure. For any approved travel, seating charts must be kept. Attendance rosters and seating charts must be kept on file for 1 month following the practice, contest, or trip. Athletic Directors shall be responsible for supervising and maintaining these records.

Employees:

All athletics personnel must complete the mandatory COVID-19 safety training prior to any in-person meetings, sessions, practices, or events. Athletic Directors will ensure compliance with training requirements.

High risk individuals:

People with underlying health conditions should consult with their medical providers regarding participation in athletic activities.

All practices will follow the WIAA specific-sport guidance. General allowable activities are listed below based on local health risk category (low, moderate, or high).

	LOW <25 cases/100K/14 days <5% positivity Tournaments Allowed	MODERATE >25-75 cases/100K/14 days >5% positivity No Tournaments Allowed	HIGH >75 cases/100K/14 days >5% positivity No Tournaments Allowed
Conditioning and Small Pod Workouts	All sports resume regular practice	All sports resume regular practice	All Sports with specific restrictions
Scrimmages and Intra-squad Contests Allowed	All Sports	All Sports	Cross Country Golf Swimming Tennis Track and Field
League Games and Competitions Allowed	Basketball Cheer/Dance/Drill w/stunting Football Wrestling Along with <u>Low</u> and <u>Moderate</u> Risk Sports	Baseball Bowling Gymnastics Soccer Softball Swimming Volleyball Along with <u>Low</u> Risk Sports	Cross Country Golf Swimming Tennis Track and Field

*Sports listed in their highest starting level possible for activities

Updated Return to Play guidelines can be viewed at: [WIAA Return to Play Guidelines](#)