



*"Thank you Dr. Olsen and the Sports Medicine Center team at Pomona Valley Hospital Medical Center for your support throughout the years!"* **Jessica Truax, M.Ed, ATC**

Damien School (DHS) Sports Medicine Director, Jessica Truax M.Ed, ATC and Head Athletic Trainer, Gabrielle White ATC, accept a check from DHS team doctor, Erik Olsen MD, and DHS Hall of Fame Alumnus and Pomona Valley Hospital Medical Center (PVHMC) Director of Rehabilitation Services, Joe Baumgaertner MS, PT, OCS for the proceeds earned through the annual PVHMC "\$\$\$ For Physicals" fundraiser.



This year a portion of the proceeds was used to provide DHS with a pop-up tent to offer shelter to injured athletes and athletic training staff.

Every spring the physicians from the PVHMC Sports Medicine Center (SMC) give their time and expertise to provide DHS athletes with CIF mandated pre-participation exams.

Over the years, the SMC has donated \$31,920 back to DHS for much needed athletic training supplies. In addition, Dr. Olsen and the SMC provide DHS football with free game coverage.

The "\$\$\$ for Physicals" program was initiated in 2006. Since then PVHMC has donated \$141,105 back to local high schools.

**Sports Medicine Services at PVHMC—from injury through return to play**

**SPORTS MEDICINE CENTER PHYSICIAN CLINIC**

- Located in Rehab Services on the first floor of the Robert and Beverly Lewis Outpatient Pavilion at PVHMC
- FREE sports injury screens with x-ray, PT consult, referrals when needed
- Sports physicals – \$31
- 5 pm / Most Mon & Thurs
- **NO WALK-INS**
- Must ask for "SMC appointment"
- **909.865.9810**

**URGENT CARE at POMONA VALLEY HEALTH CENTERS**

- Located in Claremont, Chino Hills
- Serves as an alternative to the ER for infections, sports injuries, insect bites, asthma, cold & flu
- Offers athletes follow-up referrals to the SMC Clinic and Athletic Rehab
- Sports physicals – \$40
- Appointments, walk-ins welcome
- 8 am-8 pm / Monday-Friday
- 9 am-5 pm / Sat-Sun, most holidays
- **Claremont: 909.865.9977**
- **Chino Hills: 909.630.7868**

**ATHLETIC REHABILITATION**

- Located in Pomona, Claremont, Chino Hills, Covina
- Computerized testing, individualized treatment plans
- Return to sport, injury prevention, performance enhancement programs
- Physician referral required
- Most insurance accepted, cash rates available
- By appointment only
- 8 am-5 pm / Monday-Friday
- **909.865.9810**



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*Athletic Care From Injury Through Return To Play—34 Years In The Game!*