

DAMIEN HIGH SCHOOL

Home of the

SPARTANS



SUMMER SPORTS CAMPS 2018

For Incoming Freshmen

Basketball



Monday, June 4th ** – Thursday, June 28th
9:00 am – 12:00 noon

Location: Travers-Cronin Athletic Center
Cost: \$250

Contact: Mike LeDuc, Varsity Basketball Coach
coachleduc@damien-hs.edu

**** Students should begin camp after their last day of middle school**

Baseball



Monday, June 18th – Thursday, July
19th

**Incoming Freshmen and Incoming
7th & 8th Graders:**

1:30 – 3:30 pm

Location: Tom Carroll Stadium
Cost \$325

Contact: Andy Nieto, Varsity Baseball Coach
nieto@damien-hs.edu

Cross Country Training

Monday, June 25th – Friday, August 3rd

6:00 – 7:30 am

Fitness Training Program (required for all Cross Country runners)

There is no fee for this summer program!

Doc Williams and other members of the Damien coaching staff will run a fitness training program during the summer. The program is designed for anyone who wishes to increase their fitness level (distance runners, soccer players, tennis players, or students just looking to get in better shape). All participants should try to bike/run/walk at least 30 minutes per day beginning Memorial Day weekend if they are not already training. **You must have a physical on file before you**

can begin this training program. You can pick-up a physical card in the administration building.

You should buy a good pair of running shoes (Top Speed in La Verne will help you pick an appropriate shoe and give you a discount if you tell them you are buying your shoes in order to participate in Cross Country).



Football

Monday, June 18th – Thursday, July 19th

(Mondays – Thursdays)

2:00 – 5:00 pm

Location: Dick Larson Stadium

Cost: \$250

Contact: Mark Paredes, Varsity Football Coach
paredes@damien-hs.edu

Dead Period: May 27th – June 17th

(take vacations during this time or after July 20th)



Ice Hockey



Clinic Dates: April 27th, May 4th, May 11th
Try-Out/Commitment Night: May 18th

KHS Ice Arena, Anaheim
6:10 pm

Cost: \$25 per session

Off ice training starts June 4th and runs Mondays,
Wednesdays, Fridays through July

Contact: Alex Bacani
alexander.bacani@gmail.com

Lacrosse



Monday, June 11th – Friday, June 15th
Practice Times: 6:00 – 8:00 p.m.

Location: Dick Larson Stadium

Cost: \$120

Contact: Emmanuel Munguia, Varsity Lacrosse Coach
Emmanuelmunguia12@gmail.com

Mountain Biking



**7th – 12th Graders New to Mountain Biking
and
Returning Riders**

Monday, June 18th – Friday, June 22nd

Practice Times: 1:30 – 5:00 pm

**Required attire: Helmet, glasses and gloves
are mandatory;**

Biking shorts and jerseys recommended

****Bikes are available for rent if needed for
additional \$75****

Location: Starting at Damien and traveling to local trails

Cost: \$100

**Contact: Dominic Maricic, Mountain Biking Coach
dominic@damien-hs.edu**

Soccer



Monday, July 9th – Friday, July 13th

1:30 – 3:30 p.m.

Cost: \$150

Location: Dick Larson Stadium

Contact:

**Eric McElrea, Varsity Soccer Coach
mcelrea@damien-hs.edu**

Tennis



Monday, June 11th – Friday, June 22nd

Monday: June 11th, 18th

Wednesday: June 13th, 20th

Friday: June 15th, 22nd

Practice Times: 2:00 – 4:00 p.m.

Location: Damien Tennis Courts

Cost: \$300

Contact: Bill Urquhart, Varsity Tennis

Coach wjurquhart46@gmail.com

Volleyball



Tuesday, July 10th – Thursday, July 12th

Practice Times: 1:30 – 4:30 p.m.

Location: Travers-Cronin Athletic
Center

Cost: \$100

Contact: Randy Bohlmann,

Varsity Volleyball Coach

rmbohlmann@aol.com

Water Polo

Monday, June 25th – Friday, August 3rd



Mondays: 6:00 – 8:00 am

Tuesdays: 6:30 – 9:00 pm

Wednesdays: Games

Thursdays: 6:30 – 9:00 pm

Fridays: 6:30 – 9:00 pm

Cost: \$300

Location: Damien Pool

Contact: Josh Thomasson, Varsity Water Polo Coach
thomasson@damien-hs.edu

Wrestling

Tuesday, July 23rd – Thursday, July 27th

Tournament on Saturday, July 28th

9:00 am – 12:00 noon

Location: Event Center

Cost: \$200



Monday: Mastering fundamentals, stance & motion, set-ups, takedowns, open mat

Tuesday: Mat wrestling, referee positions, tilts, arm bars, leg riding and defending them

Wednesday: Throws and trips

Thursday: Cradle series & escape series

Friday: Review and open mat

Saturday: AAU tournament at Damien

Contact: Chris Salabaj, Varsity Wrestling Coach
salabaj@damien-hs.edu

Procedures for Signing Up for Summer Camps

Prior to any student participation in Damien High School Summer camps, the following must be completed:

- Complete the on-line Athletic Clearance Packet
- Have a pre-season athletic health screening
- Complete the on-line summer camp registration form at:
damienathletics.com/hq/summer-registration
- Registration is not complete until payment is made via PayPal

Participation in the summer program does not guarantee equal playing time in
tournaments/summer league competition