

DAMIEN HIGH SCHOOL

Home of the
SPARTANS



SUMMER SPORTS 2019

For Incoming Freshmen

Basketball



Monday, June 3rd ** – Thursday, June 27th
9:00 am – 12:00 noon: individual development, team practices

Games: Monday – Thursday

Location: Travers-Cronin Athletic Center

Cost: \$300

Contact: Mike LeDuc, Varsity Basketball Coach
coachleduc@damien-hs.edu

**** Students should begin practices after their last day of middle school**

Baseball



Monday, June 17th – Thursday, July 18th

**Incoming Freshmen and Incoming
7th & 8th Graders:**

1:30 – 3:30 pm

Location: Tom Carroll Stadium

Cost: \$325

Contact: Andy Nieto, Varsity Baseball Coach
nieto@damien-hs.edu

Cross Country Training

Monday, June 24th – Friday, August 2nd

6:00 – 7:30 am

Fitness Training Program (required for all Cross Country runners)

There is no fee for this summer program!

Doc Williams and other members of the Damien coaching staff will run a fitness training program during the summer. The program is designed for anyone who wishes to increase their fitness level (distance runners, soccer players, tennis players, or students just looking to get in better shape). All participants should try to bike/run/walk at least 30 minutes per day beginning Memorial Day weekend if they are not already training. **You must have a physical on file before you**

can begin this training program. You can pick-up a physical card in the administration building.

You should buy a good pair of running shoes (Top Speed in La Verne will help you pick an appropriate shoe and give you a discount if you tell them you are buying your shoes in order to participate in Cross Country).



Football

Monday, June 17th – Thursday, July 18th

Mon & Tues: 4:00 – 7:00 pm

Wed: 3:00 – 7:00 pm Thurs: 4:00 – 8:00 pm

(July 4th – 8th no practice)

Beginning Monday, July 22nd

Mon: 8:00 – 10:30 am

Tues & Thurs: 8:00 – 10:00am; 5:00 – 7:00 pm

Wed: 4:00 – 7:00 pm Fri: 8:00 – 10:00 am

Location: Dick Larson Stadium

Cost: \$300



Contact: Matt Bechtel, Varsity Football Coach

bechtel@damien-hs.edu

Dead Period: May 27th – June 16th

Ice Hockey

TBA



Lacrosse

Monday, June 10th – Friday, June 14th

Practice Times: 6:00 – 8:00 p.m.

Location: Dick Larson Stadium

Cost: \$130

Contact: Emmanuel Munguia, Varsity Lacrosse Coach
Emmanuelmunguia12@gmail.com



Mountain Biking

**7th – 12th Graders New to Mountain Biking
and Returning Riders**

Monday, July 15th – Friday, July 19th

Practice Times: 1:00 – 5:00 pm

Required attire: Mountain bike, helmet, glasses
and gloves are mandatory;

Biking shorts and jerseys recommended

****Bikes are available for rent if needed for
additional \$100****

Location: Starting at Damien and
traveling to local trails

Cost: \$125

Contact: Dominic Maricic, Mountain Biking Coach
dominic@damien-hs.edu



Soccer

Monday, June 24th – Friday, June 28th

1:30 – 3:30 p.m.

Cost: \$150

Location: Dick Larson Stadium

Contact: Eric McElrea, Varsity Soccer Coach
mcelrea@damien-hs.edu



Tennis

Monday, Wednesday, Friday: June 3rd, 5th, 7th
Monday, Wednesday, Friday: June 10th, 12th, 14th
Monday, Wednesday, Friday: June 17, 19, 21



Practice Times: 2:00 – 5:00 p.m.

Location: Damien Tennis Courts

Cost: \$45 per day, per player
\$130 per week, if registering for entire week
\$375 for entire 3 week session

Contact: Bill Urquhart, Varsity Tennis Coach
wurquhart46@gmail.com

Volleyball

Tuesday, July 9th – Thursday, July 11th
Practice Times: 1:30 – 4:30 p.m.

Location: Travers-Cronin Athletic
Center

Cost: \$100

Contact: Randy Bohlmann,
Varsity Volleyball Coach
rmbohlmann@aol.com





Water Polo

Monday, June 3rd – Thursday, July 18th

Monday – Thursday 3:00 – 5:00 pm

Cost: \$300

Location: Damien Pool

Contact: Breck Weiny, Varsity Water Polo Coach

breckweiny@gmail.com



Wrestling

Monday, July 22nd – Friday, July 26th

9:00 am – 12:00 noon

Location: Event Center

Cost: \$200

Monday: Mastering fundamentals, stance & motion, set-ups, takedowns, open mat
Tuesday: Mat wrestling, referee positions, tilts, arm bars, leg riding and defending them

Wednesday: Throws and trips

Thursday: Cradle series & escape series

Friday: Review and open mat

Contact: Chris Salabaj, Varsity Wrestling Coach

salabaj@damien-hs.edu

Procedures for Signing Up for Summer Camps

Prior to any student participation in Damien High School Summer camps, the following must be completed:

- Complete the on-line Athletic Clearance Packet
- Have a pre-season athletic health screening
- Complete the on-line summer camp registration form at:
damienathletics.com/hq/summer-registration
- Registration is not complete until payment is made via PayPal

Participation in the summer program does not guarantee equal playing time in tournaments/summer league competition