

# SPORTS MEDICINE SERVICES

## Athletic Care From Injury Through Return To Play

Playing through pain is part of the game. But sometimes, injuries make it unwise, if not impossible, to compete. That's where our sports medicine services can help get you back in the game. From professional athletes to weekend warriors, PVHMC has been offering athletic care from injury through return to play at its Sports Medicine Center, Athletic Rehabilitation and Urgent Care locations since 1983.



### SPORTS MEDICINE CENTER PHYSICIAN CLINIC

Hahn Larson, DO, CAQSM  
Medical Director

**909.865.9810**

[pvhmc.org/sportsmedicine](http://pvhmc.org/sportsmedicine)

- **FREE** sports injury screen, including **FREE** x-ray, PT consult, and specialist referral when needed
- Sports physicals – \$31
- Appointments Only—**NO WALK-INS**
- Must ask for "SMC Appointment"
- **4:45 pm / Monday**



### REHABILITATION SERVICES ATHLETIC REHAB

Pomona **909.865.9810**  
Chino Hills **909.630.7878**  
Claremont **909.865.9104**  
Covina **626.251.1361**  
La Verne **909.392.6531**

[pvhmc.org/rehabilitation](http://pvhmc.org/rehabilitation)

- Board certified orthopedic specialists, licensed physical therapists
- Individualized treatment plans
- Computerized testing
- Physician referral **REQUIRED**
- By appointment only
- **8 am–5 pm / M-F**



### POMONA VALLEY HEALTH CENTERS URGENT CARE

Chino Hills **909.630.7868**  
Claremont **909.865.9977**  
La Verne **909.392.6511**

[mypvhc.com/services/urgent-care](http://mypvhc.com/services/urgent-care)

- After-hours care offering follow-up referrals to our Sports Medicine Center and Athletic Rehabilitation
- Sports physicals – \$44
- Appointments, walk-ins welcome
- **8 am-8 pm / M-F**
- **9 am-5 pm / Sat-Sun**



*Sports Medicine Center*

1798 B N. Garey Avenue • Pomona, CA 91767 • 909.865.9810 • [pvhmc.org/sportsmedicine](http://pvhmc.org/sportsmedicine)