



## North Olmsted Middle School Volleyball



If you are interested in playing volleyball at North Olmsted Middle School for the year 2018, you will find in this newsletter some very important information to prepare yourself for try-outs.

**\*TRY-OUTS WILL BE WEDNESDAY, AUGUST 1<sup>st</sup> 5:00 PM-7:00 PM, THURSDAY, AUGUST 2<sup>nd</sup> 5:00PM - 7:00 PM and FRIDAY, AUGUST 3<sup>rd</sup> 5:00pm-7:00pm.** Try-outs will be held at the HIGH SCHOOL, This is a 3 day try-out and you must attend all 3 days to be considered on the team, no exceptions! Please plan your summer vacations accordingly. Please come prepared with tennis shoes, knee pads, athletic shorts, t-shirt (**NO TANK TOPS**), and a water bottle, it will be hot in the gym.

**\* A PHYSICAL IS REQUIRED AND MUST BE BROUGHT TO THE TRY-OUT.** If you fail to obtain a physical you will **NOT** be permitted to try-out. You may obtain an Athletic Packet with Physical Forms etc. at the Middle School or High School.

**\*PRACTICES WILL BEGIN IMMEDIATELY THE DAY AFTER TRY-OUTS (the following Monday, times 5-7pm up until the 1<sup>st</sup> day of school. Then the 7<sup>th</sup> grade will practice 3:30-5:30pm; 8<sup>th</sup> 5-7pm. We will be practicing every day Monday-Friday, so again plan your summer vacations accordingly. If your family has already planned a vacation during these times, PLEASE, PLEASE mention this at try-outs to the coaches.**

\*\*There will be Open Gyms at the High School during the summer beginning in July, Monday's and Tuesdays from 3:30-5:00pm Please check the Middle School website for any changes, check the shutter-fly <https://northolmstedmsvolleyball.shutterfly.com/>, and North Olmsted Voices for updates or changes.

If you have any questions please contact:

Toni McCord 8<sup>th</sup> Grade Coach @ [toejoe88@hotmail.com](mailto:toejoe88@hotmail.com) Tia McCord 7<sup>th</sup> Grade Coach @ [tia.mccord@gmail.com](mailto:tia.mccord@gmail.com)

### **\*CAMPS, CLINICS, ETC. TO PREPARE FOR TRY-OUTS**

#### **North Olmsted Girls and Boys Volleyball Camp**

If interested, forms may be picked up at the High School Athletic Office. Any questions, please email Mike Ptacek, High School Athletic Director at [Michael.Ptacek@nocseagles.org](mailto:Michael.Ptacek@nocseagles.org)

Questions? Contact Varsity Coach Evans at [marykateevans2@gmail.com](mailto:marykateevans2@gmail.com)  
<http://northolmstedathleticscamps.myonlinecamp.com/volleyball.cfm>

#### **SPRIT VOLLEYBALL CLUB VOLLEYBALL DAY CAMPS – 2018**

<http://www.spiritvbc.com/> Click on the tabs at the top of the page for various camps/clinics

#### **CLEVELAND VOLLEYBALL COMPANY (CVC) : OHIO NETS 2018**

CAMPS, CLINICS, INDIVIDUAL TRAINING, ETC

<http://clevelandvolleyballcompany.org/>

#### **CLEVELAND STATE UNIVERSITY, VOLLEYBALL DAY CAMPS, CLINICS - 2018**

DAY CAMP INFO FOR INDIVIDUAL POSITIONS,

[http://static.psb.in.com/y/n/evgavgh5d5rpw/2017\\_camp\\_descriptions.pdf](http://static.psb.in.com/y/n/evgavgh5d5rpw/2017_camp_descriptions.pdf)

[http://www.csuvikings.com/sports/w-volley/2016-17/files/2017\\_camp\\_descriptions.pdf](http://www.csuvikings.com/sports/w-volley/2016-17/files/2017_camp_descriptions.pdf)

**NORTH OLMSTED RECREATION CENTER VOLLEYBALL CLINICS, SAND LEAGUES** <https://www.north-olmsted.com/parks-recreation-department/youth-adult-programming/>