

# APRIL 2019

**PRACTICE LIKE A CHAMPION, PLAY LIKE A CHAMPION, LIVE LIKE A CHAMPION!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6
7	8 B Day LIFT 3:00-4:30 Spring Ball 6:00-7:30Pm On The	9 A Day	10 B Day LIFT 3:00-4:30	11 A Day	12 B Day LIFT 3:00-4:30	13
14	15 A Day Spring Ball 6:00-7:30Pm On The Game Field	16 B Day LIFT 3:00-4:30	17 A Day	18 B Day LIFT 3:00-4:30	19 NO SCHOOL	20
21	22 A Day Spring Ball 6:00-7:30Pm On The Game Field	23 B Day LIFT	24 A Day	25 B Day LIFT	26 A Day	27
28	29 B Day LIFT 3:00-4:30 Spring Ball 6:00-7:30Pm On The	30				

## SILVERWOLVES FOOTBALL SCHEDULE

Coach Ross Arnold  
rarnold@wsd.net



REVISED 3/25/19

# MAY 2019

**PRACTICE LIKE A CHAMPION, PLAY LIKE A CHAMPION, LIVE LIKE A CHAMPION!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 B Day <b>LIFT</b> 3:00-4:30	2 A Day	3 B Day <b>LIFT</b> 3:00-4:30	4
5 This week begins uniform check out for Jr. and Sr. who have paid for	6 A Day <b>Spring Ball 6-7:30PM on the game field.</b>	7 B Day <b>LIFT</b> 3:00-4:30	8 A Day	9 B Day <b>LIFT</b> 3:00-4:30	10 A Day	11
12 Continue uniform check out.	13 B Day <b>LIFT 3:00-4:30</b> <b>Spring Ball 6-7:30PM on the game field.</b>	14 A Day	15 B Day <b>LIFT</b> 3:00-4:30	16 A Day	17 B Day <b>LIFT</b> 3:00-4:30	18
19 Continue uniform check out.	20 A Day <b>Spring Ball 12:30-2:00PM on the game field.</b> <b>Graduation</b>	21 B Day <b>LIFT</b> 3:00-4:30 7 on 7 Practice 12:30 by invitation	22 A Day 7 on 7 Practice 12:30 by invitation	23 B Day <b>LIFT</b> 3:00-4:30 7 on 7 Practice 12:30 by invitation	24 A Day <b>Last Day Of School</b>	25
26 Continue uniform check out.	27 <b>Memorial Day</b>	28 7 on 7 Practice 7:30AM By Invitation Only. Lifting—Varsity 9:00 Sophs 10:30	29 7 on 7 Practice 7:30AM By Invitation Only. 7on7@Bear River 4:00 Varsity/JV	30 7 on 7 Practice 7:30AM By Invitation Only. Lifting—Varsity 9:00 Sophs 10:30	31 7 on 7 Practice 7:30AM By Invitation Only.	

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# JUNE 2019

**PRACTICE LIKE A CHAMPION, PLAY LIKE A CHAMPION, LIVE LIKE A CHAMPION!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Continue uniform check out this week for Team Camp	3 <b>LIFT</b> <b>VARSITY 7:30AM</b> <b>SOPHS 9:00AM</b>	4	5 <b>LIFT</b> <b>VARSITY 7:30AM</b> <b>SOPHS 9:00AM</b>	6	7 <b>NO LIFT</b> 7on7 JV@Layton 7:00AM 7on7 Varsity@Layton 3PM	8
9 Continue uniform check out this week for Team Camp	10 <b>YOUTH CAMP</b> <b>9:00AM</b> Lifting: Everyone at 7:30AM	11 <b>YOUTH CAMP</b> <b>9:00AM</b>	12 <b>YOUTH CAMP</b> <b>9:00AM</b> Lifting Everyone at 7:30AM	13	14 <b>LIFT</b> <b>VARSITY 7:30AM</b> <b>SOPHS 9:00AM</b>	15
16	17 <b>FOOTBALL</b> <b>CAMP</b>	18 <b>FOOTBALL</b> <b>CAMP</b>	19 <b>FOOTBALL</b> <b>CAMP</b>	20 <b>FOOTBALL</b> <b>CAMP</b>	21 <b>FOOTBALL</b> <b>CAMP</b>	22
23 30	24 <b>LIFT</b> <b>VARSITY 7:30AM</b> <b>SOPHS 9:00AM</b>	25	26 <b>LIFT</b> <b>VARSITY 7:30AM</b> <b>SOPHS 9:00AM</b>	27	28 <b>LIFT</b> <b>VARSITY 7:30AM</b> <b>SOPHS 9:00AM</b>	29

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# JULY 2019

**PRACTICE LIKE A CHAMPION, PLAY LIKE A CHAMPION, LIVE LIKE A CHAMPION!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>MORATORIUM NO FOOTBALL</b>	2 <b>MORATORIUM NO FOOTBALL</b>	3 <b>MORATORIUM NO FOOTBALL</b>	4 <b>MORATORIUM NO FOOTBALL</b>	5 <b>MORATORIUM NO FOOTBALL</b>	6 <b>MORATORIUM NO FOOTBALL</b>
7	8 <b>LIFT VARSITY 7:30AM SOPHS 9:00AM</b>	9	10 <b>LIFT VARSITY 7:30AM SOPHS 9:00AM</b>	11	12 <b>LIFT VARSITY 7:30AM SOPHS 9:00AM</b>	13
14	15 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	16 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM Fundraiser Cards</b>	17 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	18 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	19	20
21	22 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	23 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	24 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	25 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	26	27
28	29 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>	30 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM Fundraiser Blitz 5-</b>	31 <b>CONDITIONING VARSITY 7:30AM SOPHS 9:00AM</b>			

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# AUGUST 2019

**PRACTICE LIKE A CHAMPION, PLAY LIKE A CHAMPION, LIVE LIKE A CHAMPION!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CONDITIONING TEST VARSITY 7:30AM SOPHS 9:00AM	2 SUMMER CHAMPIONS CLUB PARTY 6PM	3
4 ALL PRACTICES ARE MANDATORY	5 TWO-A-DAY PRACTICES. MANDATORY	6 TWO-A-DAY PRACTICES. MANDATORY	7 TWO-A-DAY PRACTICES. MANDATORY	8 TWO-A-DAY PRACTICES. MANDATORY	9 AM PRACTICE. Blue/Silver Scrim- mage and Parent Meeting. Sophs	10
11 ALL PRACTICES ARE MANDATORY	12 PRACTICE @ 2:30PM	13 PRACTICE @ 2:30PM	14 PRACTICE @ 2:30PM	15 PRACTICE @ 2:30PM	16 VARSITY FOOT- BALL GAME VS. BRIGHTON 7PM	17
18 ALL PRACTICES ARE MANDATORY	19 PRACTICE @ 2:30PM	20 PRACTICE @ 2:30PM	21 PRACTICE @ 2:30PM	22 Sophomores @ Salem Hills 3:30 JV vs. Salem Hills. 3:30	23 VARSITY FOOT- BALL GAME @ SALEM HILLS 7PM	24
25 ALL PRACTICES ARE MANDATORY	26 PRACTICE @ 2:30PM	27 PRACTICE @ 2:30PM	28 PRACTICE @ 2:30PM	29 Soph Game @ Roy 3:30PM JV Game vs. Roy 3:30PM	30 VARSITY FOOTBALL GAME @ ROY 7PM	31

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