

IMPORTANT DATES FOR CJHS FALL ATHLETES:

****YOU MUST HAVE A PHYSICAL DATED AFTER April 1, 2019 TO PARTICIPATE IN CJHS ATHLETICS. YOU MAY NOT PARTICIPATE IN TRYOUTS OR RECEIVE FOOTBALL EQUIPMENT UNTIL YOUR PHYSICAL IS TURNED INTO THE ATHLETIC OFFICE. THIS MEANS YOU NEED A NEW PHYSICAL EACH YEAR. THERE IS A \$10.00 ACTIVITY FEE FOR EACH SPORT AND PAYABLE THE FIRST DAY OF PRACTICE.**

FALL SPORT START DATES:

<u>SPORT</u>	<u>DATES</u>	<u>LOCATION</u>	<u>EVENT</u>	<u>TIME</u>	<u>COACHES</u>
FOOTBALL	May 30	Football Garage	Equip/Locker	3:15-5:15 PM	Demien/Staff
	June 3-6	CJHS Fields	Team Camp	4:00-5:30 PM	CHS/CJHS Staff
	August 2	Football Garage	Equip/Locker	1-3:00 PM	Demien/Staff
	August 5-13	Locker Rooms	Practice	3:00-5:30PM (locker rooms open at 2:30)	
	Aug 14 and Beyond (school days)		Practice	2:55-5:00PM (Locker Rooms open at 2:45)	
VOLLEYBALL	Aug 5-6	Main Gym	Open Gym	4-5:30	7th & 8th
	Aug 7-9	Main Gym	Tryouts	8th 2:30-3:30PM	P.
		Habecker/A.Wood		7th 4:00-5:00PM	J. Campanello/K. Bradshaw
	Aug 12	Both Gyms	Practice	3:00-5:00 PM	All
SOCCER Saleh	Aug 7-8	Practice Field	Tryouts	Boys – 3:00–4:30	G. Guy/L.
				Girls – 4:30-6:00	G. Guy/L. Saleh
	Aug 9, 12-13	Practice Field	Practice	Boys – 3-4:30	Girls 4:30-6:00
	Aug 14 and Beyond (school days)		Practice	3-5	All
X COUNTRY	Aug 5	CJHS Main Door	Practice	3:30-5:30	M. Rach
7/8TH CHEER	Aug 19	Wrestling Room	Tryouts	3:00-5:00	M. Stevens

Fund Raiser Info: Log on to <https://gaschoolstore.com/onlineportal> to begin the fall fundraiser and start earning prize points now. Register your student and begin shopping! CJHS online ID is **1172691**! All proceeds benefit CJHS Extra-Curricular Activities! Win cash, limo rides, pizza, and other prizes!