

## **2019 North Central Cross Country Important Dates**

Summer Practices: Beginning June 3rd at 6am-7:30am (Track House), all summer school kids will be able to leave on time and get to the school together!

-Summer Practices M-F

-Starting July 10th, the team will meet 2x per day on Wednesdays. First practice at 6am, second practice at 4:00pm.

-Starting July 13th, we will begin meeting on Saturdays at 7:00am.

Indy Runners Charity 5k, hosted by our team- June 8th at 7:30am (xc course)

Back to School 5k, hosted by our team- July 27th at 9am (xc course)

CROSS COUNTRY CAMP- July 18-21st