

# June 2019 Timber Creek Wrestling

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><u>May 28</u></p> <p>Practice @ T.C 2:30-4:30 P.M</p>		<p>May 30</p> <p>Practice @ T.C 10:30-noon</p> <p>Physicals @ T.C 5:30 P.M</p> <p>ATI 7:30 P.M</p>	<p>12pm-5pm</p> <p>OSCEOLA CAMP</p>	<p>1</p> <p>9am-4:30 P.M</p>
<p>2</p> <p>9AM-11:30AM</p> <p>OSCEOLA CAMP</p>		<p>3</p> <p>Practice @ T.C 10:15-11:30</p>		<p>5</p> <p>Practice @ T.C 10:15-11:30</p> <p>ATI 7:30 P.M</p>	<p>6</p> <p>(Live)</p> <p>OPEN MAT @ East River 5PM-7:30</p>	<p>7</p> <p>8</p>
<p>9</p> <p>Leave T.C @ 10:30 AM CAMDEN</p>		<p>10</p> <p>CAMP</p>	<p>11</p>	<p>12</p> <p>Return T.C 9:00 P.M</p>	<p>13</p> <p>Big Orange @ East River</p> <p>ATI 7:30 P.M</p>	<p>14</p> <p>AAU Tour @ East River or Royal Rumble @ CFWA</p> <p>15</p> <p>Palmy Bay 10:00 AM</p>
<p>16</p> <p>Disney Training Camp CFWA</p>		<p>17</p> <p>Disney Duals</p> <p>Open MAT 10:15-11:30</p>		<p>19</p> <p>Open MAT 10:15-11:30</p> <p>ATI 7:30 P.M</p>		<p>21</p> <p>22</p>
<p>23</p> <p>Disney Duals</p>		<p>24</p> <p>Open MAT 10:15-11:30</p>		<p>26</p> <p>Open MAT 10:15-11:30</p> <p>ATI 7:30 P.M</p>	<p>27</p> <p>East River Live 5PM</p>	<p>28</p> <p>29</p>
<p>30</p>						

Football Lifting  
Mon-Thurs 8:30-11:30 AM

Tues-Thurs  
You can lift with Freshman FB  
8:30-10:00 AM