



LPHS Girls and Boys Track & Field Summer Camp!

5th Grade - 8th Grade

July 12 - 16th

10 AM - Noon

Located at the La Porte Track Complex behind Kesling

Calling all 5th, 6th, 7th and 8th graders!

Do you love running? Jumping? And throwing things? Well, we have the camp for you! The LPHS Girls and Boys Track & Field camp will teach you all the basics of:

- *Distance Running
- *Hurdles
- *Shot put
- *Sprinting
- *High Jump & Long Jump
- *Discus

The camp will be run by LPHS Girls and Boys Track Coaches as well as LPHS Track Athletes. It is our goal to offer a structured opportunity for kids to learn a little more about running, jumping and throwing. We want kids to be more comfortable with the idea of track and field and teach them new skills while they are with us.

We look forward to seeing you out there! Go Slicers!!!

Camp Cost: \$35, T-Shirt included!!! Please register no later than July 1st.

checks can be made out to LP Track

T-Shirt Size: Youth M L XL Adult S M L XL XXL

Child's Name: _____ 21-22 Grade: _____

Parents Name: _____ Email: _____

Cell #: _____ Emergency Name & #: _____

As the parent/legal guardian of the above named camper, I agree to waive all liability of La Porte High School and the camp staff for any accident, injury, illness or other mishaps which might befall the above named camper during camp. I also recognize that the individual camp coaches reserve the right to dismiss any student whose conduct is detrimental to the overall good of the camp. I attest and verify that my son/daughter is physically fit and a licensed medical doctor has verified their condition.
 Parent/Guardian Signature: _____ Date: _____