



October 24, 2019

Dear High School Football Parents/Guardians:

As student-athletes participate in activities this school year, players, staff and parents need to be mindful of staph infections. These infections are a result of bacteria we all have on our skin and in nasal passages. Our students' health and safety is very important to us and we will continue to provide proper cleaning and disinfecting of our locker room area. In any activity where there is close contact, we advise that students practice the following procedures to ensure we maintain optimum health conditions.

Students can protect themselves from infections by:

- practicing good hygiene (washing their hands frequently with soap and water, using an alcohol based hand rubs);
- covering any open skin areas such as abrasions/cuts with clean dry bandages (not sharing personal items such as towels, shirts, razors, deodorant, etc.);
- using barriers (e.g. clothing or towels) between skin and shared equipment;
- if open wounds exist, NOT using whirlpools, hydrotherapy pools, cold tubs, swimming pools, etc;
- wiping surfaces of equipment before and after usage and
- seeing a doctor immediately if they have a wound that appears infected or is not healing.

Our coaching and custodial staff will continue to ensure that:

- the locker rooms, weight room, showers and restrooms are disinfected daily;
- each time a room is cleaned, the handles of doors and desktops are wiped and disinfected and
- drinking fountains are cleaned and disinfected daily.

Please help educate your child on what they can do to protect themselves. For more specific information about Staph infection, please visit the Ohio Department of Health's website: www.odh.ohio.gov. If you continue to have concerns, please feel free to contact our school nurses and/or the administration for additional information. If you see any symptoms in your child, please report it to their coach, the athletic trainer or a school nurse so that we can take proper action to maintain the health and safety of the other players on the team.

Thank you for your cooperation.

Sincerely,

A handwritten signature in black ink that reads "TJ Rockwell". The signature is written in a cursive style.

TJ Rockwell
Athletic Director
Perry Local Schools