

WESTERN BOONE HIGH SCHOOL



STUDENT ATHLETE HANDBOOK

ATHLETIC HANDBOOK FOR STUDENT-ATHLETES

ATHLETIC STATEMENT

This athletic handbook is designed to inform athletes and their parents or guardians of the rules, regulations and information that helped develop the tradition of competition at Western Boone Jr.-Sr. High School.

Participation in Western Boone athletics is a privilege which carries with it varying degrees of honor, responsibility and sacrifice. Since athletic competition of Western Boone teams is a privilege and not a right, those who choose to participate will be expected to follow the ***Code of Conduct*** established by the administration and other specific coach's rules for their sport. Athletes represent their school and student body. Athletes are to conduct themselves in a manner that is becoming to their family, Western Boone Schools and the community.

ATHLETIC VISION / MISSION

The vision of the Western Boone Athletic Department is to provide the finest opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline and moral character, while supporting the educational goals of Western Boone Jr.-Sr. High School through an athletic department built on essential core values. Core values that include; being coachable, competitive, fundamental, honorable, respectable, selfless, poised, patient, credible, optimist, kind, life-balanced, honest, motivated, ambitious and hard working. Our mission is to build upon the tradition of excellence within Western Boone athletics and to produce opportunities for physical, social, and emotional growth for Western Boone student-athlete, while providing each participant with experiences that will be positive and memorable. Western Boone seeks to help the athlete develop the capacity for commitment to a cause, to persevere through adversity, accept responsibility and develop loyalty towards a chosen endeavor.

ATHLETE DEFINED

The Western Boone athlete is defined as and includes all young men and women who represent a team that engages in interscholastic competition and further includes cheerleaders, student managers, trainers and statisticians affiliated with a team.

ATHLETIC PROGRAM PROFILE

Western Boone supports 19 sports and cheerleading to students in grades 6 -12. Student-athletes participate in over 500 contests per year. Western Boone is a member of the Sagamore Athletic Conference (SAC). The SAC was formed to promote athletics, academics, activities and information exchange between our eight schools. Members are Crawfordsville, Danville, Frankfort, Lebanon, North Montgomery, Southmont, Tri-West and Western Boone.

SIXTH GRADE PARTICIPATION

Western Boone Junior High School fields athletic interscholastic teams in football, cross country, volleyball, tennis, soccer, basketball, wrestling, swimming, track, baseball, softball, and golf. Football, volleyball, and basketball are considered to be grade level specific sports. Students only compete on and against participants at the same academic grade level. Cross country, tennis, soccer, wrestling, swimming, track, baseball, softball and golf are not considered to be grade level specific and allow competition across grade levels.

A majority of the schools with whom Western Boone Junior High School competes are comprised of students in grades six through eight. In an effort to increase participation in the sports which are not considered to be grade level specific, participation is open to Western Boone School Corporation students in grade six. Sixth grade students participating on Junior High School teams shall meet all participation guidelines regarding physicals, insurance coverage and academic eligibility that are in place at both their elementary school and the junior high school. All sixth-grade athletes need a star card for participation.

The administration of Western Boone Junior / Senior High School reserves the right to limit the participation of any and all sixth-grade students in their interscholastic teams' dependent upon the participation level at the seventh and eighth grade levels.

ELIGIBILITY

ACADEMIC/ATHLETIC ELIGIBILITY AT WESTERN BOONE

Student-athletes must be enrolled at Western Boone and pass five full credits (IHSAA standard) each 9-week grading period in order to continue to participate as a team member. Semester-ending grades take precedence. Coaches and sponsors can check progress of students by talking with teachers, issuing periodic grade checks and checking grade cards at the end of grading periods. It is the policy of the athletic department to work closely with the academic progress of each participant. Students with failing grades will attend practices or study at the coaches' discretion during periods of academic difficulty.

RANDOM DRUG TESTING PROGRAM

Western Boone Jr. Sr. High School implemented a random drug testing policy in the spring of 2005. To be eligible to participate in athletics at Western Boone a student athlete must enroll in the random drug testing pool. The random drug testing policy is outlined in our student handbook. The athletic code of conduct, specifically the consequences for substance abuse violations of the code, is aligned with the random drug testing policy.

PHYSICAL EXAMINATIONS

Every student-athlete is required by Western Boone and the IHSAA to have a **yearly physical examination completed and on file with the athletic office before the first day of official tryouts/practices in any sport.** Physical exams are the responsibility of the athlete and his/her parents. Exams are in effect for the next school year if taken after April 1st. Physical exams are offered at Witham Hospital in April.

WHAT MUST BE DONE BEFORE YOUR FIRST PRACTICE

The following items are to be completed by the athlete and parent/guardian before the first practice with any team:

- **Take and pass physical examination and have supporting student, parent and doctor signatures**
- **Meet academic eligibility requirements**
- **Attend team meeting and AD meeting before the start of the season**
- **Have athletic transfer filed (Transfer students new to Western Boone cannot compete in interscholastic contests until an athletic transfer is completed)**
- **Have insurance waiver/handbook acknowledgment signed and on file**
- **Have emergency form on file**
- **Have consent to athletic training services form signed**
- **Pick up a Star Participation Card in the athletic office.**

CODE OF CONDUCT

STATEMENT

The following Western Boone Athletic rules are in accordance with the Indiana High School Athletic Association Constitution. An athlete is defined as a participant on an athletic team, cheerleaders, managers, trainers, and athletic assistants.

The conduct of participants in athletics at Western Boone, in or out of school, year-round, shall be:

1.) Not to reflect discredit upon our school and 2.) Not to create a disruptive influence on the discipline, good order, moral or educational environment in our school. Any such misconduct violating these principles shall be subject to disciplinary measures.

ENFORCEMENT OF THE CODE OF CONDUCT

The Principal or his/her designee shall enforce all rules and regulations as described in the Code of Conduct (hereafter the Code) for athletes. All rules regarding behavior and/or training as outlined in IHSAA regulations apply. The Code will be reinforced by the coach of each sport during the year. Parents/Guardians and athletes are required to sign the consent document stating that they understand the Code and the athlete is subject to disciplinary measure should he/she violate the Code.

Any alleged violation of the Code shall be reported first to the Principal or his/her designee and then is to be followed by an investigation by any or all of the following people; coach, sponsor, athletic director, principal or his/her designee.

THE CODE IS ENFORCED TWELVE (12) MONTHS A YEAR, GRADES 6-12

EXPECTED STANDARDS OF CONDUCT FOR ATHLETES.

- The good of the team is first and foremost. Once a team is eliminated the individual becomes the most important.
- No player(s) will ever employ illegal tactics to gain an undeserved advantage. All players will devote themselves to sportsmanship.
- All athletes will care for all equipment as though it was their own personal property. If equipment is destroyed through practice it will be replaced by the school. If equipment is lost the athlete(s) will fulfill their responsibility by paying for replacement of items(s). Athletes will turn in school owned equipment and uniforms before being eligible in their next sport season.
- All athletes will obey the specific training and practice rules of their team as given to them by the coaching staff.
- Athletes should not engage in doing negative things. Drinking alcohol, taking controlled drug substances, using tobacco, E-cigs, e-liquids, vapor devices, using profanity and being disobedient are harmful to athletes and their team, and are punishable under the Code of Conduct.
- Athletes and support students of the team must pass five (5) credits each grading period to be eligible to participate in athletics. Team members should plan their time so that they devote energy to their studies to insure passing grades which represent their true abilities.
- Athletes should be a positive influence in all they attempt to do. They are to work for the betterment of Western Boone and set a good example by doing what is right and good.
- Officials deserve courteous respect. All athletes must realize that officials do not lose a game or contest. They are there to ensure a fair contest.
- Athletes should appreciate that coaches, teachers and school officials have the best interests of all athletes in mind as they equip, schedule and conduct the athletic program.
- All Western Boone athletes must comply with the standards of our athletic code of conduct and school rules or be subject to disciplinary action or dismissal from a team as determined by the rules, coaching staff, athletic director and/or principal of Western Boone Schools

IMPORTANT

Western Boone is not asking athletes to make sacrifices. Sacrifice implies giving up good things. We are asking our athletes to do the opposite. Live clean, think clean and do those things that make them keener, finer and more competent individuals and team members. Participating in athletics is a privilege.

ANTI-HAZING POLICY

Western Boone High School is committed to providing the best learning atmosphere for our students. Hazing activities are inconsistent with our educational mission and will not be tolerated in the athletic department. The Indiana Code defines hazing as "forcing or requiring another person-(1.) With or without the consent of the other person and (2.) as a condition of association with a group or organization; to perform an act that creates a substantial risk of bodily injury." The American Heritage Dictionary, Fourth Edition, defines hazing as: "To persecute or harass with meaningless, difficult, or humiliating tasks. To initiate by exacting humiliating performances from or playing rough practical jokes upon." The Western Boone Athletic Department will not tolerate actions by athletes that recklessly or intentionally endanger the mental or physical health or safety of a student. Disciplinary actions will be taken against students who plan, encourage, or engage in hazing activities. Athletic department employees who permit, encourage, condone or tolerate hazing will be subject to discipline.

RULES OF CONDUCT (Grades 6-12)

The following rules are specific examples of conduct that would violate the *Code of Conduct* set forth above. Conduct that is not covered by these specific examples but that violate the principles of the *Code of Conduct* is subject to disciplinary measures at the discretion of the principal or his/her designee.

RULE 1: Athletes shall not possess, use, transmit or be under the influence of any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, alcohol, tobacco, E-cigs, e-liquids, vapor devices, stimulant, depressant, anabolic steroids, marijuana, counterfeit caffeine pills; or possess, use or transmit paraphernalia for use of such substances. (Use of an authorized drug as prescribed by a registered physician shall not constitute a violation of this rule).

CONSEQUENCE: First Offense

Suspension from contests for a minimum of 30 calendar days from the time the infraction was discovered by the administration that occur within the 180 days that make up the school year. Student-athletes will be allowed to practice and attend contests in street clothes. The Carry Over Rule will be used in instances where needed.

- Carry Over Rule: If the offense is committed during the school year, when the student is not participating in his/her sport season, the consequence will start on the first official practice day of his/her next sport. If the student commits the offense during summer break (not within the school year), the consequence will start on the first official day of the school year. Should a student be suspended from participation in the middle of the athletic season, he/she will finish out the remainder of the suspension when they participate in another sport.

Second Offense

Suspension from athletics for 365 calendar days from the time infraction was discovered by the administration. Student-athletes will not be allowed to practice, compete, and/or try-out for any sport that falls within the time frame that the suspension is being served, unless the try-out or practice falls within the last 30 calendar days of the suspension. If the try-out or practice falls within the last 30 calendar days of the suspension, the student-athlete may try out for and practice with the team.

Third Offense

Suspension from participation in athletics for the remaining time they are a student at Western Boone Jr.-Sr. High School. Any student who is under the penalty for the third violation of the substance abuse policy may request a review after 2 years by a committee composed of the principal, assistant principal(s), high school athletic director, junior high school athletic director, and guidance counselor. The student will present just -cause for reinstatement. The decision of the committee must be a majority vote for reinstatement to occur. Students who are reinstated will submit to testing for drugs, alcohol, and nicotine at their personal expense per the school's request. If a positive test is obtained, the student-athlete will be banned from athletics for the remainder of their school career.

RULE 2: Conduct

A student may be suspended from athletics for the use of violence, force, noise, coercion, threat, intimidation, fear, passive resistance, or conduct constituting an interference with the athletic program. He/She may also be suspended for urging other students to engage in the above activity. Furthermore, damage or theft involving school and/or private property, intentionally causing bodily harm to fellow students or school employees, intimidating any student with the intent of obtaining money, possessing weapons, and failing in a substantial number of instances to comply with the directives of coaches and/or rules of the athletic program and/or school are all grounds for suspension

CONSEQUENCE: The athlete will suffer consequences at the discretion of the Athletic Department.

RULE 3: Athletes shall not be in violation of school rules such as truancy, classroom disruption, or other punishable acts.

CONSEQUENCE: The athlete will be disciplined by already-established school rules. He/she may further be dealt with within the structure of each coach's rules for their sport.

RULE 4: Athletes shall not be suspended out-of-school for any reason.

CONSEQUENCE: The athlete will be ineligible for all contests and practices during the term of his/her suspension.

RULE 5: Specific team rules may be set forth by the coach of each sport. These rules and the penalties for breaking them will be given to the athletes by the coach of that sport. These written rules will be on file with the Athletic Director.

ATHLETIC SEASON DEFINED

The athletic season is defined as commencing with the first practice and ending with the final event for that sport. Penalties for violations take effect immediately upon verification of any violation and will include games in succession- i.e. season schedule, tournament and state series, in order of competition.

FORFEITURE OF AWARDS

If an athlete is not in good standing at the end of the sports season that athlete forfeits all letters and awards for that sport.

CARRY-OVER SUSPENSION

If the violation of the Code occurs in the last part of a sport and the violator cannot fulfill the terms of his/her violation in that sport the suspension does carry-over until the suspension is fulfilled. If a typically one-sport athlete elects to participate in a new sport to serve a suspension, he/she will be required to complete that new season in good standing.

COMPLETING A SUSPENSION

When serving a suspension, the athlete is expected to be present at all athletic contests and practices involving his/her team. The athlete is a member of the team and is expected to fulfill this responsibility. If the athlete does not attend the contest, credit will not be given toward fulfilling the requirements of the suspension. It is the coach's discretion to excuse the athlete from attending a contest.

AWARDS

AWARDS INFORMATION FOR ATHLETES

The following information indicates the general guidelines and normal progression for awards. Athletes will receive the appropriate awards for each year as listed and explained below. New athletes to Western Boone (move-ins) cannot exchange awards from their previous school. Athletes cannot buy, substitute or make up for awards not previously won.

DESCRIPTION OF AWARDS

INITIAL AWARD

Junior High students at Western Boone who participate in and complete four sports or more will receive their numerals during their 8th grade year.

CHAMPIONSHIP PATCHES

Individual champions or varsity team champions will receive victory patches for winning the Sectional, Regional, Semi-State or State title(s). Regional, Semi-State and State qualifier patches will also be awarded when warranted.

SAC INDIVIDUAL OR TEAM CHAMPIONSHIP PATCHES

Team members or individual champions winning a SAC event will receive this patch.

CAPTAINS AWARD

Captains pin awarded to each varsity team captain.

LETTER JACKETS

In order to purchase a Western Boone Letter Jacket, an athlete must earn at least one varsity letter. To receive a varsity letter, an athlete must be **in good standing** at the conclusion of the sport season.

Criteria for earning varsity letters:

BASKETBALL: Participate in 1/2 the varsity quarters and be a member of the sectional team.

CROSS COUNTRY: Finish in the top seven for the team in at least 1/2 the varsity meets and be a member of the sectional team or conference team.

FOOTBALL: Participate in 1/2 of the varsity quarters and be a member of the sectional roster. Win scout team player of the year award.

GOLF: Participate in 1/2 of the varsity matches played.

BASEBALL & SOFTBALL: Participate in 1/2 of the varsity games played and be a member of the sectional team.

TENNIS: Participate in 1/2 of the varsity matches.

TRACK: Average 2 points per meet or compete in the conference or sectional meets.

SOCCER: Participate in 1/2 of the halves played and be a member of the sectional team.

SWIMMING: Place in the top 8 of the finals of the conference meet or sectional meet or have a scoring average of 4 points a meet.

VOLLEYBALL: Participate in 1/2 of the varsity matches and be a member of the sectional team.

WRESTLING: Participate in 1/2 of the varsity meets and win 1/4 of your bouts.

CHEERLEADING: Participate in all scheduled home varsity B/G basketball games, all varsity football games, all home or away Sagamore Conference or Boone County B/G basketball games. They must also participate in IHSAA Championship events for B/G basketball and football.

The coach of any **sport** may use his/her discretion when awarding varsity letters to members of his/her team.

MANAGERS/TRAINERS: Managers/trainers can only receive a participation certificate until they have been with a program at least three (3) years at which time they may receive a varsity letter.

INJURED ATHLETES: An athlete who is injured during the season will receive consideration for a varsity letter according to the athlete's status and involvement with the team before, during, and after injury.

SENIORS: Any senior who has been a part of the program for four years and has not met the above requirements may receive a letter at the coach's discretion.

SPORT SPECIFIC AWARDS: These awards are given on a limited basis and only to athletes for outstanding performances in their sport. The criteria for these awards is set by the coaches prior to the start of each season.

BASEBALL

Varsity-3 Awards of coach's choice

Reserve-2 Awards of coach's choice

JR High- 2 awards of coach's choice

BASKETBALL (BOY'S)

Varsity-3 Awards of coach's choice

Reserve-1 Award of coach's choice

Freshman-1 Award of coach's choice

Eighth-3 Awards of coach's choice

Seventh-3 Awards of coach's choice

Sixth-3 Awards of coach's choice

BASKETBALL (GIRL'S)

Varsity-3 Awards of coach's choice.

Reserve- 1 Award of coach's choice

Eighth-3 Awards of coach's choice

Seventh-3 Awards of coach's choice

Sixth-3 Awards of coach's choice

CROSS COUNTRY

Varsity-3 Awards of coach's choice

Jr. High-Most valuable runner

Jr. High-Most improved

FOOTBALL

Varsity-Helmet plaques to 4 year players or members that have made first team all-conference.

Eighth-3 Awards of coach's choice

Seventh-3 Awards of coach's choice

GOLF

Varsity-3 Awards of coach's choice

Reserve-1 Award of coach's choice

Jr. High-3 Awards of coach's choice

SOCCER

Varsity-3 Awards of coach's choice

Reserve-1 Award of coach's choice

Jr. High-3 Awards of coach's choice

SOFTBALL

Varsity-3 Awards of coach's choice
Reserve-1 Award of coach's choice
Jr. High – 2 awards of coach's choice

SWIMMING (BOY'S & GIRL'S)

Varsity-Most valuable swimmer
Varsity-Mental attitude
Varsity-Most improved
Jr. High- 3 Awards of coach's choice

TENNIS (BOY'S & GIRL'S)

Varsity-3 Awards of coach's choice
Jr. High-3 Awards of coach's choice

TRACK (BOY'S & GIRL'S)

Varsity-3 Awards of coach's choice
Freshman-Most improved
Jr. High-3 Awards of coach's choice

VOLLEYBALL

Varsity-3 Awards of coaches
Reserve-1 Award of coach's choice
Freshman-1 Award of coach's choice
Eighth-3 Awards of coach's choice
Seventh-3 Awards of coach's choice
Sixth-3 Awards of coach's choice

WRESTLING

Varsity-3 Awards of coach's choice
Jr. High-3 Awards of coach's choice

Senior and Individual Awards

The following awards are voted on by the Athletic Council (Principal, Athletic Director, & Head Coaches)

Paul Brackemyre Senior Boy Athlete of the year
WEBO Senior Girl Athlete of the Year
Senior Scholar Boy Athlete of the Year
Senior Scholar Girl Athlete of the Year
Boys Team Player of the Year
Girls Team Player of the Year

INFORMATION FOR ATHLETES AND PARENTS

ACCIDENTS/INJURIES

All accidents or injuries, home or away, are to be reported to the trainer and/or coach immediately.

ATTENDANCE (ABSENCE) SCHOOL & GAME DAY

Daily attendance to school and practice is very important and expected. A Student-athlete must be signed in by 10:45 A.M. in order to participate/attend his/her athletic event or practice. Approved field trips or school activities constitute attending school. Any exemptions (funeral, dental, doctor) must be approved through the principal's office and/or athletic office.

CHANGING A SPORT

If an athlete is cut from a team, he/she may join another team or program in that sport season. An athlete cannot quit one sport to join another sport until that sport season is concluded. For example, the athlete cannot quit football to go out for basketball until football season is completed. However, athletes will be allowed to transfer from one sport to another during a given season only upon mutual agreement of both coaches and the athletic director.

CLASS RELEASE

There are few times or reasons why a student-athlete should ever miss class. State series practices, all-county/state dinners and rain-outs are examples of excusable releases by the school. Excused release from a class is handled through the principal's office.

COLLEGE-BOUND ATHLETES & RECRUITING

If your student athlete plans to enroll in college following high school and wishes to participate in collegiate athletics, his/her initial eligibility status must be determined by the NCAA and or NAIA Initial Eligibility Center. To be certified by the Eligibility Center to participate in NCAA athletics the prospective student-athlete must:

1. Complete the high school requirements for NCAA Division I or Division II participation.
2. Complete the online application process at www.eligibilitycenter.org (preferred to be done after the student's high school junior year)
3. Complete the high school requirements for participation if interested in an NAIA institution.
4. Complete the online application process at <http://www.playnaia.org/index.php> (preferred to be done after the student's high school junior year).

Note: All high school certification requirements are online at the NCAA or NAIA eligibility center websites.

It is the prospective student-athlete's responsibility to make sure the Eligibility Center has the necessary documents to be certified. You may access your high school's list of approved core courses through the online NCAA or NAIA eligibility center or obtain the list from your guidance counselor. You should work closely with your guidance counselor as soon as your freshman year is completed; to be sure you are taking the required core curriculum courses for eligibility. Also, you should communicate with your coach your desire to participate in collegiate sports, as they can help you prepare for and search for an appropriate college opportunity.

College recruiters may visit Western Boone to talk with our athletes. Students and parents interested in pursuing athletic scholarships should start their searches by asking their individual coaches for information and advice concerning this matter. The guidance office will have additional information about the school or area of interest. NCAA Eligibility Clearinghouse rules determine who is eligible for scholarships. Basically, a student-athlete must be a 'C' student in college prep classes as determined by the NCAA, score well on the Scholastics Aptitude Test or the American College Test and have the recommendation of his/her coaches. These rules are available from the athletic office and your coach. There is time set aside for recruiter-athlete visitation. Your coach and guidance counselor will set this up. Transcripts will be provided to the university through the guidance office.

COMMUNICATION

As an athlete involved in your choice of sports at Western Boone you will experience rewarding moments and times when things do not go the way you wish. At these times, your best choice is to express directly to the coach your concerns. It is always appropriate for the athlete to discuss position, consideration for future play, treatment, behavior and ways to improve. Also, it is important for each athlete to inform his/her parent(s) that they are encouraged to discuss treatment, improvement and behavior with the coach. However, it is never appropriate for athletes or parents to discuss other student-athletes with the coach.

The Western Boone Athletic Department suggests that you go through the following steps when you have a concern.

1. The athlete should address the problem with the coach one on one.
2. If the problem is not resolved, the parent should contact the coach.
3. If the problem still exists, contact the athletic director and set up a meeting privately or with the coach present.
4. It is always the prerogative of the parent to contact the principal, if the issue is still a problem after meeting with the athletic director and the coach.

DRESS

Coaches may ask their players to dress according to team rules.

EQUIPMENT

All athletes will care for all equipment as though it were their own personal property. If equipment is destroyed through practice it will be replaced by the school. If equipment is lost or stolen the athlete(s) will fulfill their responsibility by paying for replacement of item(s). Remember that stealing or wearing stolen equipment is a violation of the Code of Conduct and punishable by suspension from athletics. Equipment may not be worn during the school day, at home or on the streets without approval of the coach of that sport.

ALL ISSUED EQUIPMENT AND UNIFORMS REMAIN THE PROPERTY OF WESTERN BOONE AND MUST BE RETURNED AT THE CONCLUSION OF THE SEASON. ANY MISSING ITEMS WILL BE CHARGED TO THE STUDENT-ATHLETE. PARTICIPATION IN NEXT SPORT SEASON, COMMENCEMENT OR NEXT YEAR'S REGISTRATION WILL BE AFFECTED UNTIL ALL FEES ARE PAID.

IHSAA INDIVIDUAL ELIGIBILITY RULES (Grades 9-12)

ATTENTION ATHLETE: TO BE ELIGIBLE TO REPRESENT WESTERN BOONE IN INTERSCHOOL ATHLETICS YOU:

- 1) Must be a bona fide student in good standing; must be enrolled not later than the 15th day of the current semester.
- 2) Must have completed 10 separate days of organized practice in one sport under the direct supervision of the high school coaching staff.
- 3) Must have received passing grades in at least five full credit subjects during your last grading period; semester grades take precedence; and must be currently enrolled in at least five full credit subjects.
- 4) Must not have reached your 20th birthday prior to or on the scheduled date of the IHSAA state finals in a sport.
- 5) Must have been enrolled in your present high school last semester or at one of the junior highs.
- 6) Must not have been enrolled in more than eight consecutive semesters beginning in grade 9.
- 7) Must be an amateur (have not participated under an assumed name, have not accepted money or merchandise directly or indirectly for athletic participation, have not accepted awards, gifts, or honors from colleges or their alumni, have not signed a professional contract.)
- 8) Must have had physical exam between April 1st and your first practice.
- 9) Must not have transferred from one school to another for athletic reasons as a result of undue influence by any person or group.
- 10) Must not have received any award from your athletic ability not approved by your principal or IHSAA.
- 11) Must not accept awards in the form of merchandise, meals, cash, etc.
- 12) Must not participate in an athletic contest during the IHSAA authorized contest season for that sport as an individual or on any team other than your school team.
- 13) Must not reflect discredit upon your school.
- 14) Students with remaining eligibility must not participate in tryouts or demonstrations of athletic ability in that sport.
- 15) Must, if absent 5 or more days due to illness or injury, present written verification from a physician stating you may participate again.
- 16) Must not participate in camps, clinics or schools during the IHSAA authorized contest season.
- 17) Girls shall not be permitted to participate in an IHSAA tournament program for boys where an IHSAA tournament program is offered for girls in that sport.

INSURANCE

Western Boone Athletic Department **does not** provide insurance coverage for student-athletes. Western Boone administrators, coaches and trainers are safety conscious and are trained to instruct athletes in the safe and proper techniques of their individual sport(s). Due to the nature of athletic activity, however, injury may occur. Parents must carry the responsibility for providing medical care and insurance coverage for their son or daughter. Parents are encouraged to have a family insurance policy to cover athletic injuries and the cost of treatment. IT SHOULD BE NOTED THAT NEITHER THE IHSAA NOR WESTERN BOONE JUNIOR-SENIOR HIGH SCHOOL CARRY ANY KIND OF FIRST DOLLAR MEDICAL INSURANCE FOR ATHLETIC INJURIES.

PRACTICES (REGULAR, VACATION, SCHOOL CLOSING)

All team members are expected to attend all practices. Practice scheduled during school vacations are set by the coach and only the coach can excuse an athlete from practice. Practice during a school closing time (snow, etc.) is not permitted without permission from the Corporation Office.

TEAM CUTTING POLICIES

Coaches of the 19 varsity sports at Western Boone have their own policy on how they will choose their teams. In some sports "cutting" a team down to a manageable size is a necessity. Coaches will explain their policy to candidates for their team at the first meeting. An athlete may be cut from a team anytime during a season.

TRAINER

Witham Health Services provides athletic training services for Western Boone Junior-Senior High School. The trainer is present at all high school practices and home events. The trainer also covers home JH High football and wrestling events.

TRAINING ROOM

The training room is located at the East end of the building. Student-athletes are not permitted in this room without adult supervision. Training rooms are for treatment and rehabilitation. Space is limited, therefore only athletes needing treatment are allowed in these rooms.

WEATHER

If the Western Boone School Corporation is on a delay, all morning practices are canceled. A decision by the school will be made by 6:00 A.M. If school is closed or we have an early dismissal, all afternoon and evening practices and games will be canceled unless the Superintendent makes an exception.

WEIGHT ROOM

The weight room is available for use by teams before and after school. There is a full program of weight training offered during the school year and summer under the guidance of our strength coach. No student shall use the weight room without adult supervision or without having a physical exam on file in the athletic office.

CELL PHONES & SOCIAL NETWORKING SITES

1. Cell phones and cameras may not be used inside a locker room for any purpose. This means no texting, no calling and no pictures. The use of cell phones, is not permitted in the locker room at any time. **NO EXCEPTIONS TO THE RULE.** This rule applies to all players, managers and coaches (coaches may use a cell phone in their office, not the locker room). A violation of this rule will result in immediate penalty, which could include dismissal from the team. If a photograph is taken, the matter may be turned over to legal authorities for possible prosecution. Should an athlete receive a call or text while in the locker room, he/she should take the phone (still in backpack, book bag, gym bag, etc.) out to the hall or outside the building before use. **CAMERAS AND PHONES MAY NOT BE IN USE OR OUT IN VIEW IN THE LOCKER ROOM FOR ANY REASON.**

2. **SOCIAL NETWORKING SITES:** Student-athletes are responsible for information contained in written or electronic transmissions (i.e. e-mail) and any information posted on a public domain (i.e. Twitter, Facebook, SnapChat, Vine, chat room, Instagram, You Tube, etc.). Inappropriate or embarrassing information or pictures should not be posted in any public domain. Student-athletes are not prohibited from participation in such online social networks; however, student-athletes should be reminded that they serve as representatives of their team, the athletic program and the Western Boone Community School Corporation. Texting, tweeting, posting and uses of other social networks to disparage or criticize the team, other students, opponents, coaches or other school personnel is inappropriate behavior and conduct unbecoming of a Western Boone student-athlete. Any individual identified on a social networking site which depicts illegal or inappropriate behavior, will be considered in violation and subject to athletic discipline which could include suspension or dismissal from the program. Length of suspension will be determined by the athletic director with coach's involvement.

CONSENT FORM: Western Boone Athletic Department

This consent form is valid for the following school year, if signed after April 1st.

STUDENT CERTIFICATION FOR ATHLETIC PARTICIPATION I hereby certify that I have read the Western Boone Athletic Handbook and understand the eligibility and conduct guidelines as printed. I also understand the risks involved in athletic participation. To the best of my knowledge, I have suffered no injury or illness in the past that would hinder my participation in athletics at Western Boone Junior-Senior High School.

Signature: _____ Date: _____

Printed : _____ Grade: _____

PARENT/GUARDIAN CONSENT FORM (to be completed by parent or legal guardian; where divorce or separation, parent with legal custody must sign)

- A. In accordance with the rules of the IHSAA and Western Boone Junior Senior High School, I hereby consent for the above student to participate in all athletics at Western Boone Junior Senior High School.

- B. I understand that participation may necessitate an early dismissal from classes. I also understand that travel is necessary and an accident causing injury is a possibility.

- C. I know of and acknowledge that my son/daughter knows of the risks involved in athletic participation, understands that serious injury and even death may be possible in such participation, and chooses to accept any and all responsibility for his/her safety and welfare while participating in athletics. With full understanding of the risks involved, I release and hold harmless my school, the schools involved, and the IHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation. I agree to take no legal action against the IHSAA or my school because of any accident or mishap involving the athletic participation of my son/ daughter.

- D. As a parent and/or guardian of the above student I have read the Western Boone Athletic Handbook and discussed it with my son/daughter. I understand the Code of Conduct and realize it applies year-round. I also realize that my son/daughter is subject to disciplinary measures should he/she violate the rules of the Code of Conduct.

- E. I authorize Western Boone Junior Senior High School to investigate and obtain information from police agencies, the probation department, or any other source regarding events leading up to an arrest of filing or charges for an act which would be in violation of any of the rules and regulations as stated in Western Boone's Athletic Handbook.

- F. As the parent or legal guardian for the Student listed above, I do hereby consent to the Student receiving athletic training services from Witham Health Services. I understand that during the course of these services certain health information related to Student's athletic training services may be used and/or disclosed for treatment, payment or healthcare operations purposes, or as otherwise required by law. I further consent to certain health information being disclosed to school personnel, including but not limited to, coaches, school administration, and/or staff, as necessary as well as the team physician and/or treating physician.

- G. Absent the fault or negligence of Western Boone agents or employees causing injury or harm to my child, I will not hold Western Boone or its personnel liable or responsible for payment of any claims arising from an incident or accident occurring in connection with my child's participation in athletics.

- H. I understand my child will not be allowed to participate in athletic contests at Western Boone Junior Senior High School until I attend or view the mandatory parent meetings with the Athletic Director at the start of each sport season. These meetings will be either held in the auditorium or conducted in an on -line format for those who cannot attend in person.

I HAVE READ THE ABOVE CAREFULLY

Parent/Guardian Signature: _____ Date: _____

Printed: _____