**NORTHWOOD VOLLEYCUBS**

***2018 TRAINING TEAM***

**Dates (10): Feb. 5, 12, 19, 26**

**March 5, 12, 19, 26**

**Grades: 2nd through 4th**

**Start Time: 4:30 P.M. until 5:30 P.M.**

**Location: Nappanee Elementary School – Gym**

**Equipment:** Athletic Apparel, Tennis Shoes, Knee Pads (optional), Water Bottle

**Head Coach: Hilary Laidig**

**Instructor:** Kati Andrews

**VolleyCubs** is a new program for girls grades 2-4 to develop the basic fundamentals of Volleyball. The main emphasis for the 8 sessions will be to learn correct form and footwork for passing, setting, serving, and hitting. Our last session will be a skills showcase for parents to enjoy. We are extremely excited to build relationships with future Panthers.

**Cost: $80 or $10 a session (includes a t-shirt)**

* Please make check payable to Kati Andrews
* Send to Kati Andrews: Nappanee Elementary School

755 East Van Buren St. Nappanee, IN 46550

Please detach and return with payment.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2018-19 Grade \_\_\_\_\_School\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Email Contact \_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I give permission for my child to participate in NW VolleyCubs . I, as guardian, assume responsibility for my child’s medical attention for the training sessions. We hereby waive, release, and discharge the Volleycubs staff from any liability for injuries and/or illness incurred while participating or arising out of travel to and/or from the sessions.

Parent/Guardian Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_