

**ALL-TIME TOP PERFORMERS (by event)**

**100 meters**

11.49w	Brittany Brown	2 times	2013
11.59	Brittany Brown	CIF Pre	2013
11.76w	Kori Carter	Lg Fin	2010
11.88	Kristin Holmes	CIF Masters	2005
12.01	Kori Carter	Quad	2009
12.46	Lisa Domico	CIF Prelims	1994
12.49	Kelly Persons	League Fin	2001
12.55	Mariella McCormack	South Hills dual	2012
12.61	Becky Graham	St. Lucy's dual	2013
12.64	Tishawna Richardson	League Pre	2007
12.67	Joanne Mills	League Fin	1986
12.74w	Raquel Clement	League Finals	1997
12.5	Ashika Charan	Intrasquad	2006
12.6	Dora Baldwin	Etiwanda dual	2008
12.82w	Brittney Duquette	Glendora dual	2015
12.83	Brittney Duquette	Charter Oak	2014
12.93w	Alyssa Cantrell	Bonita	2015
12.97w	Natalia Lopez	Bonita dual	2016
12.97	Alyssa Cantrell	Glendora dual	2016
12.98	Raelynn Devine	League Pre	2000
12.98	Rachel Moore	Walnut dual	2001
12.8	Abbie Erier	Upland dual	1996
12.8	Whitney Nonnette	Gordon Steward	2001
13.08	Kelly Carter	League Pre	2001
13.09w	Monique Simon	Clmt invit	2004
13.10w	Kara Douglas	Clmt Inv	2002
13.11	Na Shawn Smith	Clmt Invit	1986
13.14	Kim Chen	South Hills dual	2012
13.15w	Rinecia Jackson	Ayala	2011
12.9	Shagala Mack	Lg Finals	1989
12.9	Ami Goldhammer	Don Lugo dual	1997
12.9	Pascale Delaunay	Intrasquad	1999
12.9	Maya Avant	Etiwanda dual	2008
13.19	Michele Domico	Chino dual	1989
13.19	Karmen Furr	Lg Finals	1995
13.20	Michaela Tyus	Charter Oak	2014
13.22w	Iman Smadi	Lg Fin	2017
13.25	Simone Bliss	Glendora dual	2017
13.28	Maddie Chapman	Tri Meet	2017
13.0	Rosalyn Avant	Pomona	1984
13.0	Belinda Weber	Alta Loma	1987
13.30w	Amber Blount	League Pre	1997
13.30w	Krista Manis	Los Osos dual	2004
13.31w	Katie Ursua	Novice Trials	2012
13.31w	Natalia Bertirotti	Bonita	2015
13.31	Iman Smadi	Lg Pre	2017
13.1	Cyndie Osborne	Glendora	1984
13.1	Tanya Johnson	Pomona	1984
13.1	Heather Roberts	Chaffey	1989
13.1	Khadija Imara	Intrasquad	2011
13.1	Natalia Lopez	South Hills	2015
13.34w	Becky Graham	League Fin	2013
13.36w	Ashley Dummar	Lg Pre	2009
13.37	Genna Rogers	quad	2016
13.38	Savannah Beans	Glendora dual	2017
13.38	Kara Douglas	Clmt Invit(ht)	2002
13.40	Kyra Tisopulos	Diamond Bar	2015
13.40	Kyra Tisopulos	quad	2016
13.41	Jessica Lawson	League Pre	2000
13.2	Toy Davis	Pomona	1988
13.2	Paige Sommer	Glendora dual	1993
13.44	Carmen Adamson	Chaffey dual	1990

13.44w	Amanda Bixler	Bonita	2015
13.2	Emily Spivack	Intrasquad	2014
13.45	Liz Morales	League Prelims	1982
13.45	Daniella Lemus	Lg Fin	2016

**200 meters**

23.68w	Brittany Brown	CIF Finals	2013
23.78	Brittany Brown	State Final	2013
24.01	Kristin Holmes	CIF Masters	2005
24.51w	Kori Carter	Etiwanda dual	2010
25.00	Ashika Charan	Calif Games	2004
25.19w	Mariella McCormack	Charter Oak	2012
25.0	Mariella McCormack	Intrasquad	2012
25.27	Dora Baldwin	SCA JO	2007
25.55w	Kelly Persons	League Finals	2001
25.8yw	Staci Johnson	League Finals	1975
25.8r1	Raquel Clement	Bishop Amat Inv	1997
25.9w	Raquel Clement	MSAC Hept	1997
26.16w	Kimberly Chen	Lg Pre	2011
26.33	Rachel Moore	Covina Invit	2003
26.0	Ami Goldhammer	MSAC Hept	1998
26.30	Kylie Robinson	South Hills	2016
26.38w	Brittney Duquette	Glendora dual	2015
26.43	Brianna Atkins	Upland dual	2008
26.2	Alexandra Bustos	Intrasquad	2010
26.46	Brittney Duquette	Cougar Classic	2015
26.3	Kjersti Onderdonk	MSAC Hept	1992
26.3	Pascale Delaunay	MSAC Hept	1998
26.66	Raelynn Devine	Lg Prelims	2000
26.5w	Shani Pride	San Gab Inv	1996
25.5r	Joanne Mills	Bishop Amat Inv	1986
26.5r1	Hadara Adelson	Bishop Amat Inv	1996
26.5r1	Rinecia Jackson	Arcadia	2011
26.5w	Katie Ursua	Chino Hills dual	2012
26.77	Maya Avant	League Pre	2008
26.83w	Kelly Carter	League Finals	2001
26.6	Whitney Nonnette	Gordon Steward	2001
26.86w	Monique Simon	League Pre	2004
26.89w	Charmaine Troy	Lg Finals	2009
26.92	Kyla Morris	South Hills	2016
26.98	Natalia Lopez	Ayala dual	2016
26.99	Kim Chen	Chino Hills dual	2011
27.00	Kelly Carter	League Pre	2001
26.8w	Tishawna Richardson	Alta Loma dual	2007
26.9	Nicole Joslin	MSAC Hept	1992
27.0y	Shani Pride	St. Lucy's	1996
27.12	Irene Lopez	League Pre	2004
27.12w	Amanda Bixler	Bonita	2015
27.18	Kyra Tisopulos	quad	2016
27.22	Valerie Escoffery	League Pre	1986
27.0w	Khadija Imara	Chino Hills dual	2012
27.25w	Kara Douglas	Clmt Invit	2002
27.29	Abbie Erier	Clmt Invit	1995
27.2y	Sonya Bowe	Upland	1974
27.1	Jenny Stary	Los Alamos	1975
27.1r1	Maddy Keyser	Nicholson Rlys	2012
27.1w	Grace Gaskins	Chino Hills dual	2012
27.36	Brianna Holmes	St. Lucy's dual	2011
27.37w	Alyssa Cantrell	Glendora dual	2015
27.41	Maddie Chapman	Glendora dual	2017
27.43w	Maddy Keyser	Etiwanda dual	2010
27.2w	Michaela Tyus	Lg Pre	2014
27.3y	Kim Mack	League Pre	1981
27.3y	Lisa Domico	Upland dual	1991

27.2	Jessica Lawson	Lg Prelims	2000
27.49	Belinda Weber	League Pre	1987
27.4y	Kathy Weatherell	Glendora	1980
27.4y	Kim Miles	Bishop Amat	1986
27.52	Iman Smadi	Lg Pre	2017
27.3	Ramona Miles	Upland	1982
27.3	Jessica Delaunay	MSAC Hept	2003
27.57	Judy McGlover	Lg Pre	2013
27.58	Ashley Dummar	Rancho dual	2009
27.62	Susan Conway	League Pre	1986
27.62	Simone Bliss	Glendora dual	2017
27.4	Jennifer Peters	MTSAC Hept	1986
27.4	Bailey Sanin	Charter Oak	2011
27.5y	Gaye Abraham	League	1975
27.5y	Michele Domico	Upland dual	1989
27.5yr1	Carmen Adamson	Chino Rlys	1990
27.5	Janet Light	Don Lugo dual	1997
27.5w	Sarah Alvarez	Chino Hills dual	2012
27.5	Natalia Bertirotti	South Hills	2015

#### 400 meters

54.5r	Kori Carter	LgFinals	2010
56.51	Mariella McCormack	Arcadia	2012
56.6r1	Kori Carter	CIF Pre	2008
57.08	Ashika Charan	Arroyo	2005
57.51	Brittney Duquette	Ayala dual	2015
57.60	Kimberly Chen	San Gab Inv	2011
57.66	Dora Baldwin	CIF Pre	2008
57.76	Kori Carter	Upland dual	2009
57.77	Whitney Nonnette	Lg Pre	2002
58.59	Kristin Holmes	Arroyo	2005
59.04	Veronica Escoffery	Cimt Invit	1986
59.08	Kyla Morris	Lg Pre	2016
59.2r1	Kristin Holmes	CIF Pre	2003
59.37	Rachel Moore	League Finals	2002
58.3r	Brianna Atkins	Upland dual	2008
59.46	Ami Goldhammer	Lg Finals	1998
59.65	Annie Boos	Chino Hills	2014
59.67	Belinda Weber	CIF Pre	1988
59.1yr	Staci Johnson	CIF Finals	1976
59.7r1	Brittany Brown	CIF Pre	2011
59.94	Kylie Robinson	Lg Pre	2017
58.8r	Brittany Brown	Lg Finals	2010
59.9r1	Pascale Delaunay	Lg Finals	1998
60.18	Kathy Weatherell	CIF Prelims	1980
60.29	Emily Spivack	SG Champs	2012
60.33	Abbie Erier	Lg. Finals	1995
59.2r	Bailey Sanin	Covina Inv	2011
60.43	Beth Fernlund	Cimt Invit	1997
60.4	Bailey Sanin	Charter Oak	2013
60.6r1	Hazel Wong	CIF Prelims	1999
59.7r	Paige Sommer	League Finals	1993
61.23y	Dominique Dibbell	Laguna Invit	1982
61.3y	Kris Sorrensen	Garey	1977
61.18	Kyra Tisopulos	Lg Pre	2015
61.24	Elizabeth Olowo	Lg Prelims	2007
61.25	Hadara Adelson	Lg. Finals	1995
61.2	Raquel Clement	Mile High Inv	1997
60.6yr	Jenny Stary	CIF Pre	1975
61.3r1	Kjersti Onderdonk	League Fin	1992
61.6y	Janet Light	St. Lucy's	1998
60.3r	Kelly Persons	CIF Finals	1998
60.4r	Marsha Ibañez	League Finals	1997
61.4r1	Lindsey Sommer	Arcadia	2001

61.68	Lily Comba	San Gab Vly	2010
61.75	Keira Troxell	UCI	1980
62.0y	Beth Fossum	Ont.Christ	1974
62.2y	Staci Johnson	Chino	1976
62.08	Chris Nelson	League Finals	1994
62.2r1	Lisa Rands	Lg Finals	1990
62.35	Iris Johnson	Chaffey dual	1986
61.1r	Jenna Lederhaus	CIF Finals	2002
61.3r	Julie Herrera	League Fin	1992
61.4r	Marla Law	Amat Rlys	1985
61.4r	Tricia Brown	League Fin	1992
62.7y	Jenny Stary	Upland	1974
61.5	Kastie Ursua	Chino Hills dual	2012
61.5r	Maddy Keyser	Calif Rlys	2010
61.6r	Joanne Mills	CIF Pre	1986

#### 800 meters

2:11.64	Annie Boos	CIF Finals	2014
2:14.88	Bailey Sanin	CIF Pre	2010
2:17.56	Larenn Lozano	CIF Finals	2007
2:18.4	Cherry Henry	CSUN all-cmrs	1978
2:18.5r1	Brittney Duquette	Arcadia	2015
2:18.7r	Kori Carter	Nicholson Rlys	2008
2:19.37	Sydney Hwang	Lg Pre	2017
2:20.26	Allison Spivack	San Gabriel Inv	2011
2:20.03	Janet Light	CIF Prelims	1999
2:20.29	Dora Baldwin	JO Nationals heat	2007
2:20.47	Dominique Dibbell	Cimt Inv	1982
2:20.56	Kaylee Jorgensen	Lg Finals	2013
2:20.72	Veronica Fitzpatrick	CIF Pre	1998
2:21.14	Julia Cantrell	League Pre	2015
2:22.01	Kim Chen	Meet of Champs	2011
2:22.71	Megan Renken	South Hills dual	2012
2:23.29	Marsha Ibañez	CIF Pre	1997
2:23.2	Jennifer Peterson	Chaffey dual	1980
2:23.8yr	Kris Sorrensen	Mt. SAC	1977
2:23.1r	Sarah Roth	Cimt Invit	1990
2:23.76	Laura Monson	Cimt Invit	1991
2:23.81	Frances O'Leary	Lg Pre	2016
2:23.87	Megan Renken	Lg Pre	2014
2:24.18	Jenna Lederhaus	CIF Prelims	2001
2:24.23	Jessica McMillan	CIFPre	2010
2:24.26	Robyn Reeder	Rancho dual	2009
2:24.32	Julia Cantrell	Lg Pre	2013
2:23.3r	Merin Arft	Arcadia	2012
2:24.54	Tess Rounds	quad	2016
2:24.78	Janelle Baeskens	Lg Fin	2017
2:24.7	Veronica Escoffery	Chaffey dual	1986
2:24.8	Wendy Griffith	Upland dual	1988
2:25.12	Jenny Bennett	Lg Finals	1998
2:25.0r1	Charlie Stoddard	Cimt Invit	1990
2:25.37	Jessica McMillan	Rancho dual	2009
2:25.56	Brittney Duquette	Ayala Dist Carn	2015
2:25.6	Paige Sommer	Etiwanda dual	1992
2:25.86	Sarah Ayala	SH/Bonita tri	2017
2:26.0	Samantha Ganley	Louisville	1983
2:26.34	Danha Hernandez	Lg. Pre	2013
2:26.82	Melissa Cerrillos	Lg Fin	2014
2:27.45	Kiana Cavanaugh	Le Pre	2014
2:27.5	Charlie Stoddard	Bish Amat Rly	1987
2:28.4yr1	Sarah Roth	Stanford Inv	1989
2:28.5yr1	Martha Brownlee	Mt SAC	1977
2:29.0y	Lynne Newton	League Finals	1978
2:28.6	Kim Volosin	Arroyo	2001
2:29.11	Jax Heckers	Diamond Bar dual	2017

2:29.29	Liz Owoko	League Fin	2008
2:28.2r	Alyssa Cantrell	Mt. SAC	2016
2:29.83	Janelle Baeskens	Lg Pre	2017

**1500 meters**

4:45.99	Annie Boos	APU Qualifier	2017
4:49.2	Laura Monson	Cimt Invit	1991
4:52.51	Sydney Hwang	APU Qualifier	2017
4:57.03	Charlie Stoddard	Bishop Amat	1990
4:57.5	Sarah Roth	Upland dual	1990
4:59.8	Wendy Griffith	Don Lugo	1988
5:01.1	Samantha Ganley	Bishop Amat	1983
5:04.9	Martha Brownlee	UCLA	1977
5:06.86	Chris Goh	Cimt Inv	1988
5:08.1	Veronica Fitzpatrick	Glendora dual	1999
5:08.4	Dominique Dibbell	Cimt Inv	1979
5:08.4	Julie Kenworth	Etiwanda dual	1992
5:09.4	Aubrey Merryman	St. Lucy's	1997
5:09.70	Jax Heckers	APU qual	2016
5:09.7	Kaylee Jorgensen	Intrasquad	2013
5:09.58	Emily Nee	Claremont Invit	2006
5:13.1	Susan Braun	Glendora dual	1998
5:13.5	Lindsey Keough	Intrasquad	2007
4:13.7	Bailey Sanin	Intrasquad	2011
5:14.3	Allison Spivack	Intrasquad	2011
5:14.46	Merritt Watts	Quad	2003
5:14.5	Jenny Bennitt	Chino dual	1996
5:15.1	Wendy Krieger	Glendora dual	1994
5:15.45	Julia Cantrell	Intrasquad	2013
5:15.5	Tara Holmes	Cimt Invit	1993
5:15.9	Merin Arft	Intrasquad	2011
5:16.2	Elaine Thalman	Cimt Invit	1991
5:16.4	Alexis Kays	St. Lucy's	1992
5:17.65	Janelle Baeskens	APU qual	2016
5:18.6	Megan Renken	Intrasquad	2011
5:19.36	Kristen Corrette	Cimt Invit	2000
5:19.9r1	Jennifer Peterson	Mt. SAC	1980
5:20.1	Tara Holmes	Upland dual	1992
5:20.3	Marsha Ibañez	Amat Relays	1995
5:21.2	Karen Wurmbbrand	Amat Rlys	1986
5:21.5	Kiana Cavanaugh	Intrasquad	2013
5:23.4	Melissa Martinez	Chaffey	1986
5:23.4	Dahna Hernandez	Intrasquad	2011
5:24.4	Robyn Reeder	Intrasquad	2009

**Mile**

4:52.66	Annie Boos	Mt. SAC Rlys	2017
4:48.95m	Annie Boos	CIF Masters	2016
5:02.11	Sydney Hwang	Mt. SAC Rlys	2017
5:05.72m	Tess Rounds	Lg Pre	2016
5:06.10m	Merin Arft	CIF Finals	2011
5:07.65m	Sydney Hwang	SH/Bonita tri	2017
5:10.70m	Jax Heckers	Lg Pre	2017
5:11.3mr1	Laura Monson	MSAC	1992
5:13.35m	Laura Monson	Arcadia Inv	1992
5:14.0mr1	Megan Renken	Mt. SAC Rlys	2014
5:15.23m	Megan Renken	CIF Pre	2012
5:17.31m	Lindsey Keough	League Pre	2007
5:18.20m	Charlie Stoddard	League Pre	1990
5:18.27m	Sarah Roth	League Pre	1990
5:18.8mr	Kiana Cavanaugh	Mt. SAC Rlys	2014
5:21.21m	Sydney Hwang	Lg Pre	2016
5:21.74m	Frances O'Leary	Lg Pre	2016
5:21.1mr	Julia Cantrell	Arcadia	2013
5:22.92m	Julia Cantrell	Lg. Pre	2013

5:22.9mr1	Kaylee Jorgensen	Arcadia	2013
5:23.6	Martha Brownlee	CIF Prelims	1977
5:24.0	Cherry Henry	Upland	1978
5:23.30m	Emily Nee	League Finals	2007
5:22.09mr	Janelle Baeskens	Arcadia	2016
5:23.42m	Julie Kenworth	League Finals	1992
5:22.9mr	Wendy Griffith	MtSAC	1988
5:24.01m	Emily Nee	League Finals	2006
5:24.15m	Alex Gushue	Lg Fin	2015
5:24.44m	Sarah Ayala	Lg Pre	2016
5:24.7mr1	Chris Goh	MtSAC	1988
5:24.97m	Chris Goh	Lg Prelims	1988
5:25.24m	Kori Carter	Upland dual	2008
5:25.55m	Annie Gushue	Lg Finals	2014
5:25.77m	Azalea Segura-Mora	Redondo Inv	2017
5:27.55m	Gillian Antona	Lg Fin	2014
5:30.7	Veronica Fitzpatrick	St. Lucy's	1998
5:27.5mr	Reily McLachlan	Arcadia	2013
5:30.39m	Larenn Lozano	Los Osos dual	2008
5:31.7	Dominique Dibbell	CIF	1979
5:30.3mr	Aubrey Merryman	MSAC	1998
5:31.73m	Jenny Bennitt	Lg. Finals	1995
5:32.18m	Reena John	Lg. Finals	1995
5:32.68m	Aubrey Merryman	Lg. Finals	1996
5:36.6	Alexis Kays	Chino dual	1992
5:34.0mr	Susan Braun	Royal Rlys	1999
5:34.5mr	Elaine Thalman	Mt. SAC Rlys	1991
5:36.0m	Alana Shine	Osos dual	2010
5:36.21m	Emma Carter	Lg Fin	2016
5:36.2m	Quinn Alkonis	Osos dual	2010
5:38.5r	Samantha Ganley	Ventura	1983
5:35.97m	Jessica McMillan	Covina Inv	2011
5:37.19m	Allison Spivack	Lg Pre	2010
5:37.2m	Danielle Murrietta	South Hills	2014
5:37.59m	Ali Boos	Lg Pre	2012
5:38.05m	Kalinda Reynolds	Covina Qual	2016
5:38.67m	Annette Hermelin	Ayala Dual	2016
5:39.09m	Halieigh Guerrero	Covina Qual	2016
5:39.18m	Naomi Quisenberry	Lg Finals	2001
5:39.54m	Kyla Morris	Cougar CI	2015
5:38.3mr	Frances O'Leary	Amat Inv	2016
5:40.1m	Bailey Sanin	Charter Oak	2011
5:39.1mr	Tara Holmes	Cimt Inv	1992
5:40.3mr	Wendy Krieger	Brea Rlys	1994
5:40.5m	Marsha Ibañez	Arroyo Inv	1997
5:40.93m	Danielle Carlton	Lg Fin	2016
5:41.81m	Lauren Noeth	Diamond Bar dual	2017
5:42.24m	Stephanie Bell	Arroyo Inv	2004
5:42.1mr1	Robyn Reeder	Mt. SAC Rlys	2009
5:42.59m	Tara Holmes	League Fin	1993
5:42.7m	Tina Soto	Etiwanda dual	2003
5:41.9mr	Danielle Hepperle	Calif Rlys	2012
5:43.04m	Melissa Cerrillos	Charter Oak	2014
5:43.10m	Hayley Arft	San Gab Inv	2011
5:43.58m	Melissa Martinez	League	1987
5:43.99m	Hannah Zachary	Upland dual	2007
5:44.49m	Gina Gilmartin	San Gab Inv	2011
5:44.83m	Tera Johnson	San Gab Vly	2009
5:45.22m	Danha Hernandez	San Gab Inv	2011
5:45.0mr	Krissy Volosin	Tustin Rlys	2001
5:46.89m	Bess Markley	Ayal Dist Carn	2015
5:47.2r	Karen Wurmbbrand	Stanford	1986
5:49.0	Catherine Regan	CIF	1980
5:49.0	Wendy Krieger	Alta Loma	1994

5:47.9m	Ashley Ball	Amat Relays	1998
5:46.9mr	Hannah Chaput	Nicholson Rlys	2015
5:47.0mr	Jessica McMillan	MSAC	2010
5:47.4mr	Kristen Corrette	Royal Classic	2000
5:50.9	Dana Leier	Don Lugo	1997
5:49.2r	Susan Atencio	Chino	1977
5:48.06	Kaitlyn Heckers	quad	2016
5:48.86m	Corina Sagun	League Pre	2008
5:50.25m	Jean Reeder	Lg Pre	2012
5:50.53m	Ashley Riggle	Lg Pre	2010
5:52.5	Wendy Boland	Ganesha	1975
5:51.0m	Leah Horowitz	Arroyo Carn	1999
5:52.00m	Charlotte Selters	San Gab Vly	2009
5:51.5mr	Blair Thompson	Mt. SAC Rlys	1996
5:51.42m	Hannah Chaput	Ayala Dist Carn	2015
5:51.66m	Delaney Moyer	Ayala Dist Carn	2015
5:52.09m	Sahar Afsari	League Pre	1997
5:54.6	Angela Stevens	League Pre	1983
5:55.3	Maureen Young	Garey	1976
5:53.17m	Miranda VanBeers	St. Lucy's	2014
5:53.25m	Samantha Palafox	Lg Fin	2016
5:53.75m	Clare Hwang	Ayala	2015
5:54.65m	Sarah Chan	League Finals	2007
5:55.09m	Amanda Hauptmann	San Gab Inv	2011
5:56.89m	Hope Hutchison	Lg Pre	2009
5:56.94m	Quinn Alkonis	Los Osos dual	2009
5:57.10m	Merritt Watts	League Fin	2003
5:57.2m	Kate Lederhaus	Arroyo Carn	1999
5:57.59m	Maithili Gadgil	Arroyo Carn	2005

### 3000 meters

10:20.75	Laura Monson	Mt. SAC Rlys	1991
10:44.9	Sarah Roth	Mt. SAC	1990
10:55.5	Wendy Griffith	Upland dual	1988
11:07.3	Lindsey Keough	Intrasquad	2006
11:08.7	Samantha Ganley	Bish Amat	1985
11:09.7	Alexis Kays	Amat Rlys	1992
11:12.89	Elaine Thalman	Cimt Inv	1991
11:16.7	Wendy Krieger	Cimt Inv	1994
11:17.0	Aubrey Merryman	St. Lucy's	1997
11:24.8	Charlie Stoddard	Upland dual	1990
11:28.7	Reena John	Bish Amat Rly	1995
11:36.6	Tara Holmes	Upland dual	1992
11:34.5	Wendy Boland	Rep. of China	1978
11:35.5	Susan Braun	Cimt Invit	1997
11:42.8	Susan Atencio	Cimt Inv	1977
11:43.6	Emily Nee	Intrasquad	2006
11:47.3	Julie Kenworth	Don Lugo dual	1992
11:47.83	Christina Soto	AL dual	2003
11:48.7	Bailey Sanin	Intrasquad	2011
11:49.6	Karen Wurmbbrand	Bishop Amat	1985
11:49.7	Allison Spivack	Intrasquad	2011
11:50.6	Chris Goh	Chaffey	1988
11:50.6	Megan Renken	Intrasquad	2011
11:51.3	Merin Arft	Intrasquad	2011
11:51.6	Julia Cantrell	Intrasquad	2013
11:51.4	Blair Thompson	Glendora dual	1996
11:52.3	Kiana Cavanaugh	Intrasquad	2013
11:53.1	Negar Geula	Bish Amat Rly	1987
11:55.0	Martha Brownlee	Cimt Inv	1976
11:56.7	Robbie Young	A.L.	1981
11:57.1	Alana Shine	Intrasquad	2010
11:57.8	Veronica Fitzpatrick	Upland dual	1999

### Two Mile

10:26.16m	Annie Boos	Arcadia Inv	2017
10:46.21m	Sydney Hwang	CIF Masters	2017
10:54.94m	Jax Heckers	MOC	2017
11:10.30m	Laura Monson	CIF Finals	1991
11:11.30m	Janelle Baeskens	MOC	2017
11:19.17m	Merin Arft	CIF Pre	2011
11:26.35m	Tess Rounds	Ayala dual	2016
11:27.33m	Kiana Cavanaugh	Lg Fin	2014
11:31.11m	Azalea Segura-Mora	Redondo Inv	2017
11:33.8m	Chris Goh	CIF Prelims	1988
11:34.51m	Lindsey Keough	League Finals	2007
11:36.11m	Wendy Griffith	CIF Prelims	1988
11:44.12m	Alex Gushue	Quad	2015
11:45.14m	Allison Spivack	Covina Inv	2011
11:48.46m	Reily McLachlan	Lg Fin	2014
11:49.57m	Wendy Krieger	League Finals	1994
11:51.77m	Gillian Antona	Lg Fin	2014
11:52.34m	Sarah Roth	Lg Finals	1989
11:52.90m	Aubrey Merryman	Lg Finals	1998
11:53.29m	Emily Nee	League Finals	2007
11:53.79m	Frances O'Leary	Bonita dual	2016
11:53.80m	Sarah Ayala	Bonita dual	2016
11:54.95m	Megan Renken	Chino Hills dual	2011
11:59.37	Samantha Ganley	League Finals	1983
11:56.3m	Elaine Thalman	Arcadia	1991
11:58.6m	Alexis Kays	League Finals	1992
11:59.34m	Lindsey Keough	CIF Prelims	2006
12:04.0m	Susan Braun	Arroyo Carn	1999
12:04.47m	Alana Shine	San Gab Vly	2010
12:05.14m	Emma Carter	League Fin	2016
12:05.61m	Lauryn Noeth	Redondo Inv	2017
12:10.31m	Annette Hermelin	quad	2016
12:14.3	Wendy Boland	League Finals	1978
12:10.71m	Danielle Hepperle	League Fin	2012
12:10.9m	Julie Kenworth	Chino dual	1992
12:14.70m	Alana Shine	San Gab Vly	2009
12:14.70m	Kalinda Reynolds	Ayala dual	2016
12:14.71m	Kaylee Jorgensen	Covina Inv	2011
12:16.05m	Haleigh Geurrero	SH/Bonita tri	2017
12:23.2	Dominique Dibbell	Pomona	1980
12:19.18m	Reena John	League Finals	1995
12:19.3m	Dannielle Murrietta	South Hills	2014
12:22.12m	Hannah Chaput	Cougar CI	2015
12:24.76m	Kaitlin Heckers	Redondo Inv	2017
12:25.40	Danielle Carlton	Ayala dual	2016
12:31.8	Susan Atencio	Ganesha	1977
12:29.8m	Blair Thompson	Lg. Finals	1996
12:34.8	Martha Brownlee	Palos Verdes	1977
12:32.36m	Ashley Riggle	Upland dual	2010
12:36.7	Cherry Henry	Palos Verdes	1977
12:35.2m	Kristen Corrette	Chino dual	2000
12:35.34m	Samantha Palafox	Ayala dual	2016
12:39.4m	Bess Markley	Intrasquad	2015
12:40.62m	Christina Soto	Arroyo Carn	2003
12:41.58m	Hannah Zachary	Etiwanda dual	2007
12:41.0m	Alyssa Cantrell	South Hills	2015
12:45.49m	Clare Hwang	Lg Fin	2014
12:45.91m	Charlotte Selters	San Gab Inv	2011
12:46.08m	Taylor Rounds	St. Lucy's dual	2012
12:46.36m	Quinn Alkonis	Upland dual	2010
12:48.19m	Negar Geula	League Finals	1987
12:48.68m	Ali Boos	St. Lucy's dual	2012
12:50.7m	Kyla Morris	Intrasquad	2015
12:51.0m	Annie Gushue	South Hills	2013

12:52.56m	Grace Dorantes	Lg Pre	2017
12:53.12m	Danha Hernandez	Charter Oak	2012
12:58.9	Naomi Quisenberry	Don Lugo	2002
12:54.7m	Jennifer Escudero	League Finals	1992
12:58.09m	Larenn Lozano	Etiwanda dual	2008
<b>100 yards</b>			
11.2	Staci Johnson	League	1976
11.5	Sonya Bowe	Upland	1974
11.7	Muriel Brownell	Eisenhower	1974
12.13	Bridget Gray	Upland	1979
11.9	Margie Erickson	Ont. Christ	1973
11.9	Kathy Ryan	Chino	1974
12.1	Kathy Weatherell	Glendora	1980
12.1	Kris Sorrensen	Upland	1977
12.2	Ann Mabie	Chaffey	1973
12.2	Terri Ryan	Chaffey	1974
12.2	Kelly Robertson	Chaffey	1974
12.2	Teri Murphy	2 times	1976
12.2	Keira Troxell	League Pre	1981
12.2	Michelle Miles	Garey	1979
12.2	Molly Painter	League Pre	1977
12.2	Joanne Mills	Bishop Amat	1986
<b>100 Meter Hurdles</b>			
13.33w	Kori Carter	StateFinals	2010
13.55	Kori Carter	Arcadia Invit	2010
14.66	Ashika Charan	CIF Prelims	2006
15.15	Afia Malone	Clmt Invit	1990
15.25	Lindsey Sommer	CIF Pre	2001
15.3	Nicole Joslin	MSAC Hept	1992
15.58	Katy Cross	League Pre	2000
15.4	Pascale Delaunay	League Finals	1999
15.75	Maddy Keyser	South Hills dual	2012
15.7w	Krista Manis	League Pre	2004
15.95w	Taryn Kelly	League Finals	1997
16.10	Alyssa Cantrell	Diamond Bar dual	2017
15.9w	Adrienne Platts	League Pre	2004
16.16	Shelley Kunasek	St. Lucy's	1997
16.0	Jenny Stary	Natl Pent	1975
16.23	Joanne Mills	Clmt Inv	1986
16.28	Bariley Sanin	Lg Finals	2011
16.37	Ami Goldhammer	JSM Hept	2000
16.2	Sarah Raïke	Upland dual	2005
16.55	Adrienne Platts	Clmt invit	2003
16.61	Kim Volosin	League Fin	2003
16.4	Julie Herrera	MSAC Hept	1992
16.4	Sarah Drallos-Kopecky	League Pre	2004
16.79	Jessica Delaunay	Los Osos dual	2003
16.88	Jennie McDonald	Clmt Invit	1990
17.01	Alicia Ingalls	League Fin	2001
17.08w	Olivia Thomas	League Fin	2016
16.8	Tiffany Bixby	League Finals	1999
17.11w	Daniela Lemus	Lg Fin	2017
17.16	Sarah Raïke	Quad	2005
17.21w	Emily Spivack	Bonita	2015
17.29	Hayley Tyler	League Pre	2002
17.30	Emily Spivack	Lg Fin	2014
17.32	Olivia Thomas	Lg Pre	2017
17.33	Kelsey Johnson	Lg Finals	2013
17.38	Alexa Tisopulos	Ayala dual	2015
17.43	Caroline Shijder	League Fin	2008
17.44	Katie Harrington	Claremont inv	1997
17.46w	Callie Morken	Diamond Bar	2016
17.50w	Laura Chase	League Fin	2009
17.51w	Isatu N'Oaiye	Lg Fin	2017

17.58	Madeline Lewis	Rancho dual	2003
17.60	Isatu N'Oaiye	Glendora dual	2017
17.61	Callie Morken	Glendora dual	2017
17.62	Alison Ede	Clmt Invit	1998
17.4	Kjersti Onderdonk	MSAC Hept	1992
17.74w	Kieu Do	Lg Fin	2017
17.88	Lyling Irwin	quad	2016
17.92	Mandi Niswander	Clmt Inv	1993
17.95	Vallery Delaunay	CI Pent	2002
17.99	Daniela Lemus	Lg Pre	2017
18.08	Julia Cantrell	Ayala dual	2015
18.11	Kim Serna	Cougar Classic	2015
17.9	Abbie Erler	Glendora dual	1994
17.9	Kim Chen	Charter Oak	2011
<b>30" hurdles</b>			
13.26L	Kori Carter	Wid.Yth. final	2009
14.81L	Afia Malone	League Pre	1991
15.05L	Kristin Sorrensen	UCLA	1977
15.11L	Kori Carter	Royal Inv	2007
15.13L	Nicole Joslin	CIF Finals	1992
15.39L	Lisa Rands	League Finals	1991
15.53L	Jennie McDonald	League Finals	1990
15.74L	Zanett Stephens	League Pre	1987
15.85L	Keira Troxell	League Finals	1982
15.97L	Julie Herrera	League Finals	1992
15.99L	Joanne Mills	League Pre	1986
15.8 L	Tracie Greathouse	League Pre	1981
16.0L	Marla Law	League	1985
16.31L	Rhonda Jones	League Pre	1986
16.3 L	Cherry Henry	Upland/Chino	1978
16.46L	Jennifer Peters	League	1986
<b>High Jump</b>			
5'6"	Ashika Charan	Nicholson Rlys	2006
5'5"	Pascale Delaunay	Upland dual	2000
5'4"	Beth Fossum	UCLA	1976
5'4"	Kris Sorrensen	Santa Ana Coll	1977
5'3"	Tish Agos	CIF Prelims	1981
5'3"	Abby Holt	2 times	2017
5'2-1/2"	Jenny Stary	League	1975
5'2-1/4"	Shelley Kunasek	St.Lucy's dual	1996
5'2"	Martha Brownlee	3 times	1976-77
5'2"	Kori Carter	Upland dual	2007
5'1-1/4"	Wendy Griffith	Ventura Rlys	1988
5'0-1/2"	Nicole Joslin	Ventura Rlys	1992
5'0-1/2"	Vallery Delaunay	Don Lugo	2002
5'0"	Samantha Ganley	League	1983 & 1985
5'0"	Keira Troxell	Ventura	1981
5'0"	Penny Miller	Montclair	1978
5'0"	Karen Hodges	Upland	1978
5'0"	Michele Domico	Alta Loma	1989
5'0"	Afia Malone	3 times	1989-91
5'0"	Alison Johnston	Royal Rlys	1999
5'0"	Hayley Tyler	Walnut dual	2001
5'0"	Jessica Delaunay	2 times	2001-04
5'0"	Sarah Drallos-Kopecky	2 times	2004
5'0"	Shannon Kelly	Upland dual	2005
<b>Pole Vault</b>			
11'0"	Leah Horowitz	CIF Finals	2001
10'9"	Katja Whitham	CIFPre	2010
10'0"	Mallory Nordblad	CIF Finals	2006
10'0"	Kelsey Johnson	Ayala dual	2013
10'0"	Lyling Irwin	Lg Fin	2017
9'9"	Juliana Mittino	Walnut dual	1999
9'7"	Laura Chase	Upland dual	2009

9'6"	Abby Holt	Diamond Bar dual	2017
9'4"	Emily Mitescu	CIF Prelims	1999
9'3"	Callie Morten	Diamond Bar dual	2017
9'2"	Clare Donahue	Etiwanda dual	2007
9'0"	Sarah Drallos-Kopeccky	Lg Fin	2004
8'6"	Mariah Gray	3 times	2000-02
8'6"	Emiliy Primack	Upland dual	2005
8'6"	Shannon Kelly	Upland dual	2005
8'6"	Rachel Wieczorek	3 times	2006
8'6"	Maureen Murphy	St. Lucy's	2013
8'6"	Natalie Cleer	Lg Fin	2014
8'6"	Natalie Nguyen	Nicholson Rlys	2015
8'4"	Leslie Seder	San Gabriel Inv	2011
8'0-1/4"	Stephanie Collins	Cimt Invit	2000
8'0-1/4"	Valarie Shather	Cimt Invit	2000
8'0-1/4"	Ari Schuster	Cimt Invit	2001
8'0"	Sarah Hembree	Upland dual	1996
8'0"	Kelly Harrington	2 times	98-99
8'0"	Antonia Napoli	Lg Prelims	1999
8'0"	Annabelle Casanova	Upland dual	2002
8'0"	Anne Eagleton	Lg Finals	2006
8'0"	Katja Whitham	Rancho dual	2008
8'0"	Kim Chen	2 times	2012
8'0"	Emily Spivack	Ayala dual	2015
7'11"	Rachel Wieczorek	Los Osos dual	2005
7'6"	Gaby Liera	King Invit	2005
7'6"	Louisa Meury	King Invit	2005
7'6"	Jory Lerback	3 times	2008
7'6"	Maran Townzen	St. Lucy's dual	2011
7'6"	Taylor Jarvis	Intrasquad	2012
7'6"	Maren Townzen	2 times	2012
7'6"	Emily Spivack	3 times	2012-14
7'1"	Gina Gilmartin	Upland dual	2010
7'0"	Paige Franzen	Intrasquad	1999
7'0"	Antonia Napoli	Upland dual	1999
7'0"	Shanti Harris	5 times	2003
7'0"	Valarie Bentson	Upland dual	2005
7'0"	Zara Hann	Etiwanda dual	2006
7'0"	JoAndrea Napoli	Lg Finals	2006-07
7'0"	Clarissa Thorne	2 times	2008
7'0"	Jordan Loguidici	2 times	2008
7'0"	Leslie Seder	San Gab Vly	2009
7'0"	Sarah Bratman	St. Lucy's	2013
7'0"	Lyndi Caudle	3 times	2016
6'9"	Ashlee Hanson	Upland dual	2007
6'7"	Diana Schein	Upland dual	2010
6'7"	Katie Black	Upland dual	2010
6'6-3/4"	Michelle Jackson	Cimt Invit	2003
6'6-3/4"	Ashlee Hanson	Cimt Invit	2007
6'6"	Sara Sorouri	2 times	1996
6'6"	Michelle Morales	St. Lucy's	1996
6'6"	Kristin Ito	Don Lugo dual	1998
6'6"	Sharon Liang	Don Lugo dual	1995
6'6"	Courtney Bixby	Don Lugo dual	1998
6'6"	Eren Diaz	2 times	2001
6'6"	Courtney Creley	3 times	2002-03
6'6"	Angie Kelly	Alta Loma dual	2003
6'6"	Sophie Lehman	2 times	2003
6'6"	Chelsea Komuro	Los Osos dual	2003
6'6"	Jennifer Davis	Etiwanda dual	2004
6'6"	Anne Eagleton	Intrasquad	2006
6'6"	Diana Schein	Lg Finals	2011
6'6"	Nancy Mercado	South Hills	2014

### 300 Meter Hurdles

40.44	Kori Carter	Statel Finals	2010
43.12	Ashika Charan	CIF Finals	2005
45.73	Katy Cross	CIF Prelims	2000
46.27	Lindsey Sommer	League Finals	2000
46.30	Marla Law	CIF Finals	1985
46.84	Jennifer Peters	League Finals	1986
46.84	Paige Sommer	League Finals	1992
46.84	Alyssa Cantrell	Lg Fin	2016
47.03	Kjersti Onderdonk	League Finals	1992
47.37	Keira Troxell	Cimt Invit	1981
47.96	Jennie McDonald	League Finals	1989
47.96	Afia Malone	League Finals	1990
47.9	Abbie Erler	Chino dual	1995
48.1	Kim Volosin	League Finals	2001
48.1	Krista Manis	Upland dual	2005
48.4	Sarah Raike	Upland dual	2005
48.59	Emily Spivack	LgFin	2014
48.65	Julia Cantrell	Chino Hills	2014
48.66	Bailey Sanin	San Gab Vly	2010
48.83	Shelley Kunasek	CIF Prelims	1997
49.1y	Veronica Escoffery	Chaffey dual	1985
48.9	Taryn Kelly	Don Lugo dual	1997
49.03	Kjersti Onderdonk	Etiwanda dual	1992
49.49	Jenna Lederhaus	Los Osos dual	2003
49.75	Laura Chase	Lg Pre	2009
49.9	Sirima Sataman	Louisville dual	1983
50.2	Leandra Escobar	Chino Hills dual	2012
50.44	Lisa Rands	League Pre	1990
50.49	Megan Huie	League Pre	1997
50.3	Rachel Landers	Rio Mesa	1998
51.19	Isatu N'Oiaye	Lg Pre	2017
51.21	Janis Baugus	League Pre	1987
51.27	Olivia Thomas	Lg Pre	2016
51.64	Natalia Lopez	Quad	2015
51.69	Maddy Keyser	Tri Meet	2010
51.74	Leslie Seder	League Fin	2008
51.83	Gabrielle Alexander	San Gab Vly	2009

### Long Jump

19'11-1/2"	Ashika Charan	Lg Prelims	2006
19'7-1/2"	Kristin Holmes	Mt. SAC	2005
18'6-1/4"	Pascale Delaunay	AL/Ont tri	1999
18'4"	Lisa Domico	Arcadia	1993
17'8"	Kris Sorrensen	Pacifica dual	1978
17'6"	Briamna Holmes	CIF Pre	2011
17'4-1/2"	Nicole Joslin	Cimt Inv	1992
17'4-1/2"	Jessica Delaunay	Los Osos dual	2004
17'3-1/4"	Jenny Stary	Chaffey dual	1975
17'2"	Afia Malone	Glendora dual	1989
17'2"	Hazel Wong	CIF Prelims	2001
17'1"	Kori Carter	Upland dual	2007
17'0-1/2"	Lisa Rands	League Finals	1991
17'0-1/2"	Jessica Delaunay	Rancho dual	2003
16'11-1/2"	Taryn Kelly	Cimt Pent	1997
16'9-1/4"	Connie Gallagher	Cimt Inv	1983
16'9"	Michele Domico	League Finals	1990
16'8-3/4"	Vallery Delaunay	League Finals	2002
16'8-1/4"	Danielle Allen	Glendora dual	1989
16'7-1/4"	Renee Walker	League Finals	1980
16'6-3/4"	Katy Cross	Upland dual	2000
16'6"	Michele Domico	Glendora	1990
16'4"	Shelley Kunasek	Cimt Pent	1997

16'4"	Khadija Imara	Lg Pre	2013
16'3-3/4"	Maddy Keyser	Chino Hills dual	2012
16'3-1/2"	Rinecia Jackson	Chino Hills dual	2012
16'3-1/4"	Kjersti Onderdonk	Ventura Rlys	1994
16'2-1/2"	Laura Evans	Intrasquad	1981
16'1-1/4"	Veronica Escoffery	Clark Invit	1986
16'0-3/4"	Ami Goldhammer	Climt Pent	2000
16'0"	Toy Davis	Pomona	1988

#### Shot Put(\*=8# shot)

40'2-3/4"	Alison Johnston	Masters Meet	1999
37'7-3/4"	Elizabeth Judkins	Chino dual	1992
37'3"	Drew Williams	Lg Fin	2014
36'9"	Noel Wright	League Fin	2009
36'4-1/2"	Aundree Norwood	Glendora dual	1982
37'8-1/4**	Kathy Orozco	Chino Rlys	1976
36'0"	Raegan Henderson	St. Lucy' dual	2012
35'8"	Veronica Norwood	League	1987
35'7-1/2"	Nicole Lindblom	Lg Finasl	2006
35'6-1/2"	Katherine Judkins	Tustin Rlys	1994
35'6"	Ami Goldhammer	JSM Hept	2000
34'9-3/4"	Stephanie Ojukwu	Alta Loma dual	2004
34'8-1/2"	Katie La'Veaux	Etiwanda dual	2010
34'5-3/4"	Carla VanRosmalen	Chino dual	1990
34'5"	Amber Williams	Los Osos dual	2007
34'4-1/2"	Aubrey Fry	Lg Pre	2011
34'3-1/4"	Amanda Gish	Lg Finals	1998
34'2-3/4"	Kathy Orozco	Climt Invit	1976
33'4-1/2"	Jaimie Lawson	Upland dual	2003
33'2-1/2"	Morgan Henderson	League Pre	2008
33'2-1/4"	Ashika Charan	Cl Pent	2006
33'1"	Dana Pateau	Don Lugo dual	2001
32'11"	Stephanie Vaughn	Pomona	1983
32'9"	Kara Douglas	League Finals	2002
32'8"	Kashawnia Thomas	Lg Finals	2011
32'7"	Joann Pedroni	Climt Invit	1976
32'6-1/4"	Nicole Lindblom	AL/RC tri	2006
32'4-1/4"	Tischel Diaz	Lg Finals	1998
32'1-1/2"	Rhonda Jones	Chino Rlys	1986
32'1"		Sparta Relays	2014
31'10-1/2"	Kim Harris	Upland dual	1992
33'6-1/2**	Jenny Stary	Royal	1975
31'5-1/2"	Peri Lawler	Cal Rlys	2014
31'4-1/2"	Melissa Hamill	Glendora	1986
31'4"	Nancy Lee	W. Covina Inv	1996
31'4"	Nicole Lindblom	King Classic	2006
31'2"	Ana Adongo	Los Osos dual	2003
31'1"	Tawnya Keedy	Pomona	1983
31'1"	Jennifer Cummings	Don Lugo dual	1998
31'1-1/2"	Natalie Cleere	Lg Pre	2014

#### Discus Throw

128'0"	Alison Johnston	Tustin Rlys	2000
124'1"	Reagan Henderson	Mt. SAC Relays	2012
121'11"	Nori Wright	Lg Pre	2009
118'8"	Carla VanRosmalen	St. Lucy's	1991
116'1"	Leilani DeLaVega	League Pre	2008
114'10"	Amanda Gish	Lg Prelims	1998
112'5"	Aundree Norwood	League Finals	1982
111'4"	Julie Presley	Chino dual	1995
108'7"	Drew Williams	CIF Prelims	2014
106'5"	Nzinga Koné	League Finals	1992
105'10"	Melissa Hamill	Upland dual	1987
105'3"	Kashawnia Thomas	Lg Finals	2011
104'7"	Nicole Lindblom	Etiwanda dual	2007

104'6"	Bailey Fuimoaono	Lg Pre	2014
103'4"	Katie La'Veaux	Upland dual	2010
103'1"	Stephanie Vaughn	Don Lugo	1983
101'10"	Julie Boland	Leafue Finals	2002
101'8"	Karen Kunce	League Finals	1995
101'3"	Naomi Mezey	Don Lugo	1983
100'5"	Morgan Henderson	Los Osos dual	2008
100'4"	Liz Judkins	St. Lucy's	1992
100'2"	Karina Casillas	League Pre	1991
99'10"	Lora Hicks	League Finals	2003

#### Triple Jump

41'10"	Ashika Charan	Simplot Games	2006
41'9-1/2"	Ashika Charan	Lg Prelims	2006
38'11"	Jessica Delaunay	CIF Finals	2004
37'9"	Lisa Domico	CIF Prelims	1994
37'7-1/4"	Pascale Delaunay	CIF Finals	1999
37'3"	Rinecia Jackson	Nicholson Rlys	2011
37'0-1/4"	Vallery Delaunay	League Finals	2002
36'11"w	Rhonda Jones	Clark Invit	1986
36'10-1/2"	Nicole Joslin	St. Lucy's dual	1992
36'10"	Karmen Furr	CIF Finals	1995
36'10"	Maya Avant	CIF Prelims	2007
36'6-1/4"	Danielle Allen	League Finals	1989
36'3"	Lindsey Sommer	League Pre	2001
35'7"	Shelley Kunasek	Glendora dual	1997
35'4-1/4"	Connie Gallagher	CIF Finals	1982
35'1"	Afia Malone	Don Lugo dual	1989
35'1"	Katy Cross	Lg Finals	1998
34'5-1/2"	Kate DesCombes	Lg Pre	2012
34'0"	Charity Croombs	Losl Osos dual	2008
33'9"	Khadija Imara	Charter Oak	2013
33'9"	Becky Graham	St. Lucy's	2014
33'7-1/2"w	Na Shawn Smith	Clark Invit	1986
33'6-1/4"	Laura Evans	League Finals	1982
33'4"	Sarah Drallos-Kopecky	Climt Invit	2002
33'2-1/2"	Marsha Ibarñez	Glendora dual	1997
33'0-1/2"	Adrienne Platts	League Pre	2004
33'0-1/2"	Clare Donahue	Lg Prelims	2006
32'10-1/4"	Kjersti Onderdonk	Glendora dual	1993
32'8-3/4"	Valerie Escoffery	League Finals	1988
32'8-3/4"	Shagala Mack	League Finals	1990
32'6-3/4"	Chevella Tennison	Amat Rlys	1985
32'6-1/2"	Adrienne Platts	League Pre	2003
32'6"	Robyn Reeder	Upland dual	2009
32'6"	Elizabeth Yoon	Etiwanda dual	2010
32'5"	Larissa Cursaro	Diamond Bar dual	2017
32'4-1/2"	Anouki Karu	League Pre	1997
32'4"	Ellen Frankel	Tustin Relays	1992
32'3-3/4"	Zara Hann	AL/RC duals	2006
32'3-1/2"	Jenna Lederhaus	League Pre	2003
32'1-1/2"	Mandi Niswander	Glendora dual	1993
32'1-1/2"	Karen Chen	Glendora dual	1994
31'11-1/2"	Debbie Valentine	Claremont Inv	1984
31'11"	Chyna Lum	Charter Oak	2014
31'10-1/2"	Brooke Young	Claremont inv	2006
31'9"	Lyling Irwin	Glendora	2016
31'7-3/4"	Christy Cappeto	League Pre	1990
31'6-1/2"	Shannon Kelly	Upland dual	2005
31'6-1/2"	Jessica McMillan	Charter Oak	2011
31'5"	Tawnya Keedy	A.L.	1983
31'4"	Clare Donahue	Quad	2005
31'2-3/4"	Val Brenneis	Climt Invit	1991
31'2"	Julia Cantrell	Glendora dual	2015
31'2"	Abby Holt	Glendora dual	2017

31'-1-1/2"	Whitney Nonnette	Don Lugo dual	2001
31'1"	Carol Waring	Ventura	1984
30'10"	Melissa Cerrillos	Bonita	2015
30'9-1/2"	Dale Ganley	Upland	1984
30'9"	Jennie McDonald	Glendora dual	1989
30'8-1/2"w	Aurora Balagas	San Gabriel Inv	2011
30'8"	Maddy Seder	Lg Pre	2012
30'5"	Angie Kelly	Los Osos dual	2003
30'5"	Quinn Alkonis	Upland dual	2009
30'4"	Maureen Murphy	Lg Pre	2013
30'3"	Melissa Cerrillos	Ayala dual	2015



**400 Relay**

48.35	Holmes-Charan-Simon-Manis	CIF Finals	2005
48.73	Holmes-Moore-Nonnette-Manis	CIF Prelims	2003
48.77	McCormack-Imara-Chen-Brown	Ayala	2012
<b>48.89</b>	<b>Cantrell-Robinson-KTisopulos-Lopez</b>	<b>South Hills</b>	<b>2016</b>
48.96	Carter-Richardson-Avant-Baldwin	CIF Prelims	2007
49.27	Brown-Holmes-Chen-McCormack	Lg Finals	2011
49.56	Wong-Persons-Carter-Nonnette	CIF finals	2001
49.65	McCormack-Chen-Jackson-Brown	Calif Rlys	2012
49.6	Chen-Jackson-Brown-Imara	Chino Hills	2012
<b>49.92</b>	<b>ACantrell-Duquette-Lopez-KTisopulos</b>	<b>Bonita</b>	<b>2015</b>
50.14	Wong-Persons-Delaunay-Goldhammer	CIF Pre	1999
50.16	Dumar-Carter-Avant-Baldwin	Nicholson Rlys	2008
50.16	Ursua-Graham-Chen-Brown	St. Lucy's	2013
50.31	Gaskins-Imara-Chen-Brown	CIF Pre	2012
50.2	Wong-Persons-Leier-Goldhammer	Lg Finals	1999
50.2	Brown-Jackson-Imara-McCormack	Tri	2011
<b>50.37</b>	<b>Cantrell-Robinson-Bliss-Chapman</b>	<b>Lg Fin</b>	<b>2017</b>
50.39	Brown-Sanin-Johnson-Keyser	CIFPre	2010
50.42	Brown-McCormack-Chen-Imara	Ayala dual	2011
50.46	Duquette-Graham-Spivack-Soto	Lg Fin	2014
50.54	Onderdonk-L.Domico-Nelson-Furr		1994
50.56	Brown-Sanin-Keyser-Jackson	Lg Finals	2010
50.60	Holmes-Avant-Simon-Baldwin	Arcadia	2005
50.62	Holmes-C.Lopez-Simon-Manis	Etiwanda dual	2005
50.62	Carter-Avant-Croomes-Baldwin	AL dual	2008
50.5	Holmes-Moore-Nonnette-Volosin	Covina Inv	2003
50.5	Holmes-Moore-Nonnette-Brown	Etiwanda dual	2003
50.64	Delaunay-Persons-Wong-Goldhammer	Lg Finals	1998
50.65	Brown-Jackson-Chen-McCormack	Chino Hills	2011
50.70		SG Champs	2012
50.74	Holmes-Moore-Brown-Nonnette	AL dual	2003
50.79	Ursua-Imara-Chen-Brown	Lg Finals	2012
50.7	Holmes-Moore-Lawson-Brown	Walnut	2002
50.8	Clement-Leier-Adelson-Goldhammer	Cimt Inv	1997
50.8	Persons-Delaunay-Lawson-Goldhammer	League Fin	2000
<b>50.91</b>	<b>Hughes-Chapman-Stradley-Liemus</b>	<b>South Hills</b>	<b>2016</b>
50.95	M. Domico-Mack-Roberts-Andrews		1989
50.96	Delaunay-Persons-Wong-Goldhammer	MSAC	1998
<b>50.96</b>	<b>Cantrell-Robinson-Bliss-Chapman</b>	<b>Diamond Bar</b>	<b>2017</b>
50.97	Persons-Goldhammer-L.Sommer-Cross	Cimt inv	2000
<b>50.97</b>	<b>Cantrell-Robinson-Lawler-Lopez</b>	<b>Cal Rlys</b>	<b>2016</b>
51.09	M. Domico-Weber-Roberts-Escoffery		1988
51.11		Etiwanda dual	2007
51.15	Dumar-McMillen-Avant-Baldwin	Los Osos dual	2008
51.20	Baldwin-Carter-E.Olowo-C.Olowo	Royal Inv	2008
51.20	Brown-Gaskins-Ursua-E.Spivack	Chino Hills	2013
51.20		Mt. SAC Rlys	2013
<b>51.22</b>	<b>Cantrell-Robinson-Bliss-Chapman</b>	<b>SH/Bonita tri</b>	<b>2017</b>
51.23	Conway-Mills-Smith-Erb		1986
51.23	Richardson-Avant-Croomes-Baldwin	Covina invite	2007
51.1	Clement-Pride-Adelson-Goldhammer	Don Lugo	1997
51.1	Holmes-Baldwin-Simon-Manis	2 times	2005
51.3y	T.Ryan-Bowe-K.Ryan-Brownell		1974
51.30	Brown-Gaskins-Ursua-E.Spivack	Nicholson Rlys	2013
51.30	Graham-Brown-Gaskins-Cerrillos	Lg Finals	2013
51.34	M. Domico-Escoffery-Erb-Weber		1987
<b>51.39</b>	<b>Hughes-Robinson-KTisopulos-Lopez</b>	<b>quad</b>	<b>2016</b>
51.40	Brown-Sanin-Jackson-Keyser	Upland dual	2010
51.44	Brown-Chen-Imara-Jackson	Nicholson Rlys	2011
51.4y	Murphy-Fossum-Stanley-Johnson		1976
51.54	Lander-Avant-Baldwin-Croomes	Claremont Inv	2006
51.54	Ursua-Cerillos-Graham-E.Spivack	Charter Oak	2012
51.55	Holmes-Moore-Lawson-Volosin	Covina Inv	2002

<b>51.57</b>	<b>Cantrell-Robinson-Smadi-Chapman</b>	<b>Tri meet</b>	<b>2017</b>
51.60	Brown-Sanin-Jackson-Keyser	MSAC	2010
51.62	Chen-Ursua-Gaskins-Jackson	Nicholson Rlys	2012
51.5	L.Domico-Herrera-Rands-Onderdonk		1991
51.5	Ursua-Cerillos-Graham-E.Spivack	Chino Hills	2012
51.66	Onderdonk-L.Domico-Brown-Furr		1994
51.66	Holmes-Charan-Simon-Brown	Arcadia Invit	2004
51.67	Onderdonk-L.Domico-Brown-Nelson		1993
51.68	Lander-Avant-Baldwin-Bryant	Etiwanda dual	2006
51.72	Dumar-Croombs-McMillen-Baldwin	Upland dual	2008
51.6	Conway-Mills-Smith-Escoffery		1986
51.76	Sanin-Bustos-Brown-Keyser	Tri Meet	2010
51.79	Lander-Avant-Baldwin-Croomes	Lg Finals	2006
51.81	Clement-Leier-Adelson-Erler		1996
<b>51.81</b>		<b>Amat Rlys</b>	<b>2016</b>
51.81	Gaskins-Imara-Ursua-Brown	Calif Rlys	2013
51.82	Rands-Brown-Onderdonk-Dawsey		1992
51.84	Sanin-Brown-McMillan-Keyser	Etiwanda dual	2010
51.86	Cross-Delaunay-L.Sommer-Goldhammer	Covina Inv	2000
51.92	Clement-Delaunay-Persons-Goldhammer	Alta Loma	1998
51.92	T.Jackson-DeLaCruz-Chen-McCormack	South Hills	2011
51.7	M.Domico-Mack-Roberts-Malone		1989
51.7	M.Domico-Mack-PSommer-Malone		1990
51.95	Cerrillos-Duquette-E.Spivack-Tyus	Calif Rlys	2013
<b>51.96</b>	<b>Cantrell-Smadi-Lemus-Chapman</b>	<b>Cal Relays</b>	<b>2017</b>
51.99	Clement-Pride-Adelson-Leier	Upland dual	1997
51.8	Graham-Brown-Gaskins-Cerillos	Ayala dual	2013
51.9	Richardson-Avant-Coombs-Baldwin	Nicholson Rlys	2007
52.03	Dumar-Carter-Wilson-Keyser	Nicholson Rlys	2009
52.04	Mitchell-Good-Alvarez-Cardenas	Charter Oak	2012
<b>52.06</b>	<b>Soto-ACantrell-Lopez-Spivack</b>	<b>Nicholson Rlys</b>	<b>2015</b>
<b>52.16</b>	<b>Duquette-ACantrell-Lopez-Spivack</b>	<b>Quad</b>	<b>2015</b>
52.16	Onderdonk-L.Domico-Brown-Nelson		1993
52.20	Clement-Blount-Adelson-Erler		1996
52.23	Gallagher-Law-Foreman-Avant		1983
52.3y	T.Ryan-K.Ryan-Kutyla-Johnson		1975
52.3y	McBride-Weatherell-Miles-Gray		1979
52.0	Wong-Persons-Nasiali-Goldhammer	AL/Ont tri	1999
52.1	L.Domico-Herrera-Frazier-Onderdonk		1992
52.1	Pride-Fernlund-Stelzner-Goldhammer	Mile High Inv	1997
52.19	EversEverett-Charan-Simon-Manis	Gordon Stwrd	2004
52.33	Onderdonk-L.Domico-Brown-Nelson		1993
52.2	Carter-Nonnette-DrallosKopecky-Moore	Gordon Stwrd	2001
52.35	M.Domico-Malone-Roberts-Escoffery		1989
<b>52.35</b>	<b>Soto-KTisopulos-Tran-Hassler</b>	<b>Ayala dual</b>	<b>2015</b>
<b>52.38</b>		<b>Chino Hills</b>	<b>2014</b>
52.56y	Wyatt-Osborne-Johnson-Avant		1984
<b>52.40</b>	<b>Duquette-ACantrell-Lopez-Spivack</b>	<b>Coiugar Cl</b>	<b>2015</b>
<b>52.41`</b>	<b>Hughes-Chapman-Rogers-Lemus</b>	<b>Cal Rlys</b>	<b>2016</b>
52.42		SG Champs	2012
52.49	Douglas-Volosin-Lawson-Brown	Cimt Invit	2002
52.50	Onderdonk-L.Domico-Brown-Nelson		1993
52.51	Richardson-Avant-Coombs-Baldwin	Upland dual	2007
52.52	Nelson-Rogers-Adelson-Furr		1995
52.53	Wilson -Croombs-E.Olowo-Baldwin	CA Relays	2008
52.54	H.Wong-Persons-Carter-Lawson	Royal Rlys	2001
52.61	M.Domico-Escoffery-Stephens-Weber		1987
52.4	Nasiali-Persons-Wong-Goldhammer	Royal Rlys	1999
52.64	Devine-Lawson-Harrison-Davis	Cimt Invit	2000
52.72		Cal Rlys	2014
52.5	L.Domico-Herrera-Rands-Malone		1991
<b>Mile Relay</b>			
3:52.85m	Brown-Chen-Sanin-McCormack	CIF Finals	2011

3:57.46m	Carter-Lozano-E.Olowo-Baldwin	CIF Pre	2008	4:11.72m	Erler-Nelson-Furr-Adelson	League	1995
3:57.46m	Chen-Sanin-Brown-Carter	LgFin	2010	4:11.75m	Erler-Nelson-Hubbard-Adelson	CIF Pre	1995
3:57.52m	<b>Morris-Boos-K.Tisopulos-Robinson</b>	<b>CIF Pre</b>	<b>2016</b>	4:11.88m	Nonnette-J.Lederhaus-Moore-KiVolosin	Cimt Inv	2001
3:57.82m	<b>Robinson-K.Tisopulos-Boos-Duquette</b>	<b>CIF Fin</b>	<b>2015</b>	4:11.92m	Ursua-Boos-Cerrillos-Tyus	St. Lucy's	2014
3:58.13m	ESpivack-Chen-Sanin-McCormack	Arcadia	2012	4:11.95m	Moore-Persons-Wong-L.Sommer	MSAC Rlys	2001
3:59.04m	E.Olowo-Sagun-Carter-Baldwin	Mt. SAC Rlys	2007	4:12.00m	Onderdonk-Brown-Nelson-P.Sommer	League	1993
3:59.09m		San Gab Inv	2011	4:12.1m	Persons-Delaunay-L.Sommer-Goldhammer	Tustin	1998
3:59.32m		<b>Lg Fin</b>	<b>2016</b>	4:12.5m	Persons-Delaunay-Leier-Goldhammer	Arroyo	1999
3:59.90m	Lopez- <b>Robinson-K.Tisopulos-Boos</b>	<b>Glendora</b>	<b>2016</b>	4:12.5m		Nicholson Rlys	2007
4:00.44m	Nonnette-Moore-Lederhaus-Delaunay	League Finals	2003	4:12.31m	Cross-L.Sommer-Wong-Persons	Cimt Invt	1998
4:00.72m	Nonnette-Lawson-Lederhaus-Moore	CIF Finals	2002	4:12.31m	Cantrell-Duquette-Cerrillos-Sanin	Lg Finals	2013
4:00.91m	Avant-Lozano-Carter-Baldwin	CIF Prelims	2007	4:12.41m	E.Olowu-Baldwin-C.Olowu-Sagun	Rancho dual	2008
4:01.11m		SG Champs	2012	4:12.7m	Goldhammer-Adelson-Leier-Ibanez	Arroyo Inv	1997
4:01.3m	E.Olowo-Baldwin-Carter-Atkins	Nicholson Rlys	2008	4:12.65m	E.Olowo-Sagun-Lozano-Baldwin	Upland dual	2007
4:01.33m	E.Spivack-Chen-Imara-Sanin	CIF Pre	2012	4:12.88m	Nelson-Erler-Haas-Onderdonk	Trabuco In	1994
4:01.48m	Sanin-Chen-Keyser-Carter	Upland dual	2010	4:12.91m	E. Olowo-Lozano-Avant-Croomes	Etiwanda dual	2007
4:01.64m	Carter-Sagun-E.Olowo-Baldwin	League Fin	2008	4:12.94m	Nonnette-Lederhaus-Manis-Moore	AL dual	2003
4:02.13m	Delaunay-Holmes-Manis-Charan	CIF Prelims	2004	4:12.99m	Escoffery-Peters-Allen-Johnson	Cimt Inv	1986
4:02.65m	Delaunay-Persons-Wong-Goldhammer	CIF Pre	1998	4:12.9m	Goldhammer-Adelson-Huie-Clement	Tustin Rlys	1997
4:03.87m	Holmes-JDelaunay-JLederhaus-Moore	CIF Finals	2003	4:14.1	LSommer-Cross-Geiger-Wong	Chino dual	2000
4:03.8m	Onderdonk-Herrera-T.Brown-P.Sommer	League	1992	4:13.16m	Persons-Wong-JLederhaus-L.Sommer	League Fin	2000
4:04.47m	Chen-Holmes-Escobar-Sanin	Arcadia	2011	4:13.30m	Keyser-Sanin-McMillan-Smith	Calif Rlys	2010
4:04.52m	E.Olowu-Avant-Lozano-Baldwin	League Finals	2007	4:13.34m	Holmes-Manis-Delaunay-Charan	Lg Fin	2004
4:04.73m	Nonnette-i.Lederhaus-Delaunay-Moore	Covina Inv	2003	4:14.4	Clement-Fernlund-Adelson-Ibanez	Upland dual	1997
4:05.08m	Clement-Adelson-Fernlund-Goldhammer	Cimt Invt	1997	4:13.5m	Chen-Hepperle-Whitham-Sanin	Rancho dual	2010
4:05.43m	Wong-Light-Persons-Goldhammer	CIF Prelims	1999	4:13.48m	JCantrell-Robinson-Boos-Duquette	Ayala dual	2015
4:05.44m	Clement-Adelson-Fernlund-Goldhammer	CIF Pre	1997	4:13.81m	McDonald-Makunga-Domico-Malone	Lg Fin	1989
4:05.45m	Lopez- <b>Robinson-Cantrell-Morris</b>	<b>Ayala dual</b>	<b>2016</b>	4:13.87m	Cantrell-Duquette-Cerillos-Jorgensen	Mt. SACRlys	2013
4:05.51m	Boos-Cantrell-Duquette-Cerrillos	<b>Lg Fin</b>	<b>2014</b>	4:13.90m	E.Olowo-Lozano-Coombs-Baldwin	Rancho dual	2007
4:05.54m	Escoffery-Peters-Johnson-Mills	CIF Finals	1986	4:13.98m	Persons-Wong-Goldhammer-L.Sommer	CIF Prelims	2000
4:05.66m	Moore-Delaunay-Holmes-Lederhaus	MSAC Rlys	2003	4:13.9m	Onderdonk-Brown-Nelson-P.Sommer	Arcadia	1993
4:05.72m	L.Sommer-Persons-H.Wong-KiVolosin	Arcadia	2001	4:15.1	Troxell-Peterson-Havens-Weatherell	Chaffey	1980
4:05.78m	Brown-McCormack-Escobar-Sanin	Calif Rlys	2011	4:15.1	Goldhammer-Adelson-Leier-Fernlund	St. Lucy's	1997
4:05.94m	<b>Robinson-Boos-Hwang-Morris</b>	<b>Tri Meet</b>	<b>2017</b>	4:14.06m	Moore-Lawson-Lederhaus-Volosin	Covina Inv	2002
4:06.24m	Carter-E.Olowo-Sagun-Baldwin	Covina Invt	2007	4:14.08m	Rands-Herrera-McDonald-Malone	Lg Fin	1990
4:07.07m	Lozano-Avant-Coombs-Baldwin	CIF Finals	2007	4:14.08m	Onderdonk-Brown-Erler-P.Sommer	Amat Rlys	1993
4:07.15m	E.Olowo-Wilson-Atkins-Baldwin	Upland dual	2008	4:14.23m	Brown-Chen-Holmes-Escobar	Nicholson Rlys	2011
4:07.17m	Delaunay-Light-Persons-Goldhammer	MSAC	1998	4:14.36m	Erler-Furr-Harris-Adelson	Mt. SAC Rlys	1995
4:07.17m	E.Olowo-Sagun-Dumar-Baldwin	Etiwanda dual	2008	4:14.44m	<b>Robinson-Cantrell-Bliss-Morris</b>	<b>Glendora dual</b>	<b>2017</b>
4:07.17m	Lopez- <b>Robinson-K.Tisopulos-Morris</b>	<b>Bonita dual</b>	<b>2016</b>	4:14.53m	Lopez- <b>Morris-ACantrell-Cerrillos</b>	<b>MSAC</b>	<b>2015</b>
4:07.23m	McMillan-Keyser-Sanin-Carter	Spartan Rlys	2010	4:14.3m	Moore-Town-Lederhaus-Delaunay	Etiwanda dual	2003
4:07.1m	Delaunay-Manis-Simon-Holmes	Covina Invt	2004	4:15.7	Sorensen-Stanley-Brownlee-Johnson	Cimt Inv	1976
4:07.51m	Nonnette-Moore-Lawson-KiVolosin	Arcadia Inv	2002	4:15.9	Clement-Adelson-Ibanez-Goldhammer	Don Lugo	1997
4:07.62m	Clement-Adelson-Light-Ibanez	League	1997	4:14.92m	Malone-Herrera-P.Sommer-Rands	Lg Finals	1991
4:07.74m	Sanin-Chen-Gaskins-McCormack	CalifRlys	2012	4:14.99m	Escoffery-Escoffery-Makunga-Weber	CIF Pre	1987
4:07.76m	Chen-Sanin-McMillan-Keyser	MSAC	2010	4:15.05m	<b>Robinson-Boos-Chapman-Morris</b>	<b>Ayala dual</b>	<b>2017</b>
4:08.00m	<b>Robinson-Boos-Chapman-Morris</b>	<b>SH/Bonita tri</b>	<b>2017</b>	4:16.1	Escoffery-Peters-Escoffery-Johnson	Chaffey	1986
4:08.06m	E.Olowo-Sagun-Lozano-Baldwin	MSAC	2008	4:15.12m	Erler-Leier-Clement-Adelson	Mt. SAC Rlys	1996
4:08.09m	Avant-Baldwin-Sagun-Carter	Royal Inv	2008	4:15.46m	McMillan-Dummar-Smith-Reeder	MtSAC Rlys	2009
4:08.15m	Nonnette-KiVolosin-Wong-L.Sommer	CIF Pre	2001	4:15.54m	Duquette-Boos-Lopez-Cerrillos	Ayala Dist	2015
4:08.48m	Moore-Lawson-Volosin-Lederhaus	MSAC Rlys	2002	4:15.67m	Cantrell-Bishop-Ursua-Brown	Calif Rlys	2013
4:09.7	Sorensen-Fossum-Stanley-Johnson	CIF Reg	1976	4:16.08m	Erler-Ibanez-Leier-Adelson	Lg. Finals	1996
4:08.76m	Lopez- <b>Robinson-Cantrell-Morris</b>	<b>Call Rlys</b>	<b>2016</b>	4:16.5	Malone-Makunga-Domico-Weber	Glendora	1988
4:09.22m	Chen-Sanin-Keyser-Brown	San Gab Vly	2010	4:16.8	Persons-Delaunay-Goldhammer-Cross	St. Lucy's	1998
4:08.2m	Chen-Sanin-ESpivack-Imara	Chino Hills	2012	4:15.70m	Sanin-Ursua-Duquette-Cantrell	St. Lucy's	2013
4:09.9m	KiVolosin-Nonnette-Wong-Persons	Tustin	2001	4:15.73m	Sanin-Duquette-Cerillos-Cantrell	CIF Pre	2013
4:10.22m	E.Olowo-Atkins-Baldwin-C.Olowo	CA Relays	2008	4:15.84m	Ursua-Cerrillos-E.Spivack-Brown	Nicholson Rlys	2013
4:10.54m	Manis-Lederhaus-Delaunay-Moore	Quad	2003	4:15.9m	Onderdonk-Brown-Nelson-P.Sommer	Brea Inv	1993
4:10.60m	Jackson-Chen-Brown-Keyser	CIF Finals	2010	4:16.05m	Nelson-Onderdonk-Adelson-Erler	Lg Fin	1994
4:10.69m	Duquette- <b>Robinson-VanBeers-Boos</b>	<b>Quad</b>	<b>2015</b>	4:17.1	Persons-Fitzpatrick-Wong-Goldhammer	Glendora dual	1998
4:10.74m	Duquette-Sanin-Cantrell-Cerillos	Ayala dual	2013	4:17.2	Malone-Herrera-Rands-P.Sommer	Stanford	1991
4:11.09m	E.Olowo-Richardson-Lozano-Baldwin	San Gabriel	2007	4:16.24m	Chen-DeLaCruz-E.Spivack-McCormack	South Hills	2011
4:11.29m	Escobar-Alvarez-DeLaCruz-McCormack	South Hills	2012	4:17.4	Fossum-Stanley-Brownlee-Johnson	Foothill	1976
4:11.49m	Onderdonk-Brown-Nelson-P.Sommer	CIF Pre	1993	4:16.34m	Hardy-Felton-C.Lopez-Raika	Etiwanda dual	2005

4:16.35m	McMillan-Chen-Whitham-Sanin	Etiwanda dual	2010
4:16.3m	Goldhammer-Fernlund-Stelzner-Pride	Mile High Inv	1997
4:16.50m	McMillan-Escobar-Bustos-Whitham	San Gab Vly	2010
4:17.8	Escoffery-Mills-Peters-Law	League	1985
4:16.7m	McDonald-Rands-Herrera-Malone	Amat Rly	1991
4:16.7m	Clement-Ibañez-Leier-Adelson	San Gab Invit	1996
4:16.93m	Cantrell-Chapman-Lemus-Morris	Calif Rlys	2017
4:16.8m	Brown-Nelson-Monson-Erler	Clmt Inv	1993
4:18.18	Troxell-Miles-Kerchner-Dibbell	Laguna	1982
4:16.9m	Escobar-Comba-DeLaCruz-Brown	Charter Oak	2011
4:18.37	Lozano-Eagleton-Croomes-Baldwin	Leage Finals	2006
4:17.36m	Nonnette-Jdelaunay-Holmes-Lederhaus	Royal Rlys	2002
4:17.51m	LSommer-Cross-Singleton-Goldhammer	Covina Inv	2000
4:17.76m		Tri Meet	2010
4:18.15m	--Atkins-Baldwin	AL Dual	2008
4:18.51m	Clement-Adelson-Ede-Ibañez	Amat Relays	1997
4:18.4m	Hubbard-Erler-Rogers-Adelson	Tustin	1995
4:18.6m	Sanin-Jorgensen-Duquette-Bishop	Charter Oak	2013
4:18.7m	Wong-Cross-Volosin-Persons	Clmt Inv	1999
4:19.11m	Bachman-Morris-Lopez-Boos	Nicholson Rlys	2015
4:19.0m	Persons-Light-Leier-Goldhammer	Royal Rlys	199wo m8
4:19.19m		SG Champs	2012
4:19.33m	Sanin-Chen-McMillan-delaCruz	Osos dual	2010
4:19.46m	Cerrillos-Duquette-Spivack-Tyus	Calif Rlys	2013
4:19.48m	Wilson-Troy-Reeder-Smith	San Gab Vly	2009
4:19.62m	Dummar-Bartman-Smith-Reeder	League Fin	2009
4:19.8m	Onderdonk-Brown-Erler-Nelson	Tustin	1993
4:19.9m	Persons-Lawson-J.Lederhaus-Goldhammer	Arroyo Inv	2000