

**Make
sure you attend
this one time event!**

APPOINTMENTS REQUIRED

For more information
contact CHS Head Athletic Trainer
Jonathan Snapp, ATC
jsnapp@cusd.claremont.edu

Coming Soon — Monday, May 20

\$\$\$ For Physicals Fundraiser

14th Annual PPE Fundraiser

WOLFPACK SPORTS PHYSICALS

Hosted At Pomona Valley Hospital Medical Center • Sports Medicine Center

Team physicals will be performed by Claremont High School Team Physician, Dr. Victor Alvarez and the Sports Medicine Center (SMC) at Pomona Valley Hospital Medical Center (PVHMC)

Who is Dr. Alvarez? CHS welcomes Victor Alvarez, MD as our new Team Physician. Dr. Alvarez is a family medicine physician whose practice is located in Claremont. With the SMC as a team physician for the last three years, Dr. Alvarez has a special interest and additional training in sports medicine. For more about Dr. Alvarez, visit mypvhc.com

What is the SMC? As one of the first hospital-based sports medicine programs in the area, the SMC has consistently set the pace in all aspects of sports therapy, from prevention to rehabilitation of injuries for athletes of all ages and skill levels. Our affiliation with Premier Family Medicine and the PVHMC Family Medicine Residency Program allows us to provide exceptional medical care and offer innovative programs. Over the years, our success and expertise have made us one of the leading sports medicine centers in the region. Our team of sports trained physicians and physical therapists have been providing PPE's for local athletes since we opened in 1983. For more about the SMC, visit pvhmc.org/sportsmedicine

What is a PPE? To participate in CIF athletics, student-athletes need clearance from a licensed physician. CIF rules mandate they must complete and pass a Pre-Participation Examination (PPE) each year. A PPE, or sports physical, screens for health issues that might be aggravated by athletic participation. Health concerns identified during the PPE can reduce the risk of further problems and allow your athlete to address the issue immediately and still play safely. This physical will satisfy the CIF requirement for one year from the PPE date.

What is the \$\$\$ for Physicals Fundraiser? PVHMC has long recognized that school athletic training rooms needs additional support to properly care for injured athletes through the year. We can accomplish this through our \$\$\$ for Physicals Fundraiser. Here is how it works:

- ◆ Your school sets the price of the PPE
- ◆ The SMC organizes the event with the help of CHS Head Athletic Trainer, Jonathan Snapp, ATC
- ◆ Our SMC team donates their time to perform the PPE alongside Jonathan and his team
- ◆ Proceeds earned are returned to the CHS Athletics in return for marketing opportunities throughout the year
- ◆ The concept is simple, **More Physicals = More \$\$\$** for your school!



*\$\$\$ For
Physicals has
helped CHS raise
\$35,300 over the
last 13 years!*

Sports Medicine Center

Athletic Care From Injury Through Return To Play — Since 1983

909.865.9810 • pvhmc.org/sportsmedicine

