

EASTBROOK FOOTBALL

SUMMER NEWSLETTER

2018

LOOKING FORWARD TO THE 2018 SEASON

Making it to the Final Four each of the past two seasons is a tremendous accomplishment, but our ultimate goal each year is win the 2A State Championship. We finished last year's regular season with our seventh undefeated season and put together a strong run through the tournament. We squared off against two difficult opponents in Rensselaer and Lewis Cass to win our Sectional and battled bitter cold in our Regional against Lapel. After getting beat in the final second of our Semi-State, we should be highly motivated heading into this coming season. Our investment in the summer and our week-to-week preparation put us in a position where we have a realistic opportunity to compete at that level every year. We understand that winning does not happen by accident and we must never take anything for granted. Teams in our conference will be better this year and will be looking forward to a chance to knock us off. Even our non-conference schedule will be better this year, as Norwell will be returning several starters and Delta will be replacing Huntington for our week two opponent. We will have to look at each day as an opportunity to improve if we want to accomplish our goals for the coming season.

CIC DAY AT BALL STATE UNIVERSITY

Every four years, the Central Indiana Conference goes to Ball State University for a day of CIC football on Saturday, September 15. We will play Oak Hill that day, starting at 1:00. Blackford and Alexandria will play before us at 10:00. Mississinewa will play Madison-Grant at 4:00 and Elwood will play Frankton at 7:00. Ball State University has a tremendous facility and it's very exciting to have an opportunity to play at a Division I stadium. We will have more details available once the season starts, including how to get tickets.

SECTIONAL FOR 2018

Every two years, the IHSAA realigns Sectionals across the state. Last year's realignment created quite a few changes in our Sectional. Eastbrook will remain in 2A Sectional #35 with Oak Hill, Eastern, Taylor, Lewis Cass, Delphi, Rochester, and Rensselaer. As we found out last year, this is a very strong Sectional with several powerful teams. Winning our Sectional has always been one of our season goals and we plan on defending our Sectional Championship from last year and moving on in the State Tournament.

SUMMER WEIGHTS AND CONDITIONING

Our Summer Weights and Conditioning program is critical to our success during the season. Your attendance is expected if you are planning on earning playing time in the fall. We will meet four days a week on Monday, Tuesday, Thursday, and Friday from 7-9 am. Everyone will meet in the Junior High Gym at 7:00 am. We will divide into two groups as we have done in the past and rotate. We will have a lot of people working through, so it is critical for you to be on time and move quickly from one area to the next. After everyone has lifted, we will meet on the field for about 20 minutes for some football specific drills, similar to what we have been doing on Wednesday mornings. It would be a good idea for you to bring something to eat right after lifting to refuel your body. At the very least, you

filled out prior to being permitted to practice. It is best to get this done before the end of the school year so that Mrs. Korporal can assist you if you have any questions. You must also have your travel fees paid before the first game or you will not be allowed to play.

NORTH-SOUTH ALL STAR GAME

The Indiana North-South All Star game brings in some of the best players in the state of Indiana and, once again, Eastbrook will have a player in the game. Andrew Barajas was selected to this year's team, making him the 24th player from Eastbrook to play in the game. Because this is such a great honor, we want to support Drew as he represents our program. The game is played at North Central High School in Indianapolis on July 13th at 7:00.

EAST-WEST ALL STAR GAME

Another All Star game that recognizes graduating seniors is the East-West All Star game. Matt Hollars, Davon Wallace, Jeffrey Duckwall, Jake Taylor, and Gabe Sizemore will be representing us in this game. The East-West game will take place at Anderson High School on Friday, June 15th at 7:00.

TEAM SCRIMMAGE, HOG ROAST, AND PICTURE DAY

On August 8th, we will have our annual Team Scrimmage, hog roast, picture day, and parent meeting. Family members and friends are invited to come out and watch the scrimmage. After our scrimmage, we will have our first team meal of the season. The team dinner will be followed by a parent meeting with Coach A. Picture Day is scheduled for August 1st after practice.

PRACTICE PACKETS AND TRANSPORTATION FEES

Practice packets will be available to purchase online starting May 14. This is much earlier than usual, but it will ensure that everyone gets his or her gear on time before the season starts. Order forms will be passed out at summer weights and a link will be posted on the Eastbrook Athletic Website and on Hudl. Orders must be placed by May 27. The exact cost of the packet is not available yet, but is usually around \$110-\$120. If you cannot pay for the packet by May 27, contact Coach Adamson or Mr. Yordy. Your practice packet will include a practice jersey, black game socks, a mouthpiece, helmet decals, shirt, shorts, and a compression shirt. You will also have transportation fees that must be paid to the Athletic Department prior to the first game.

FAN GEAR WEBSITE

Eastbrook Football will be selling Fan Gear through BSN Athletics. The online store will have hoodies, t-shirts, long sleeve shirts, hats, and other items. The first opening will take place July 16. Orders must be placed by Sunday, July 29. Orders placed at that time will arrive prior to the first game on August 17. The site will open for a second order after the start of school.

LABOR DAY, E-LEARNING AND FALL BREAK PRACTICES

We will have practice on Labor Day, September 3 from 6-8 pm. We will have practice on Thursday, September 13, which is an e-learning day from 8-10am. We will practice from 3:30-5:30 on October 11, which is an e-learning day. Fall Break will take place October 22-26. We will have practice 3:30-5:30 that week.

**NO MISSION TOO DIFFICULT,
NO SACRIFICE TOO GREAT!
EXCEED EXPECTATIONS!**



AUGUST 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 1 st Day of Practice Helmets Only 8-2:15	31 Helmets/Shoulder Pads 8-2:45 Fundraiser Starts	1 Helmets/Shoulder Pads 8-2:15 TEAM PICTURES 3:00 Fr. Orientation	2 Full Pads 8-3:00 Popcorn Parade 6:15	3 Full Pads 8-2:15	4 Full Pads 8-3:00
6 PRACTICE 8-3:00	7 PRACTICE 8-2:15	8 PRACTICE 8-10:00 AM Team Scrimmage 4-6 PM Dinner/Parent Mtg. after scrimmage	9 PRACTICE 8-2:15	10 PRACTICE 8-10 MARION SCRIMMAGE @ MARION 7:50	11 FILM 10 AM BLITZ DAY Players are required to attend from 10-2:30
13 1 st TEACHER DAY	14 1 st STUDENT DAY	15	16	17 NORWELL H	18 FILM 10 AM
20	21	22	23	24 DELTA H	25 FILM 10 AM
27	28	29	30	31 MADISON GRANT A	

WE WILL PRACTICE ON LABOR DAY, SEPTEMBER 3RD FROM 6-8 PM. PLAN ACCORDINGLY!



All players must have a completed physical on file in the office **BEFORE** you will be allowed to practice on **JULY 30TH.**

Players have a packet of information that must be completed online with the Athletic Department **BEFORE** you may start practice.

If you must miss practice, you are expected to contact a coach prior to practice

All players will need to have black football cleats for practice and games. Shoes can have white trim, but should not have other colors.

BE SURE TO REGISTER FOR SCHOOL!

Contact Information for Coach Adamson:
Home: 998-6078
Cell: 661-2183
HS Office: 664-1214, EXT. 101
FB Office: 664-1214, EXT. 122
Email: jadamson@eastbrook.k12.in.us

**NO MISSION TOO DIFFICULT,
NO SACRIFICE TOO GREAT,**

will want to bring a drink to stay hydrated. **Our first day of Summer Weights will be Tuesday, May 29th.** The month of July will give us limited opportunities to be together. Therefore, we need to work hard through June.

MORATORIUM WEEK JULY 1-7

During the summer, the IHSAA mandates that every school in the state close itself to athletes during this week. This is designed to allow athletes a designated vacation time and to have an opportunity to get a break during the summer. The gym and weight room will be closed to all athletes during this week. Things will pick up quickly after Moratorium week. Return rested and ready to work.

SUMMER SCRIMMAGES AND 7 ON 7'S

The IHSAA limits all schools to five competition days over the summer. This can be a combination of 11 on 11 scrimmages or 7 on 7 passing competitions. We will have a 7 on 7 competition at Homestead High School on June 15. This will bring in a lot of the bigger schools around the Ft. Wayne area and will be highly competitive. We have another 7 on 7 on June 21 at IWU. We will end up the month of June with an 11 on 11 scrimmage at Taylor University. We will have another scrimmage at Eastbrook on Monday, July 9th after returning from Moratorium Week. At the end our Summer Camp, Western will be coming over to scrimmage on July 20th.

SUMMER MINI-CAMP JUNE 25, 26, AND 27

We are doing something a little different for our mini-camp in June. We will meet at IWU on June 25-27. We are planning on lifting and conditioning there in the morning, followed by a football workout. We will eat lunch at IWU and then have another football workout after lunch. I am in the process of finalizing those details with Coach Langs at IWU, so we can get the exact times and a full schedule for those three days to you as soon as possible. IWU has an incredible football facility and they are opening it up to us for those three days.

SUMMER TEAM CAMP, JULY 16-20

We will have our regular Summer Camp July 16-20 from 6-8 pm. We will wear helmets and shoulder pads and continue with the installation of our offense and defense. This is an important week of preparation; so all players are expected to attend. The coaching staff will be completing depth charts at all positions after camp as we prepare for the start of the season in August. We will conclude the week of camp with a scrimmage day against Western High School.

EQUIPMENT HANDOUT

We will be fitting players for helmets and shoulder pads the first week of Summer Weights. We will be passing out the other equipment and assigning lockers July 26 and 27. You will need to be there BOTH days from 8-10 am. Wear shoes to run in, shorts, and a t-shirt. We will time 40's and record best lifts. You will also be receiving several papers that you will need to take home and have your parents sign. You will also receive a schedule for all practices through August.

FIRST DAY OF PRACTICE, JULY 31

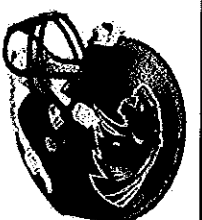
Our first official practice of the 2018 season will start July 30th at 8:00 am. This packet contains a calendar for all the activities of the summer, including the start of season practices. You are required to attend ALL scheduled activities starting July 30th. If you miss any of those days and have not contacted a coach, it is considered an unexcused absence. Your equipment will be pulled and you will be dismissed from the team. All work schedules and other commitments need to be worked out by that time if you are playing. **You must have an IHSAA physical on file in the Athletic Office by July 30th or you cannot participate in practice! This is a requirement by the IHSAA. The Athletic Department has a packet available containing everything you must have**



JULY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 MORATORIUM WEEK	3 MORATORIUM WEEK	4 MORATORIUM WEEK	5 MORATORIUM WEEK	6 MORATORIUM WEEK	7 MORATORIUM WEEK
9 WEIGHTS 7-9 SCRIMMAGE @ EASTBROOK 5:00	10 WEIGHTS 7-9	11	12 WEIGHTS 7-9	13 WEIGHTS 7-9 NORTH/SOUTH ALL STAR GAME	14 → FAN GEAR SITE OPENS JULY 16
16 WEIGHTS 7-9 TEAM CAMP 6-8 FAN GEAR SITE OPENS	17 WEIGHTS 7-9 TEAM CAMP 6-8	18 TEAM CAMP 6-8	19 WEIGHTS 7-9 TEAM CAMP 6-8	20 WEIGHTS 7-9 TEAM CAMP 6-8	21
23 OFF	24 OFF	25 OFF	26 EQUIPMENT PICK-UP 8-10	27 EQUIPMENT PICK-UP 8-10	28
30 1 ST OFFICIAL DAY OF PRACTICE 8-2:15	31 PRACTICE 8-3:15 FUNDRAISER KICK-OFF				



All players must have a completed physical on file in the office BEFORE you will be allowed to practice.

Players have a packet of information that must be completed online with the Athletic Department BEFORE you may start practice.

FAN GEAR SITE: Opens July 16. Hoodies, t-shirts, hats, and other football related fan gear. A link to the online store will be posted on the Eastbrook Athletic Website.

EASTBROOK FB TEAM CAMP

July 16-20
GRADES 10-12: 6-8 pm
GRADES 3-9: 10-11 am

Contact Information for Coach Adamson:

Home: 998-6078
Cell: 661-2183
HS Office: 664-1214, EXT. 101
FB Office: 664-1214, EXT. 122
Email: jadamson@eastbrook.k12.in.us

WIN THE FOURTH QUARTER!

VARSIY FOOTBALL SCHEDULE 2018

AUG 10	MARION SCRIMMAGE	A	7:30
AUG 17	NORWELL	H	7:30
AUG 24	DELTA	H	7:00
AUG 31	MADISON-GRANT	A	7:00
SEP 7	MISSISSINEWA	A	7:00
SEP 15	OAK HILL	BSU	1:00
SEP 21	FRANKTON	H	7:00
SEP 28	ALEXANDRIA	A	7:00
OCT 5	BLACKFORD	H	7:00
OCT 12	ELWOOD	H	7:00
OCT 19	SECTIONAL RD 1		
OCT 26	SECTIONAL RD 2		
NOV 2	SECTIONAL CHAMPIONSHIP		
NOV 9	REGIONAL CHAMPIONSHIP		
NOV 16	SEMI-STATE CHAMPIONSHIP		
NOV 23	STATE CHAMPIONSHIP		



*****JV SCHEDULE WILL BE PASSED OUT AT THE START OF THE SEASON*****

FRESHMAN FOOTBALL SCHEDULE

AUG 18	JAMBOREE	H	10:00 AM
AUG 20	NORWELL	H	6:00
AUG 27	DELTA	H	6:00
SEP 4	MADISON-GRANT	A	7:30
SEP 10	MISSISSINEWA	A	6:00
SEP 17	OAK HILL	A	6:00
SEP 24	FRANKTON	H	6:00
OCT 1	ALEXANDRIA	A	6:00
OCT 8	BLACKFORD	H	6:00
OCT 15	ELWOOD	H	6:00



GIC OPPONENTS	SECTIONAL OPPONENTS
OAK HILL	RENSELAER
FRANKTON	OAK HILL
ALEXANDRIA	DELPHI
BLACKFORD	TAYLOR
ELWOOD	EASTERN
MADISON-GRANT	LEWIS CASS
MISSISSINEWA	ROCHESTER



EASTBROOK FOOTBALL

"BUILDING CHAMPIONS"

Over the past 20 years, The Eastbrook Football program has become recognized as one of the top football programs in the state of Indiana. It is a program that has produced 13 Sectional Championships, five Regional Championships, 14 Conference Championships, 14 Grant-4 Championships, and 21 straight rankings in the Top 10. Several Eastbrook players have been recognized as All-State players and as participants in the Indiana North-South All-Star game. Over 50 players have continued their football careers at the collegiate level.

SECTIONAL TITLES

'93, '94, '97, '99, '01, '02, '03, '04, '05, '09, '12, '16, '17

GRANT-4 TITLES

'97, '98, '99, '01, '02, '04, '05, '07, '09, '10, '11, '13, '15, '17

REGIONAL TITLES

1999, 2001, 2004, 2016, 2017

CONFERENCE TITLES

'93, '95, '98, '99, '01, '02, '04, '05, '07, '09, '10, '13, '15, '17

FINAL FOUR

1999, 2001, 2004, 2016, 2017

STATE RANKING

1993-2013, '15, '16, '17

All-State Players

Anthony Jernigan, Offensive Line
 Tony Roush, Offensive Line
 Jeff Dennis, Defensive Back
 Todd Bragg, Offensive Line
 Harold Coates, Quarterback
 Brock Watson, Defensive Back and Kicker
 Gerald Stanley, Linebacker
 John Lilly, Linebacker (1995 and 1996)
 Mickey Dockery, Kicker
 Ron Boucher, Defensive Back and Receiver
 Justin Harrison, Linebacker
 David Caudill, Quarterback and Linebacker
 Chad Luthy, Fullback and Linebacker
 Andy Phillips, Offensive Line and Linebacker
 Chris Petty, Offensive/Defensive Line
 Joey Lochner, Defensive Back
 Brandon Short, Running Back
 Ben Irwin, Linebacker (2001 and 2002)
 Stan Willhide, Defensive End
 Lee Evans, Quarterback
 Luke Jones, Linebacker (2002 and 2003)
 Nathan Seaman, Defensive Line (2003 and 2004)
 Ryan Roesly, Center (2003 and 2004)
 Rob Bragg, Linebacker (2003 and 2004)
 Kyle Kirkpatrick, Defensive Line (2004)
 Levi Williams, Defensive End (2004)
 Jason Poe, Linebacker, Receiver, and Running Back (2005)
 Levi Williams, Linebacker (2005)
 Derek Herring, Defensive Back (2005)
 Kevin Fenstermaker, Linebacker (2006 and 2007)
 Blake Barajas, Defensive Back (2006 and 2007)
 Marc Miller, Linebacker and Receiver (2007)
 Heath Slain, Offensive Line (2007 and 2008)
 Caleb Hemmick, Linebacker (2008 and 2009)
 Jeremy Porter, Defensive Back (2009)
 Boone Searles, Linebacker (2009)
 Colton Benedict, Running Back (2009)
 Tanner Day, Defensive Back (2010)
 Matt Shonkwiler, Offensive Line (2010)
 Boone Searles, Tight End (2010)
 Tom Roush, Defensive Line (2010 and 2011)
 Gavin Pearson, Linebacker and Running Back (2011)
 Jacob Singer, Defensive Back (2012 and 2013)
 Alex Campbell, Linebacker (2012 and 2013)
 Nathan James, Offensive Line and Defensive Line (2014 and 2015)
 Andrew Barajas, Defensive Back (2015, 16, and 17)
 Jackson Liddick, Punter (2015)
 John Ragan, Offensive Line and Defensive Line (2015 and 2016)
 Blayne Altum, Defensive Line (2016)
 Jake Taylor, Defensive Line (2016, 17)
 Zane Shilts, Kicker (2016, 17)
 Xaine Kirby, LB (2017)
 Clay Dalton, TE (2017)

Indiana North All-Star Team

Adley Harms, 1978
 Tony Cushman, 1981
 Brad Oliver, 1988
 Tony Roush, 1992
 Harold Coates, 1995
 Coach Adamson, 1995
 Gerald Stanley, 1996
 Justin Harrison, 1998
 Coach Adamson, 1998
 David Caudill, 1999
 Chad Luthy, 2000
 Chris Petty, 2001
 Joey Lochner, 2002
 Coach Adamson, 2002
 Ben Irwin, 2003
 Luke Jones, 2004
 Rob Bragg, 2005
 Kevin Fenstermaker, 2008
 Caleb Hemmick, 2010
 Coach Wilson, 2010
 Jeremy Porter, 2010
 Boone Searles, 2011
 Tom Roush, 2012
 Austin Simison, 2013
 Coach Brown, 2013
 Jacob Singer, 2014
 Nathan James, 2016
 John Ragan, 2017
 Andrew Barajas, 2018

UNDEFEATED REGULAR SEASONS

1999, 2001, 2004, 2009, 2010, 2015, 2017

BE A PART OF THE WINNING TRADITION!

EASTBROOK FOOTBALL



CHAMPIONSHIP

**COMPELLED
CHAMPIONSHIP**

Does what is asked.
Goes above and beyond. Brings others with him to do the same.

WINNING

**COMMITTED
WINNING**

Does what is asked.
Goes above and beyond. Holds himself to a high standard.

LOSING/AVG

**COMPLIANT
AVERAGE**

Does what is asked.
No more, no less.

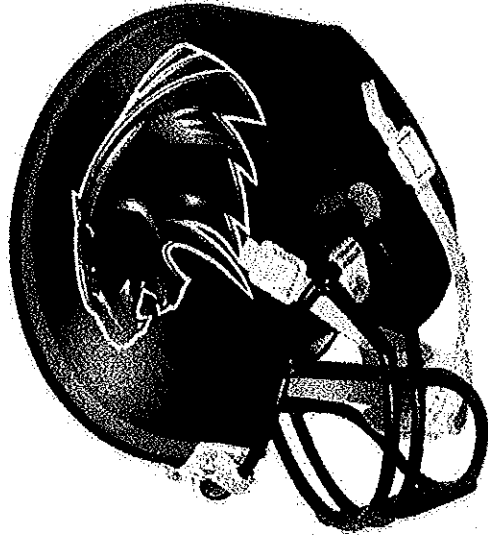
LOSING

**RELUCTANT
LOSING**

Resistant to doing what is asked. Giving 1/2 effort.

**RESISTANT
LOSING**

Doesn't do what is asked and openly opposes coaches and teammates.



WHAT TYPE ARE YOU???

OF ATHLETE ARE YOU???

