

Hillgrove High School Dance Tryout Packet

DEAREST PARENTS AND GUARDIANS,

Enclosed you will find information regarding tryouts for the Hillgrove High School Dance Team. To tryout for the Hillgrove dance program, you must meet all eligibility requirements as outlined by the Georgia High School Association, including that you live in the Hillgrove district and that you are academically eligible at the time of tryouts. Also, you must complete the tryout application; ensure there is a current physical uploaded in Athletic Registration online in ParentVUE and submit the tryout application **NO LATER THAN 11/16/2020**

Tryout Application must be submitted online by 11/16/2020

<https://forms.gle/jBjFD3AnNEdT3PCA9>

Program Details & Time Commitments

Parents and students, it is essential that you discuss this decision and consider the time commitments involved. Being selected as a part of the HHS dance program is a privilege that requires sacrifice.

- Tryouts will be held virtually Nov 17th & 18th
- In-Season Practices 1-2 days(Tue,Wed) beginning Dec 1st.
- Competitions are typically held on Saturdays
- Dance team performs at select basketball games during half time

Tryout Days

November 17-18, 2020 - Virtually via zoom

4:00pm -6:00pm

*On the first day of tryouts, prospective athletes will be taught a choreographed dance routine. On the second day of tryouts, prospective athletes will be given an allotted time to join the zoom. Prospective athletes should attend their assigned time, prepared to perform the material taught the day before.

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Location

The Zoom link will be sent individually to participants.

Participants will remain in the waiting room until the host admits them. The applicants screen name MUST be their full name, or they will not be permitted in.

*Please note that tryouts are closed to spectators. It is imperative that coaches have the opportunity to give all tryout applicants their undivided attention and that tryout applicants have no distractions to deter their focus.

Tryout Clinic and Tryout Dress Code

- The material will be available online a week prior to tryouts
- Athletes should be dressed in comfortable and appropriate attire. Bra Straps should NOT be visible.
- Jazz or athletic shoes.
- ABSOLUTELY NO JEWELRY!

2020-2021 Tryout Announcements

Tryout results will be posted on under the dance tab on <https://hillgroveathletics.com/>

2020-2021 HHS Dance Meetings

If selected for the team, dancers must attend a mandatory meeting & practice on Dec 1 3:30-5:30

- Information on screening procedures due to covid will be provided then.

Basic skills Required

- * Ability to listen to and follow instructions
- * Dance motion knowledge and skill (placement and sharpness)
- * Rhythm in dancing (must be able to dance to a song with the correctly taught motions and stay on the beat)

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* Learning memory (must be able to learn multiple dances and memorize them, then be able to perform them in front of an audience)

* Maturity and leadership ability

Tryout Requirements

1. Each applicant must have completed and returned all of the following:

* Tryout application/parental permission form E-SIGNED

* A current physical uploaded in Athletic Registration online in ParentVUE.

* IF YOU DO NOT HAVE A PHYSICAL ON FILE, YOU WILL NEED TO HAVE ONE by Nov 16, 2020, OR YOU WILL NOT BE ABLE TO PARTICIPATE

Please return the e-signed tryout application and ensure your current physical is uploaded in Athletic Registration online in ParentVUE. You may not participate in any clinics or tryout practices until these materials have been received.

2. Each dance applicant must meet all Cobb County High School and Georgia High School Association policies on eligibility to tryout. Cobb County Athletic Handbook can be viewed online.

<http://www.cobbk12.org/centraloffice/athletics/Student-ParentAthleticHandbook.pdf>

Hillgrove High School Athletic Physical Process

HILLGROVE WILL NO LONGER ACCEPT A PAPER PHYSICAL FORM. Instead, parents must register their student on their ParentVUE site for students in grades 9-12.

Hillgrove Students: If you do not have a ParentVUE login you will need go to the link below to print the form. The parent/guardian should bring the form and a photo ID to Barbara Morgan in the Front Office at Hillgrove. An activation code will be given which will allow access to the student account. If you have previously completed the "ParentVUE User Form" and have been denied access to your account, please email Barbara Morgan at **Barbara.Morgan@Cobbk12.org** or call **678-331-3961** for assistance.

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Once you login into your ParentVUE account you will click "Athletic Registration". Choose the correct school year (2021). The online system will guide you through the necessary steps and save the information you enter. YOU WILL BE REQUIRED TO PRINT THE PHYSICAL FORM ALONG WITH THE MEDICAL CLEARANCE FORM FROM THE ONLINE SITE to take to your physician, D.O., Physician's Assistant, or Advance Practice Nurse. After the examination showing a physician signature and clearance, you will need to upload the physical form & medical clearance form on the "Documents" tab.

You may also contact Lisa Morrow our Athletic Clerk for more information at 678-331-3961.

HHS Dance 2020-2021 Estimated Costs

The following is an ESTIMATE of costs for personal items needed by each dancer. Dancers are encouraged to communicate with the coaches as soon as possible when learning of individual family or economic needs that will bring about the conflict. Parents should also feel comfortable communicating with the coach when needed.

First Payment (\$200) Due: by 12/4/20 via My Payments Plus

Please see chart below for additional information and a breakdown of costs per dancer.

Dance Dues - \$50: Amounts received as dance dues cover the following organization expenses: expenses incurred for banners & signs, t-shirts, office supplies, group activities, holiday events and the year-end replacement costs. All costs are projected and represent estimated costs. Uniform, Apparel, and Accessories: Uniform and apparel finalization will be done in December. An order sheet will be completed for each dancer. Returning members may not have to repurchase certain gear lowering the total cost.

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Approximate costs are:

Dance Dues-\$50

Game Day snacks-\$5 per game *estimated 10 games

Dance Bag-\$40

Warm-up Tracksuit-\$70

Hip Hop Routine Uniform-\$70

Jazz Routine Uniform-\$70

Shoes-Jazz shoes and hip hop shoes-\$75-\$90

Choreographer Fee-\$100

Estimated Total \$540

Rules, Regulations, and Guidelines

- Hillgrove Dancers are expected to demonstrate good sportsmanship at all times.
- Dancers who choose to quit the program will forfeit the right to tryout the following season.
- No cell phones allowed to be used unless otherwise noted by the coach at practice, games, competitions or any other function
- Distractions such as but not limited to:friends, boyfriends, parents should refrain from interrupting practices, games and/or competitions. Practices are CLOSED.
- Negative/bad attitudes or reports of bad attitudes and/or disrespect from any teacher will be disciplined according to the coaches discretion
- Coaches and all dance members will always be treated with respect
- Always be on time, punctuality is expected!
- All personal matters must be taken care of outside of practice.
- General Behavior: The following behaviors are extreme violations of the Cobb County Code of Conduct. Violations will be evaluated by coaches and administrators in accordance with the Cobb County guidelines, and an appropriate consequence will be given. Consequences may include removal from the squad. Smoking/Drinking, Cheating, Drug Use, Fighting, Vandalism, Undesirable or immoral behavior and/or gestures

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Practices

- Practices will be every Tuesday and Wednesday from 3:45-5:30. Additional practice times will be at the discretion of the coach. Everyone should attend all practices.
- Absence from school means you cannot attend practice/game for that day (must attend two periods of school). School absences should be limited.
- Missing practice for clubs and other extra-curricular activities is not considered excused. Students with academic obligations will not be penalized (within reason). Academics are a priority, please inform your coach ahead of time if you need to meet with a teacher and provide a note from the teacher.
- Dancers are expected to notify a coach in advance if they are to be tardy or miss practice. Word of mouth is not acceptable.
- Every effort should be made to avoid missing practice
- Having a job is not an excuse to miss practice. If you have a job, you need to make sure it fits with your dance commitment.

Games/Competitions

- Dancers must be dressed in uniform for all games at the time designated by the coach.
- Dancers are responsible for bringing appropriate equipment to all games and/or competitions.
- Dance participation will be limited when practices are missed.

Transportation

- Dancers are expected to travel to and from competitions on the bus, unless otherwise arranged by the coaches.

Uniforms, Practice Clothing, Etc.

- If a dancer loses his/her uniforms or equipment, he/she will be required to pay for a replacement. Dancers will only be charged what the program pays for the item.



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Financial Responsibilities

- Dancers are responsible for the cost of all dance apparel.
- Dancers are responsible for the replacement cost of any school property that is lost or damaged. (Uniforms and equipment)

Coaches' Rights

- The coach reserves the right to "bench" a dancer for disciplinary or performance reasons. Reoccurring issues with discipline can result in the dismissal. The inability of a dancer to perform at the skill level of tryouts may result in dismissal from the squad.
- The coach reserves the right to discipline attendance issues for practices and/or games on an individual basis. Missing practice, even if it is excused, may result in not being included in the next game/competition and/or skills performed at the next game/competition. Coaches' discretion will be used.

If you have any additional questions, please reach out to Coach Boccaccio at: wanjiku.boccaccio@cobbk12.org

Looking forward to a great season