

Akron Coventry HS 2018-2019 Wrestling Schedule

Administrator

Nov 4 - Dec 1, 2018

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
45	Nov 4, 2018	5	6	7	8	9 Practice 3:30 - 5:30	10 Practice 9 AM - 11 AM
46	11 Open Mat time TBA	12 6am Lift/Cardio 6 am - 7 3:30pm Practice	13 Practice 3:30-5	14 Lift/Cardio 6 am - 7 am Practice 3:30pm - 5pm	15 Lift/Cardio 6 AM - 7 AM Practice 3:30-5pm	16 Open Mat 3:30-5pm Weight Certifications 6 pr	17 Practice 9 am - 11 am
47	18 Open Mat time TBA	19 6am Lift/Cardio 6 am - 7 3:30pm Practice	20 Practice 3:30-5	21 Lift/Cardio 6 am - 7 am Practice 3:30-5pm	22 Open Mat Time TBA	23 Practice 3:30-5pm	24 Practice 9 am - 11 am
48	25 Open Mat time TBA	26 6am Lift/Cardio 6 am - 7 3:30pm Practice	27 Practice 3:30-5	28 Lift/Cardio 6 am - 7 am Practice 3:30-5pm	29 Lift/Cardio 6 AM - 7 AM Practice 3:30-5pm	30 Practice 3:30-5pm	Dec 1 Practice 9 am - 11 am

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Dec 2 - 29, 2018

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
49	Dec 2, 2018 ↻ Open Mat time TBA	3 6am ↻ Lift/Cardio 6 am - 7 3:30pm Practice 3:30-5pm	4 Home vs. Norwayne 6 pm Home/Season Opener	5 Lift/Cardio 6am-7am Practice 3:30-5pm	6 Practice 3:30-4:30pm	7 Independence HS NCC Tournament	8 Independence HS NCC Tournament
50	9 ↻ Open Mat time TBA	10 Dual @ Manchester 6 pm	11 Practice 3:30-5 pm	12 Practice 3:30-5 pm	13 Dual @ Streestboro 6 pm	14 Mount Alysious College F Panther Holiday Classic	15 Mount Alysious College F Panther Holiday Classic
51	16 OFF	17 Lift/Cardio 6-7am Practice 3:30-5pm	18 Practice 3:30-5pm	19 Practice 3:30-5pm	20 Tri @ Norton (Cloverleaf)	21 Lift/Cardio 6-7am Practice 3:30-5pm	22 Practice 9-11 am
52	23 ↻ Open Mat time TBA	24 Practice 9-11 am	25 Open Mat Time TBA	26 Lift/Cardio 6 am Practice 3:30-5pm	27 Practice 3:30-5pm	28 @Defiance HS Tri State Border War	29 @Defiance HS Tri-State Border War

Akron Coventry HS 2018-2019 Wrestling Schedule

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Dec 30, 2018 - Jan 26, 2019

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Dec 30, 2018 Open Mat time TBA	31 Lift/Cardio 6-7am Practice 3:30-5pm	Jan 1 Practice 9-11am	2 Lift/Cardio 6-7 am Practice 3:30-5pm	3 Practice 3:30-5pm	4 Lift/Cardio 6-7am Practice 3:30-5pm	5 Practice 9-11 am
2	6 Open Mat time TBA	7 Lift/Cardio 6-7am Practice 3:30-5pm	8 Lift/Cardio 6-7am Practice 3:30-5pm	9 Practice 3:30-4:30 pm	10 Home 6 pm Tri vs Woodridge/Ravenn	11 Falconer HS NY Patrick J Morales Invite	12 Falconer HS NY Patrick J Morales Invite
3	13 Open Mat time TBA	14 Lift/Cardio 6-7am Practice 3:30-5pm	15 Practice 3:30-5pm	16 Lift/Cardio 6-7am Practice 3:30-5pm	17 Practice 3:30-5pm	18 Lift/Cardio 6-7am Practice 3:30-5pm	19 Practice 9-11 am
4	20 Open Mat time TBA	21 Lift/Cardio 6-7am Practice 3:30-5pm	22 Practice 3:30-5pm	23 Practice 3:30-4:30 pm	24 6pm Dual @ Springfield	25 Lift/Cardio 6-7am Practice 3:30-5pm	26 Practice 9-11 am

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Jan 27 - Feb 23, 2019

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	Jan 27, 2019 Open Mat time TBA	28 Lift/Cardio 6-7am Practice 3:30-5pm	29 Practice 3:30-5pm	30 Practice 3:30-5pm	31 Lift/Cardio 6-7am Practice 3:30-5pm	Feb 1 Lift/Cardio 6-7am Practice 3:30-5pm	2 Practice 9-10:30 am
6	3 Open Mat time TBA	4 Lift/Cardio 6-7am Practice 3:30-5pm	5 Practice 3:30-5pm	6 Practice 3:30-5pm	7 Home 6 pm Senior Night Tri vs. Field/Rootstown	8 Lift/Cardio 6-7am Practice 3:30-5pm	9 Practice 9-11 am
7	10 Open Mat time TBA	11 Lift/Cardio 6-7am Practice 3:30-5pm	12 Practice 3:30-5pm	13 Lift/Cardio 6-7am Practice 3:30-5pm	14 Practice 3:30-4:30 pm	15 PTC Tournament Rootstown HS	16 PTC Tournament Rootstown HS
8	17 Open Mat time TBA	18 Lift/Cardio 6-7am Practice 3:30-5pm	19 Practice 3:30-5pm	20 Practice 3:30-5pm	21 Lift/Cardio 6-7am Practice 3:30-5pm	22 Practice 3:30-5pm	23 Northwest HS Sectional Tournament

Akron Coventry HS 2018-2019 Wrestling Schedule

Feb 24 - Mar 23, 2019

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
9	Feb 24, 2019 Open Mat time TBA	25 Lift/Cardio 6-7am Practice 3:30-5pm	26 Practice 3:30-5pm	27 Practice 3:30-5pm	28 Practice 3:30-4:30	Mar 1 Alliance HS District Tournament	2 Alliance HS District Tournament
10	3 Open Mat time TBA	4 Lift/Cardio 6-7am Practice 3:30-5pm	5 Practice 3:30-5pm	6 PRACTICE TBA	7 Columbus OH State Tournament	8 Columbus OH State Tournament	9 Columbus OH State Tournament
11	10 Open Mat time TBA	11 Lift/Cardio 6-7am Practice 3:30-5pm	12 Practice 3:30-5pm	13	14	15	16
12	17 Open Mat time TBA	18 Lift/Cardio 6-7am Practice 3:30-5pm	19	20	21	22	23