

# Lorain High School



# Athletic Emergency Action Plan 2019-2020



# **Lorain High School Athletic Emergency Action Plan**

**An emergency action plan, or EAP, addresses immediate need for assistance if a traumatic injury or illness arises. The emergency plan assigns specific duties for effective evaluation, transport, and follow-up of the situation. This plan impacts coaches, spectators, practice/game personnel as well as athletes.**

- The emergency action plan is intended to be activated as a response to a medical emergency or other potentially life threatening situation where there is a need for Emergency Medical Services (EMS) to give further medical attention and transport an athlete to the hospital.  
-Situations where 911 should be called are:
  1. An athlete is not breathing
  2. An athlete has lost consciousness
  3. It is suspected that an athlete may have a neck or back injury
  4. An athlete has an open fracture (bone has punctured through the skin)
  5. Severe heat exhaustion or suspected heat stroke
  6. Severe bleeding that cannot be stopped
- The EAP should be reviewed annually so necessary changes can be made
- Emergency equipment should be checked on a regular basis. Personnel should be familiar with the function and operation of available emergency equipment. The types of equipment will depend on the level of training the emergency medical providers have.

## **Emergency Telephone Numbers**

- EMS: 911
- EMS from high school landline phone: 9-911
- Lorain Police Department Dispatcher: (440) 204-2100
- Certified Athletic Trainer: Tracye Menges (440) 328-5277
- Athletic Director: Bryan Koury (440) 653-6898
- Mercy Hospital: 3700 Kolbe Road Lorain, OH 44053
  - (440) 960-4000
- Cleveland Clinic-Avon: 33100 Cleveland Clinic Blvd, Avon, OH 44011
  - (440) 695-4000

# FACILITY: HIGH SCHOOL

I. LORAIN HIGH SCHOOL-2600 ASHLAND AVE, LORAIN, OH 44052-Any athletic event being held in the high school including but not limited to any sport using the gymnasium, weight room, wrestling room, or locker rooms

a. Athletic Director-Bryan Koury: 440-653-6898

e-mail address [bkoury@lorain.k12.oh.us](mailto:bkoury@lorain.k12.oh.us)

b. Athletic Trainer-Tracye Menges: 440-328-5277

Work email-[mengest@ccf.org](mailto:mengest@ccf.org); Personal e-mail address [tracyemenges@me.com](mailto:tracyemenges@me.com)

II. Location of emergency equipment

- Telephones: Access to a telephone or other communications device is imperative. Cellular telephones are preferred because school phones are not easily accessible and also require an access code in order to make outgoing calls. Each coach should carry a cellular telephone at all times
- Keys: Each coach should have keys to access the gymnasium, weight room, and locker rooms. If not, please contact the athletic director to address this issue.
- Emergency Medical Forms: All coaches have access to forms via Final Forms. The website is [www.lorain-oh.finalforms.com](http://www.lorain-oh.finalforms.com).
- Athletic Training Room Equipment: **Ice**- The ice machine is located in the Athletic Training Room and bags are on top of the machine. **Splints**-available in the athletic training room and will be handled by the ATC. Wound Care **Equipment**-also available in the athletic training room but coaches are all given a first aid kit at the beginning of the season which they should carry with them at all times. Wound Care equipment/kit is also on both sideline carts during games. **AED**- hanging in the Athletic Trainer's Office, Placed on the door outside of the Athletic Training Room during games. There is also an AED in the nurse's office, in all EMS and police vehicles.

**\*EMS non-emergency primary contact person will be:**

**Athletic Trainer Tracye Menges (440) 328-5277**

**If she is unavailable, please contact Athletic Director Bryan Koury at (440) 653-6898**

# FACILITY: GEORGE DANIEL STADIUM

III. GEORGE DANIEL STADIUM-2601 OBERLIN AVE, LORAIN, OH 44052-Any athletic event being held at the stadium including but not limited to any sport using the stadium, field between the stadium and General Johnny Wilson Middle School, weight room, or locker rooms.

a. Athletic Director-Bryan Koury: 440-653-6898

e-mail address [bkoury@lorain.k12.oh.us](mailto:bkoury@lorain.k12.oh.us)

b. Athletic Trainer-Tracye Menges: 440-328-5277

Work email-[mengest@ccf.org](mailto:mengest@ccf.org) ; Personal e-mail address [tracyemenges@me.com](mailto:tracyemenges@me.com)

IV. Location of emergency equipment

- Telephones: Access to a telephone or other communications device is imperative. Cellular telephones are preferred because school phones are not easily accessible and also require an access code in order to make outgoing calls. Each coach should carry a cellular telephone at all times
- Keys: Each coach should have keys to access the gates, weight room, locker rooms, and athletic training room. If not, please contact the athletic director to address this issue.
- Emergency Medical Forms: All coaches have access to forms via Final Forms. The website is [www.lorain-oh.finalforms.com](http://www.lorain-oh.finalforms.com).
- Athletic Training Room Equipment: **Ice**-the ice machine is located in the athletic training room and the bags are on top of it. **Splints**-available in the athletic training room and will be handled by the ATC. **Wound Care Equipment**-also available in the athletic training room but coaches are all given a first aid kit at the beginning of the season which they should carry with them at all times. **AED's**-available outside the athletic training room door unless the trainer is outside at an event, and in all EMS and police vehicles.

**\*EMS non-emergency primary contact person will be:**

**Athletic Trainer Tracye Menges (440) 328-5277.**

**If she is unavailable, please contact Athletic Director Bryan Koury at (440) 653-6898\***

## **FACILITY: P.C. CAMPANA PARK/PIPE YARD**

V. P.C. CAMPANA/PIPE YARD-2850 MEISTER RD, LORAIN, OH 44053-Any high school athletic event being held at PC Campana Park using the baseball/softball fields. Attached is a map of the park (**last page**).

a. Athletic Director-Bryan Koury: 440-653-6898;

e-mail address [bkoury@lorain.k12.oh.us](mailto:bkoury@lorain.k12.oh.us)

b. Athletic Trainer-Tracye Menges: 440-328-5277

Work email-[mengest@ccf.org](mailto:mengest@ccf.org) ; Personal e-mail address [tracyemenges@me.com](mailto:tracyemenges@me.com)

VI. Location of emergency equipment

- Telephones: Access to a telephone or other communications device is imperative. Cellular telephones are preferred because school phones are not easily accessible and also require an access code in order to make outgoing calls. Each coach should carry a cellular telephone at all times
- Keys: P.C. Campana Park/Pipe Yard representative will have the necessary gates, buildings open during scheduled events. A park representative will be on site during scheduled events.
- Emergency Medical Forms: All coaches have access to forms via Final Forms. The website is [www.lorain-oh.finalforms.com](http://www.lorain-oh.finalforms.com).
- Athletic Training Room Equipment: **Ice**-the athletic trainer and coaches will be responsible for having injury ice available during scheduled events. **Splints**-available while the athletic trainer is on site and will be handled by the ATC. **Wound Care Equipment**-also available while the athletic trainer is on site but coaches are all given a first aid kit at the beginning of the season which they should carry with them at all times. **AED's**-available while the athletic trainer is on site, in all EMS and police vehicles.

**\*EMS non-emergency primary contact person will be:**

**Athletic Trainer Tracye Menges (440) 328-5277.**

**If she is unavailable, please contact Athletic Director Bryan Koury at (440) 653-6898\***

## **VII. Plan of Action**

- a. Role of ATC-First Responder-Immediate care of the injured or ill student-athlete (first-aid/CPR), activate EMS by calling 911, contact the parents
- b. Role of Coaches-emergency equipment retrieval (AED), EMA retrieval, travel in the ambulance
- c. Role of School Administration-Should be informed and if on the scene be available for crowd control-limit scene to first aid providers and move bystanders away from the area, field access-open appropriate gates, “flag down” EMS and direct to the scene

## **VIII. EMS Interaction**

- a. Name and age of the injured athlete
- b. Nature of the injury and current status of the athlete
- c. Acute care already rendered
- d. Exact location where injured

Lorain High School (gymnasium events): enter through east main doors

Football/Track stadium: enter from Oberlin Ave.

Football practice field: enter from Oberlin Ave.

Baseball/Softball fields: enter from main park entrance off Meister Rd (see attached map for specific location of teams)

- e. Emergency Medical Authorization Card
  - i. Name, address, phone number
  - ii. Date of birth
  - iii. Any known medical conditions/allergies
  - iv. Parent contact information; alternate phone numbers
  - v. PCP information
  - vi. Dental information
  - vii. Insurance information
  - viii. Consent to treat

## **IX. Follow-up Plan of Care**

a. Parent Contact Plan-If the Athletic Trainer is the first responder he/she will designate the appropriate individual to contact the athlete’s parents and inform them of the situation.

b. School Administration Contact Plan-If an administrator is not present at the event or in the school the athletic trainer or a coach, whoever is not treating the athlete, will be responsible for contacting the appropriate administrators.

c. Documentation Plan-the Athletic Trainer will be responsible for all documentation including the nature of the injury and treatment rendered, if 911 was called, specific personnel utilized during the incident, and parental/guardian contact.

**X.** Review EAP annually to keep all of the information up to date and also find ways to improve.

