



RESPONSIBLE RESTART OF ATHLETICS - ATHLETE GUIDELINES

The following Responsible Restart guidelines must be followed in order to participate in any athletic session. Our ability to continue to move forward with athletics and participate in future sport seasons depends on how well we protect each other today and everyday.

- ALL SUMMER ATHLETIC WORKOUT SESSIONS ARE VOLUNTARY FOR OUR ATHLETES.
- Athletes must update their FinalForms information and sign all forms for the 2020-21 school year.
- Athletes must select their sport(s) on their FinalForms page.
- ATTENDANCE, TEMPERATURE VERIFICATION AND A DAILY SYMPTOM ASSESSMENT will be done for every coach and athlete by a member of our medical team or a coach before being allowed to participate in any organized athletic activity.
- Each daily symptom log sheet will be kept as documentation and future reference.
- An athlete that has any type of Covid 19 symptoms, will be asked to leave the facility immediately.
- Athletes must always maintain social distancing. Maintaining a 6 ft distance at all times in expected and required.
- Athletes should park in designated areas, and should enter and exit from the field as directed by their coaches.
- Masks are encouraged but not mandatory for participating athletes.
- Restrooms will be available for emergencies only. NO LOCKER ROOM FACILITIES WILL BE AVAILABLE.
- NO WATER WILL BE PROVIDED. All athletes must supply their own water daily labeled with their names. Athletes should not share water at any time.
- Athletes should arrive at workouts with only necessary items for the day.
- PHONES: Since no lockers will be available to secure phones, athletes should leave their phone in your car. Coaches will have phones in case of emergency.
- Athletes that do not follow the guidelines communicated will immediately be dismissed from participation for the day.
- **Failure to comply with these guidelines will result in dismissal from workouts.**
- [Social Distancing Information and Video](#)
- [Hand Washing Information and Video](#)

- [Hand Sanitizing Information and Video](#)
- [How To Make a No Sew Mask](#)