



RESPONSIBLE RESTART OF ATHLETICS - COACHES GUIDELINES

The following guidelines are required for all coaches to maintain a safe environment for all student-athletes and their families. Our ability to continue to move forward with athletics and participate in future sport seasons depends on how well we protect each other today and everyday.

- All head coaches must submit a Responsible Restart Plan via the Google Coaches Covid 19 Information folder prior to beginning any summer workouts.
- **ALL SUMMER ATHLETIC WORKOUT SESSIONS ARE VOLUNTARY FOR OUR ATHLETES.**
- Coaches **MUST** always wear a mask while on campus.
- Coaches **MUST** always maintain 6-foot distancing guidelines, on campus or off site for golf and cross country.
- **ATTENDANCE, TEMPERATURE VERIFICATION AND A DAILY SYMPTOM ASSESSMENT** will be done for every coach and athlete by a member of our medical team or a coach before being allowed to participate in any organized athletic activity.
- **BEFORE** an athlete can enter an indoor facility, a symptom assessment must be done on **ALL** coaches and athletes by a coach or a member of the medical team.
- Each daily symptom log sheet will be kept as documentation and future reference. It is a coach's responsibility to enter each day's symptom log sheets into the appropriate days Google folder. Please name each symptom log sheet entry (Volleyball - June 8, 2020, 10 AM)
- If a student does not follow our Responsible Restart guidelines and/or social distancing recommendations, you will dismiss that athlete immediately from participating in any training for the remainder of the day with a phone call to their parent.
- Any athlete that exhibits any symptoms prior to or during a workout session will be dismissed immediately with a phone call to their parent. A signed release from a doctor will be required before they can return to participate in any athletic program.
- Parents/Guardians may wait for athletes but must always remain in their own vehicle, in the designated parking area. **NO SPECTATORS AT ANY ATHLETIC FACILITIES (INDOOR OR OUTDOOR).**
- **ALL LOCKER ROOM FACILITIES SHALL REMAIN CLOSED.**
- Restroom facilities will be available for the athletes only for emergency situations.

- Athletes should bring their own water to each workout as drinking fountains will not be in use. Athletes should NOT share water bottles or any other personal equipment such as towels and/or clothing.
- Any athletes that do not follow and cooperate with the guidelines for summer participation will be asked to leave the facility immediately.
- Athletes that exhibit Covid 19 symptoms will NOT be permitted to return to athletic activity without a doctor's return to play documentation.
- [**Social Distancing Information and Video**](#)
- [**Hand Washing Information and Video**](#)
- [**Hand Sanitizing Information and Video**](#)
- [**How To Make a No Sew Mask**](#)