

KENT CITY CROSS COUNTRY COURSE RECORDS

	<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
HS Boys' Record:	Fraser Wilson	Kent City	15:55	2017
HS Girls' Record:	Ali Wiersma	Allendale	18:23	2010
MS Boys' Record:	Fraser Wilson	Kent City	8:24	2013
MS Girls' Record:	Lauren Freeland	Kent City	9:36	2013
Long Lake Park: used from 2003-present				