2018-2019 MONROVIA HIGH/MIDDLE SCHOOL ATHLETICS

PROCEDURE FOR ATHLETIC PHYSICALS & ELIGIBILITY TO PARTICIPATE

(Athletic Office 317-996-2638)

You MUST have your physical form on file in the Athletic Office at MHS BEFORE you can participate and begin your first official day of practice.

PLEASE NOTE: The new process of accepting all other athletic paperwork online. This includes the 4 handbook forms along with the concussion & cardiac acknowledgement form.

Please go to <https://monroviasports.rankonesport.com> to complete the online portion. There is further information on the athletic website.

IHSAA official starting dates for the 2018-19 school year are:

July 27 Girls Golf

July 30 Boys/Girls Cross Country, Football, Boys/Girls Soccer, Volleyball

October 15 Girls Basketball

October 29 Wrestling

November 5 Boys Basketball

February 11 Boys & Girls Track

March 4 Softball

March 11 Baseball, Boys Golf

What you should do: after the EFFECTIVE DATE of APRIL 1, 2018

Pick up the NEW physical form from the Athletic office at MHS. These are also available online.

Have your doctor complete page 2 of the 2018-2019 IHSAA Pre-participation Physical Evaluation form. *In order to be eligible for the 2018-2019 school year, your physical must be dated on or after April 1, 2018.*

You and your parent/guardian should complete the History Form and the Consent & Release Certificate on the 2018-2019 PHYSICAL FORM.

You will also need to complete the Pre Participation Forms online including: Concussion and Sudden Cardiac Arrest Acknowledgement, Informed Consent, Pledge and Consent, Permission to Photograph/Videotape, Disclaimer for Risk Injury, Health Insurance and Athletic Handbook.

These forms must be filled out online at: <https://monroviasports.rankonesport.com>

To be eligible to participate on the first official day of practice please be sure that:

1. You have turned in your completed physical to the MHS athletic office.

2. You have completed the online paperwork (All 5 forms)

The coach will not allow you to practice if you have not completed the above. It is important to check with the coach prior to the first official day (see above dates) to make sure there’s not an issue.