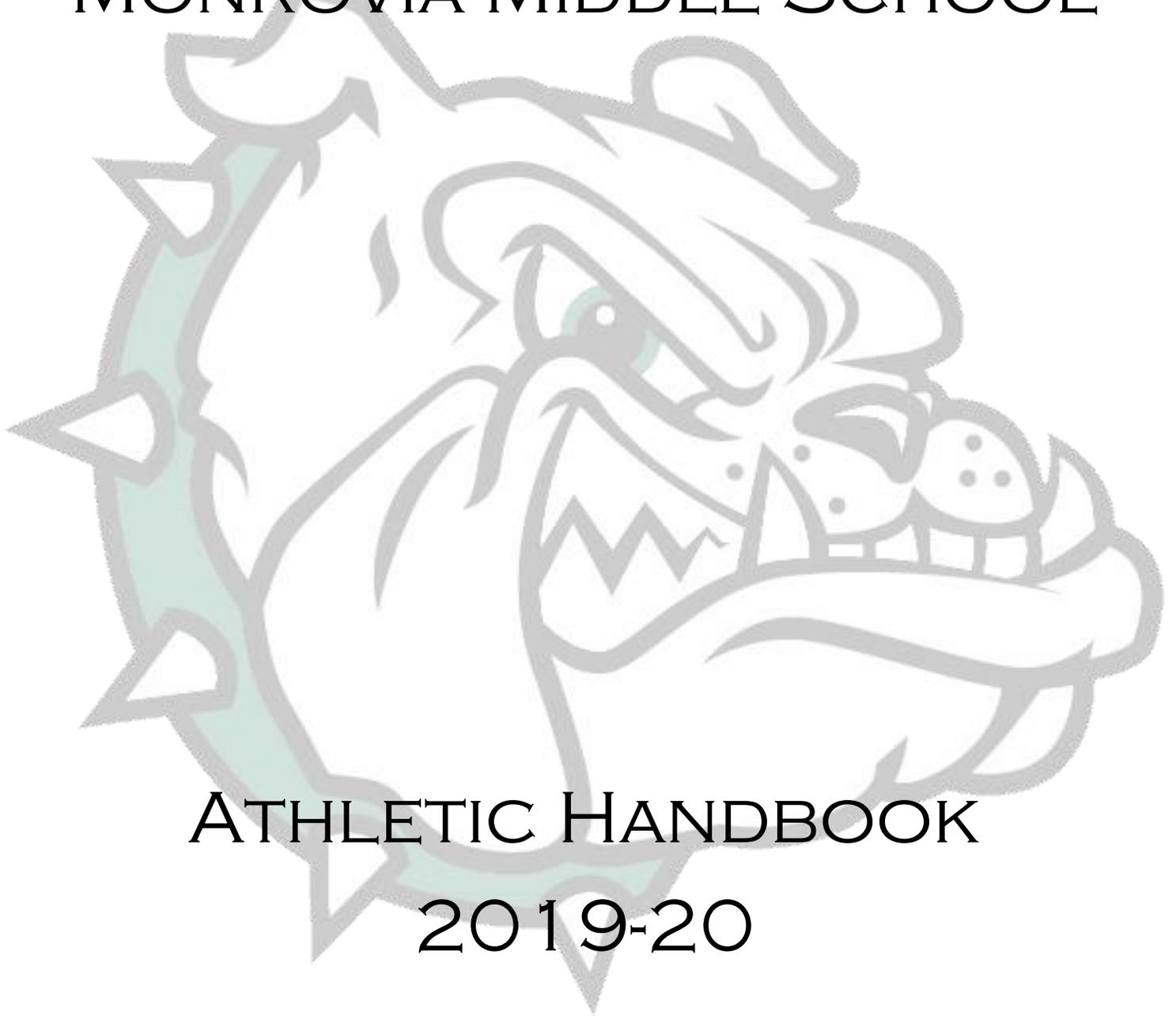


MONROVIA HIGH SCHOOL  
&  
MONROVIA MIDDLE SCHOOL



ATHLETIC HANDBOOK  
2019-20



ONE TOWN \* ONE TEAM \* ONE DREAM

# MONROVIA, INDIANA

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## **STATEMENT OF PHILOSOPHY**

Participation in athletic activities at Monrovia High/Middle School is a privilege. High standards of conduct are expected from any student participating in these activities. Athletic activities have a positive effect on the development of constructive attitudes for citizenship and life skills.

The athletic phase of the education program is an area in which a participant has a unique opportunity to learn desirable qualities, among which are the principles of justice, fair play, good sportsmanship, respect for rules and authority, respect for others, respect for one's own health and physical well-being, development of leadership, group pride, teamwork, self-discipline and self-sacrifice.

A large segment of the student body and community respects and admires student-athletes. Accordingly, in order to participate in athletics and represent the school corporation, a student-athlete is expected to hold himself/herself as a good example of conduct, sportsmanship, and mental and physical training. Being a good example includes avoiding the use of tobacco, alcohol and unlawful, illicit drugs. A student-athlete who uses such substances is a danger to himself/herself, his/her teammates and his/her opponents.

Substance abuse, including drugs, tobacco, and alcohol, is a serious problem in today's society, and schools are not immune to such problems. The Board of School Trustees and its staff are aware that some students have used alcohol and drugs. Such use has been documented through school-sponsored student surveys, personal observations of the staff, and information from our students. The Monroe-Gregg School District has devoted serious attention to the abuse of drugs, tobacco, and alcohol by our students and recognized the health risks and dangers associated with such use. The risks to students include the possibilities of impaired judgment, diminished capacity, deterioration of the body's organs, addiction, contraction of associated diseases through the use of common or unsterilized paraphernalia, modification of behavior, and other conditions which substantially inhibit a person from performing to his or her fullest natural ability. The Board of School Trustees and its staff believe that every effort must be undertaken to protect students from such abuses, to prevent such abuse, and to assist those who may be involved in abuse.

In an effort to insure that the Monroe-Gregg School District has employed every opportunity to prevent and handle the abuse of alcohol, tobacco, and drugs, the Board of School Trustees has instituted a random drug, tobacco, and alcohol-testing program. As a condition of participation in its High/Middle school interscholastic athletic program, this random drug, tobacco, and alcohol testing program will add a new dimension to this athletic code and the student handbook already established by the school corporation to guide student conduct. This program is intended to be a helpful and educational part of the overall physical and mental education and conditioning programs of the Monroe-Gregg School District. In addition, since drug use is inconsistent with the purposes of participation in interscholastic athletics and the purposes of the school corporation in general, the program also includes appropriate procedure and consequences for drug related abuse.

The purposes of the program are:

1. To prevent drug, tobacco, and alcohol abuse;
2. To educate student-athletes as to the serious physical, mental, and emotional harm caused by drug, tobacco, and alcohol abuse;
3. To alert student-athletes with possible substance abuse problems to the potential harm;
4. To prevent injury, illness and harm as a result of drug, tobacco, and/or alcohol abuse;
5. To maintain an interscholastic athletic environment free of alcohol, tobacco, and drug abuse at Monrovia High/Middle School.

The program is not intended to be disciplinary or punitive in nature. Rather it is the purpose of this program to educate, assist and direct a student-athlete away from drug, tobacco, and alcohol abuse and toward healthy, safe and drug-free participation in athletic activities.

## **ELIGIBILITY RULES:**

In order to represent Monrovia High/Middle School in any interscholastic competition, a student must meet all eligibility requirements of the IHSAA as well as those at Monrovia High/Middle School.

1. Students whose twentieth birthday occurs before the State Finals date shall be ineligible for further inter-school athletic competition.

2. To be eligible scholastically, students (a) must have received passing grades at the end of their last grading period in school in at least 5 solid semester subjects. Students must be in attendance at least the last 4 class periods of the school day in order to participate in athletic competition and/or practice on that school day unless prior approval from the Athletic Department.

3. Students must turn in, prior to any organized athletic practice, conditioning or open facility, regardless of the time, a physical examination sheet signed by a physician, a parent's consent certificate, and all signed RankOne forms. Failure to do any of these things will eliminate the student from any participation in any sports until these materials are in the hands of the Athletic Director.

4. If an athlete quits a sport after the first contracted event in that sport, the athlete is ineligible to participate in another sport in season or to prepare for another sport out of season until the sport the athlete quit has concluded its regular season.

### **RESPONSIBILITIES:**

The privilege of participating in our athletic program is extended to all students regardless of sex, providing they are willing to assume certain responsibilities.

The greatest responsibility is to be a credit to your parents, your school, and your community. Therefore, it is required that you...

1. Display high standards of social behavior.
2. Display outstanding sportsmanship.
3. Display proper respect for those in authority including teachers, coaches, officials, and most of all, your opponents.
4. Display a real spirit of cooperation.
5. Dress with special care when attending a contest, whether at home or away. Keep yourself neat, clean and socially presentable at all times.
6. Use language that is socially acceptable. Profanity, vulgar talk, and obscene gestures will not be tolerated on or off the field of play.

### **ATHLETIC COUNCIL**

The Athletic Council is comprised of the following individuals:

1. Principals of Monrovia High/Middle School
2. Athletic Director of Monrovia High/Middle School
3. Assistant Athletic Director of Monrovia High/Middle School
3. All Head Coaches

The purpose the Council will be to review athletic department policies and make recommendations to the Principal and / or Athletic Director.

### **CODE OF CONDUCT**

#### **General Rules and Consequences**

Training rules are a matter of self-discipline. The best performance the individual is capable of producing comes only when that individual is willing to sacrifice his or her time and effort toward a conditioned training program that will help discipline daily habits during a lifetime.

Any student-athlete or team manager at Monrovia High/Middle School must practice the following code:

Drinking alcohol, using tobacco, vaping, and using drugs are regarded as detrimental habits for all persons, not just athletes. The athletic department hopes that restricting the use of these substances will help to establish habits that will assure a profitable way of conduct, an example for others to follow, and a carry-over value in one's life after school is finished. Accordingly, the use, consumption, or possession of alcoholic beverages, tobacco products, or drugs is prohibited. Use of drugs other than those that are legally prescribed is also prohibited. Evidence of violation of these rules may be determined by established charges filed by law enforcement officials or agencies, observation by members of the athletic staff, faculty, and administration or by admission of the participant. Abstinence from the use of these substances is a year-round task. The Monrovia High/Middle School Athletic Department reserves the right to use a variety of methods to investigate potential Code of Conduct violations. These include, but are not limited to, legal notifications, internet websites, parent communication, and other personal contacts. Violations of the Code of Conduct have no statute of limitations and will be dealt with as discovered by coaches or administrators.

The Athletic Department has decided that violators of this rule will be punished as follows:

## **Alcohol, Drugs, Tobacco, Vaping or Controlled Substance Use**

Drinking, use of tobacco or vaping devices, use of drugs or any controlled substances shall be determined by police action, individual confession, identification by an adult member of the school corporation, or through random drug testing (without a medically supported explanation).

### First Offense:

The student-athlete must provide a Certificate of Completion from an approved Drug/Alcohol Education Course. Also Suspension from competition for twenty-five (25) percent of the scheduled games for that season starting immediately and carrying over until all suspended games have been completed. This punishment includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until the next school year if the full suspension cannot be completed in the balance of the season remaining.

### Second Offense:

Suspension from competition for fifty (50) percent of the scheduled games for that season starting immediately and carrying over until all suspended games have been completed. This punishment includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until the next school year if the full suspension cannot be completed in the balance of the season remaining.

### Third Offense:

Suspension from competition for one calendar year (365 days).

### Fourth Offense:

Permanent expulsion from participation in any interscholastic athletics.

In addition, the expectation of the student / athlete is to avoid any situation involving drug use or under age drinking. Encountering any such situation, the student / athlete is expected to leave that environment immediately. Failure to do so will subject the student / athlete to the following:

### First Offense:

The student-athlete must provide a Certificate of Completion from an approved Drug/Alcohol Education Course. Also, Suspension from competition for twenty five (25) percent of the scheduled games for that season starting immediately and carrying over until suspended games have been completed. This consequence includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until next school year if the full suspension cannot be completed in the balance of the season remaining.

### Second Offense:

Suspension from competition for fifty (50) percent of the scheduled games for that season starting immediately and carrying over until suspended games have been completed. This consequence includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until next school year if the full suspension cannot be completed in the balance of the season remaining.

### Third Offense:

Suspension form competition for one calendar year (365 days).

### Fourth Offense:

Permanent expulsion from participation in any interscholastic athletics.

## **Use of Tobacco Substances**

### First Offense:

The student-athlete must provide a Certificate of Completion from an approved Drug/Alcohol Education Course. Also, Suspension from competition for twenty five (25) percent of the scheduled games for that season starting immediately and carrying over until suspended games have been completed. This consequence includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until next school year if the full suspension cannot be completed in the balance of the season remaining.

Second Offense:

Suspension from competition for fifty (50) percent of the scheduled games for that season starting immediately and carrying over until suspended games have been completed. This consequence includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until next school year if the full suspension cannot be completed in the balance of the season remaining.

Third Offense:

Suspension from competition for one calendar year (365 days).

Fourth Offense:

Permanent expulsion from participation in any interscholastic athletics.

**Vandalism**

Vandalism, the theft or destructive misuse of school property, equipment, or personal property of others, is prohibited. This rule protects not only Monrovia High/Middle School and its students, but also all other schools, students, and community members with whom Monrovia High/Middle School competes and local community members.

First Offense:

Suspension from competition for twenty five (25) percent of the scheduled games for that season starting immediately and carrying over until suspended games have been completed. This consequence includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until next school year if the full suspension cannot be completed in the balance of the season remaining.

Second Offense:

Suspension from competition for fifty (50) percent of the scheduled games for that season starting immediately and carrying over until suspended games have been completed. This consequence includes carryover into a different sport in a following season in which the athlete may be participating. A suspension also carries over until next school year if the full suspension cannot be completed in the balance of the season remaining.

Third Offense:

Suspension from competition for one calendar year (365 days).

Fourth Offense:

Permanent expulsion from participation in any interscholastic athletics.

**SUSPENSIONS**

For a student in grades 10-12, suspensions will apply to the balance of the season remaining in which a positive test occurred. If the balance of the season is inadequate to complete the number of suspensions, the remaining suspensions will be completed in the next sport in which the student athlete has been a participant. However, the balance of suspensions cannot be made up in a sport in which the student athlete has not previously participated, unless the full season is completed in good standing. The only exception is for a student in grade 9 who will be allowed to complete the balance of suspensions, if any, in the next sport in which the student participates.

Suspension from competition shall take place from the date of the first contest following the violation until the date of the first contest following completion of the suspension period. If the violation takes place during the season and there are insufficient weeks remaining in the season for full running of the suspension period, the remaining weeks of suspension will carry over into the next season or sport in which the student seeks to participate. If the violation occurs out of season, the suspension will take place during the following season.

Practice during the period of suspension may be allowed at the discretion of the individual coach involved. However, an athlete may begin practice ten days prior to the end of the suspension period in order to complete ten days of practice before the first game. An athlete who quits a sport to avoid serving a suspension in that sport will serve the suspension in the next sport in which he or she participates.

If an athlete is serving a suspension and becomes academically ineligible during the suspended period, the suspension-ineligibility will be served consecutively. If an athlete is academically ineligible and is suspended while academically ineligible, the

suspension-ineligibility will be served consecutively. If an athlete is serving a suspension and then gets seriously injured (broken leg, concussion, etc.) that may keep him/her out of practice and competition, the suspension will be on hold until the student is medically cleared to play.

When disciplinary action resulting in suspension or expulsion from participation is taken, the student will have a hearing with the coach, and the coach will inform the student about the violation. The coach will also report in writing the problem involved to the athletic director, giving all the details regarding the violation and the disciplinary action. It must be understood that the coach or athletic director shall inform the student-athlete's parents of the violation and the action taken within seventy-two hours after discipline is imposed.

### **MULTIPLE VIOLATIONS OF ATHLETIC HANDBOOK**

The Principal and Athletic Director will meet and determine appropriate disciplinary action in those instances where an athlete has violated the athletic handbook more than once in different categories.

### **JUVENILE OR CRIMINAL OFFENSES**

Upon presentation of reasonable evidence that a student-athlete has acted in a manner that would constitute a crime if committed by an adult or that could result in a criminal charge (whether or not formally made by the office of the prosecuting attorney), the athlete will be suspended by the coach until the Principal and Athletic Director determine the extent of the penalty.

### **HARASSMENT**

The School Board recognizes that a student has the right to learn in an environment untainted by sexual or other forms of harassment or discrimination. Offensive conduct which has the purpose or effect of unreasonably interfering with learning performance or creating an intimidating, hostile, discriminatory, or offensive learning environment disrupts the educational process and impedes the legitimate pedagogical concerns of the Corporation.

Sexual harassment includes all unwelcome sexual advances, requests for sexual favors, and verbal or physical contacts of a sexual nature. Other prohibited conduct includes that which has the purpose or effect of creating an intimidating, hostile, discriminatory, or offensive learning environment on the basis of gender, religion, race, color, ethnicity, age and/or disability.

The harassment by a student of a staff member or fellow student of this Corporation is strictly forbidden. Any student who is found to have harassed a staff member or student will be subject to discipline in accordance with law and the Code of Conduct.

If a student reports that she/he is being harassed by a member of the staff, or witnesses harassing behavior by a staff member against a student, the matter is to be reported immediately to the athletic director, who shall then contact the principal, who shall then contact the superintendent. Detailed information regarding harassment and the reporting of such can be found in the Monrovia High/Middle School Student Planner.

### **ADDITIONAL TRAINING RULES**

Acting in a manner that brings embarrassment, disrespect, or shame to yourself and/or your school, or that negatively impacts the reputation of yourself or your school can be considered a violation of the Monrovia High/Middle School Code of Conduct. Examples of such conduct include, but are not limited to, illegal activity; non-illegal activity that is lewd, vulgar, obscene, indecent, or that portrays sexual conduct done in a manner whereby the community learns of such activity; or activity that degrades, demeans, or disparages any coach, activity sponsor, school official or student.

Any Player or Coach, who is ejected from a contest, will serve a 1-Game Suspension for the IHSAA. If the official decides that the ejection was flagrant, the student-athlete may serve an additional 1-Game Suspension for Monrovia High/Middle School.

Each coach shall establish his or her own rules regarding training, practice, curfews, and any rules not covered by the above guidelines prior to the start of the season. Coaches may apply appearance guidelines concerning such areas as haircuts, hairstyle, hair color, appropriate dress for away contests, and any other guidelines concerning appearance while the student-athlete is representing Monrovia High/Middle School. These rules must be in writing and clearly communicated to the athletes and parents so there will be no misunderstanding on the part of the participants and their parents.

## TRAVEL-RELEASE FORMS

Student-athletes are **EXPECTED** to ride with their coach/team on the provided bus or van to and from all away athletic contests. If an athlete has a just reason for needing to be transported by his or her parent(s) or guardian, a travel-release form must be completed in advance of each athletic contest and signed by the parent or guardian, coach, and the athletic director. The student-athlete must ride with only his or her parent(s) or guardian. He or she will not be allowed to ride with other students, friends, or parents of other athletes. The travel-release forms are available in the athletic director's office.

## AWARDS SYSTEM

### 1. Eligibility for Letter Awards by Sport:

**Football**- In addition to the general requirements, the player must participate in 20 quarters or 50% of the varsity quarters played to earn a varsity letter. All other members of the team not attaining this standard will receive a reserve certificate.

**Cross Country**- In addition to the general requirements, a runner must place in the top seven of the team in 50% of all meets in order to win a varsity letter. All members of the team not attaining this standard will receive a reserve certificate.

**Boys Basketball**- In addition to the regular requirements, a player must have played in 50% of the quarters during the regular season. Those players not attaining this standard or those players on the "JV" team will receive a JV certificate.

**Baseball**- In addition to the regular requirements, baseball players must participate in 50% of total innings played. Pitchers must pitch 1/3 of the total innings. Designated hitters must play in 50% of the total innings.

**Softball**- In addition to the regular requirements, softball players must participate in 50% of total innings played. Pitchers must pitch 1/3 of the total innings. Designated hitters must play in 50% of the total innings.

**Track and Field**- In addition to the general requirements, there are 2 ways to earn a Varsity Letter. A member can score an average of 1 point per meet in varsity competition. 2<sup>nd</sup> a member can make the Conference/Sectional Roster. All members of the team not attaining this standard will receive a certificate.

**Girls Basketball**- In addition to the regular requirements, a player must have played in 50% of the quarters during the regular season. Those players not attaining this standard or those players on the "JV" team will receive a JV certificate.

**Volleyball**- In addition to the general requirements, a player will achieve a Varsity Letter by participating in 50% of Varsity matches.

**Boys and Girls Golf**- In addition to the regular requirements, a golfer must participate in at least 50% of all golf meets. All players not eligible for a varsity letter will receive a reserve letter. A golfer must play in the sectional golf meet with the exception of the sixth person.

**Wrestling**- In addition to the regular requirements, those wrestlers who earn 35 points will receive a varsity letter. All other team members who do not attain this standard will receive a certificate.

How points are earned:

Points will be awarded for each meet a wrestler participates in. Dual meet-1 pt; Conference Meet- 2 pts; Sectional, Regional, Semi-State, or State- 3 pts. 3 pts. For a decision, 6 pts for a pin, and 1 pt. for a tie will be awarded for all dual meets.

Points for the conference, sectional, regional, semi-state, and state are as follows: Decisions- 1pt, pins- 3 pts. Conference Match: 4<sup>th</sup> place- 5 pts, 3<sup>rd</sup> place- 8 pts, 2<sup>nd</sup> place- 12pts, 1<sup>st</sup> place- 15pts.

**Soccer**- In addition to the regular requirements, a player must participate in 50% of the halves played in the regular season.

**Cheerleaders**- In addition to the regular requirements, a cheerleader must participate in 50% of the varsity quarters played to earn a varsity letter. All other members of the squad not attaining this standard will receive a JV certificate.

2. All candidates must have met the IHSAA and school rules.
3. Coaches must recommend all recipients to the Athletic Director.
4. All candidates must display proper sportsmanship to opponents, officials, and teammates.
5. All athletes must have returned all equipment to the satisfaction of the coach and Athletic Director.
6. In most instances, the athlete must complete the season. Injuries may waive this consideration for an athlete well into the season who has made an outstanding contribution to the team. The injury must be related to the sport (occurred in practice or game) and the candidate is not allowed to participate further in athletics on orders from a doctor. The candidate must further be qualifying for the award at the time of the injury.
7. The coaches of each sport reserve the right to recommend any senior athlete for an award who, in their estimation, has contributed satisfactorily. Managers are eligible for a Varsity letter to be determined by each individual Head Coach.
8. Attitude on and off the athletic arena are to be taken into consideration when an athlete is recommended for an award.
9. Athletes who transfer to MHS from another school will receive credit from their athletic record at the previous school after they have won a varsity award at MHS.
10. A participant must be regular in attendance at practice. He/She is to meet the practice schedule as set forth by the coach or assistant coach.
11. The coach of each sport will certify that each participant recommended for an award has met the minimum requirements as listed in handbook for that particular sport.
12. A participant must be eligible and available at all times throughout the season for his/her chosen sport(s). The coach will determine excused or unexcused absences from practice or contests.

*Any coach may appeal to the athletic council on behalf of any deserving athlete who does not qualify under the letter guidelines.*

**Monrovia High/Middle School**  
**Student & Parent/Guardian**  
**Concussion Information & Acknowledgement**

In order to better protect and inform student-athletes and families, Monrovia High/Middle School Athletics has mandated that all athletes, parents/guardians, and coaches follow the IHSAA Concussion Policy and Indiana State Law, which requires an acknowledgement of having been informed about concussions.

A concussion is a brain injury, and all brain injuries are serious. They may be caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head.

A concussion can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications, including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. One cannot see a concussion. Most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms/signs of concussion, seek medical attention right away.

**Symptoms may include one or more of the following:**

1. Headache
2. Nausea/vomiting
3. Balance problems or dizziness
4. Double vision or changes in vision
5. Sensitivity to light or sound/noise
6. Feeling of sluggishness or fogginess
7. Difficulty with concentration, short-term memory, and/or confusion
8. Irritability or agitation
9. Depression or anxiety
10. Sleep disturbance

**Signs observed by teammates, parents and coaches include:**

1. Appears dazed, stunned, or disoriented
2. Demonstrates short-term memory difficulties (e.g. is unsure of the game, score, plays, or opponent)
3. Exhibits difficulties with balance or coordination
4. Answers questions slowly or inaccurately
5. Loses consciousness
6. Demonstrates behavior or personality changes
7. Unable to recall events prior to or after the hit

**What can happen if my child/player continues to play with a concussion or returns too soon?**

Athletes with the signs and symptoms of a concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents and students is vital for the safety of the student-athlete.

For current and up-to-date information on concussions you can go to the following sites:  
<http://www.cdc.gov/ConcussionInYouthSports/> or [www.nfhslearn.com](http://www.nfhslearn.com)

## Monrovia High/Middle School Concussion Protocol

Monrovia High/Middle School utilizes ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing). This 25-minute computerized baseline test is currently administered to athletes prior to the beginning of their competitive season. The test allows for an objective symptom measurement as well as a measurement of verbal and visual memory, processing speed and reaction time. These baseline numbers are then used for comparison if/when an athlete sustains a concussion later in the season.

If an athlete shows even one sign or symptom of a concussion they will be removed immediately from practice or contest and not permitted to return until the following steps have been completed. (\*In no instance where a concussion is suspected, may an athlete return to play on the same day as the injury.)

1. An initial post injury ImPact test will be administered within 72 hours of initial injury.
2. After the initial test, the athlete should be seen by a physician trained in evaluation and management of concussions.
3. Should a concussion be determined by the physician, an athlete will not be permitted to return to the contest/practice until the following steps have been completed.
  - a. Impact post-test scores return to baseline level
    - If initial post injury test scores do not return to baseline level, retests will be administered every 72 hours with no more than two tests per week until scores return to baseline level
  - b. Athlete has been seen and cleared by a MD or DO to return to play using the state “Concussion Evaluation and Release to Play form”.
  - c. Athlete is symptom free at rest and at exertion.
  - d. Athlete must successfully complete the following return to participation protocol as monitored by the Monrovia High/Middle School Certified Athletic Trainer while remaining symptom free.
    - Step 1: Light activity
    - Step 2: Moderate activity
    - Step 3: Heavy non-contact physical activity
    - Step 4: Full contact controlled practice
    - Step 5: Full game play.

\* The return to play progression will take a minimum of 3 days to complete.

\* If the athlete experiences a return of symptoms during any of the above steps, the progression will revert to the previous level of exertion on the following day.

**EACH CONCUSSION WILL BE EVALUATED AND TREATED ON AN INDIVIDUAL BASIS. A CERTIFIED ATHLETIC TRAINER FOR MONROVIA HIGH/MIDDLE SCHOOL, IN CONSULTATION WITH AN IMPACT CERTIFIED PHYSICIAN, HAS THE FINAL SAY IN RELEASING AN ATHLETE BACK TO PARTICIPATION.**

**INFORMED CONSENT:**  
**THE FIRST STEP OF PARTICIPATION IN SPORTS**

I/we acknowledge that the participant is assuming a certain risk of being injured. Even with the best coaching, with the use of the most advanced protective equipment, and with the strict observance of rules, injury is still a possibility in organized athletics. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death.

STUDENT'S NAME \_\_\_\_\_ (Please Print)

I have read and understand the rules and regulations as stated in this booklet. As a member of an athletic squad representing Monrovia High/Middle School, I agree to guide my conduct accordingly.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
(Student signature)

As a parent of a member of a Monrovia High/Middle School athletic squad, I have also read and understand the contents of this booklet. I approve of this code of conduct expected of my son or daughter, and will help them to maintain these standards.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
(Parent signature)

Insurance Information Request (Please fill in the following)

I, or we, have health and accident insurance that will cover \_\_\_\_\_  
(Student Name)

in all sports. We have insurance with \_\_\_\_\_  
(Name of Insurance Company)

Father's Place of Employment \_\_\_\_\_

Mother's Place of Employment \_\_\_\_\_

\_\_\_\_\_  
(Parent and/or Guardian signature)

\*\*\*\*\*

I understand that if my child sustains an injury during his/her athletic season, the Monrovia High/Middle School Certified Athletic Trainer may disclose injury information to my child's specific coach (or the designated member of that coaching staff), the Monrovia High/Middle School Administration, and/or any treating physicians.

\_\_\_\_\_  
Parent/Guardian Name Printed

\_\_\_\_\_  
Parent/Guardian Name Signed

\_\_\_\_\_  
Student/Athlete Name Printed

\_\_\_\_\_  
Date

**PLEDGE AND CONSENT**  
*Monroe-Gregg School District*

As a student participant in athletic activities at Monrovia High/Middle School, I recognize and accept that my participation is a privilege -- an opportunity for me to make a significant contribution to my school, my community, and my personal development. Representing Monrovia High/Middle School in athletic activities places many responsibilities upon me as an individual. Many people -- including fellow students, faculty members, sponsors, coaches, school officials, and parents -- are giving many hours of time and a great deal of financial support to provide a fine athletic program for me. In consideration of this, I agree to live by and conduct myself in accordance with the following pledge:

1. I will conduct myself so as to reflect honor upon myself, my fellow students, my school, my parents, and my community at all times in all places.
2. I will keep myself mentally and physically alert so that I can contribute my best efforts, and benefit my fellow participants, my school, my community, and myself.
3. I will not use tobacco, alcohol, or unlawful illicit drugs while a student of Monrovia High/Middle School.
4. I will actively discourage the use of tobacco, alcohol, and drugs among youth in order to achieve tobacco, alcohol, and drug-free schools.

**MONROE - GREGG SCHOOL DISTRICT**  
**EXTRACURRICULAR ACTIVITIES & STUDENT DRIVER CONSENT FORM**

I have received, read and understand a the "Monroe – Gregg School District Extracurricular Activities & Student Driver Drug Testing Program." I wish to participate in this program, and in the extracurricular programs of Monroe – Gregg School District, and hereby, voluntarily agree to be subject to its terms for my entire school career (grades 7 –12). I accept the method of obtaining urine specimens, testing, and analyses of such specimen, and all other aspects of the program. I agree to cooperate in furnishing urine specimens that may be required from time to time.

I further agree and consent to the disclosure of the sampling, testing, and results provided for this program. This consent is given pursuant to all State and Federal Privacy Statutes, and is a waiver of rights to nondisclosure of such test records and results only to the extent of the disclosures in the program.

Date: \_\_\_\_\_, 20\_\_\_\_\_

Grade: \_\_\_\_\_

\_\_\_\_\_  
Student Name PRINTED

\_\_\_\_\_  
Parent/Guardian PRINTED

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Signature

1. First offense = 25% participation ban of the regular season contests/remaining school days AND Certificate of Completion from an approved Drug/Alcohol Education Course
2. Second offense = 50% participation ban of the regular season contests/remaining school days
3. Third offense = 365 day participation ban
4. Fourth offense = Career participation ban

The student and guardian must complete and sign a Withdrawal of Consent Form in order for a student to be removed from the testing pool. Removal from the program eliminates participation for a full calendar year.

Student Driver: \_\_\_\_\_ YES \_\_\_\_\_ NO

Athletic Teams: \_\_\_\_\_ Fall \_\_\_\_\_ Winter \_\_\_\_\_ Spring

Extracurricular Activities: (List name on lines below)

Band (name) \_\_\_\_\_

Choir (name) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PERMISSION TO PHOTOGRAPH/VIDEOTAPE  
RELEASE TO UTILIZE  
PERMISSION TO RELEASE FOR NEWSPAPER PUBLICATIONS**

We recognize the value of audio-visual and other types of electronic communication in providing our child with an effective education and hereby grant permission for our child and/or his/her schoolwork products to be photographed or videotaped as part of an educational program produced by the corporation or coalition of corporations.

We further grant permission for the photographs or videotapes be used in media presentations that are made available to other educational institutions or through a cable television station or network. We understand that our child's image, name, work product, school, and grade may be revealed in the presentation(s) but that no other information about our child or his/her schoolwork will be revealed without our prior consent.

Student's Printed Name \_\_\_\_\_ Student's Signature \_\_\_\_\_

Parent's Printed Name \_\_\_\_\_ Parent's Signature \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone (Home) \_\_\_\_\_ Telephone (Work) \_\_\_\_\_

\_\_\_\_\_ Date

It is the policy of this corporation that no student shall be discriminated against on the basis of race, color, religion, national origin or citizenship status, creed, or ancestry, age gender, disability, height, weight, or other protected characteristics.

Monroe-Gregg School District  
135 South Chestnut Street  
Monrovia, IN 46157  
Phone (317) 996-3720  
Fax (317) 996-2977

**THE SCHOOL DISTRICT DOES NOT PROVIDE ANY TYPE OF HEALTH OR ACCIDENT INSURANCE FOR INJURIES INCURRED BY YOUR CHILD AT SCHOOL.**

The school district does not provide any type of health or accident insurance for injuries incurred by your child at school.

REASON'S TO PURCHASE THIS COVERAGE:

1. Deductibles and co-pays in your health plan. Many health plans have increased the amount of out-of-pocket expenses.
2. No insurance.

This plan will provide benefits for medical expenses incurred because of an accident. If you have other insurance, our benefits will be applied to your deductible or co-pay.

If you have no other insurance this will become your primary accident plan.

To purchase coverage:

1. Print names, addresses and other information clearly.
2. Please enclose a check or money order made payable to- STUDENT ASSURANCE SERVICES, INC. or Complete the credit card payment form.
3. Print Student's name on the face of the check.
4. Detach and retain the summary of coverage, and return the envelope to the school within 10 days. Coverage will become effective at 12:01 a.m. following the date the enrollment form and premium are received and dated by the school.
5. All questions regarding the coverage may be directed to Student Assurance Services, Inc., at (651) 439-7098, or toll free 1-800-328-2739.

Please sign and return the information below if you already have adequate insurance.

Thank you,

\_\_\_\_\_ (title)

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**PARENTAL INSURANCE WAIVER**

Student's Name \_\_\_\_\_

We have adequate insurance to protect our son/daughter in case of an accident.

Parent's Signature \_\_\_\_\_

The program is underwritten by Security Life Insurance Company of America located in Minnetonka, Minnesota and administered by Student Assurance Services, Inc. of Stillwater, Minnesota.

Monrovia High/Middle School  
Office of Interscholastic Athletics  
Disclaimer for Risk of Injury, Health Insurance and Athletic Handbook  
2019-2020

**Family Acknowledgement: The Risk of Injury in High/Middle School Sports**

Participation in High/Middle school athletics carries with it the very real potential for injury. It is possible that a student athlete may face an injury that will result in missing one or more days of practice or contests at least one time during his four year career.

It must be clearly understood by our student athletes and their families that even with proper coaching and support from our coaching staff, and the use of proper equipment and tremendous facilities, injuries may take place. These injuries can range from, but are not limited to, soreness, bruises, sprains, strains, dislocations, broken bones and concussions. It should also be clearly understood that some of these athletic injuries might result in catastrophic injuries including partial or full paralysis and in some instances death.

We need your help as a student athlete and as a family. Proper rest, nutrition, and the adherence to the rules and guidelines established by the Monrovia High/Middle School Office of Interscholastic Athletics and the coaches of your sports will go a long way to assure that injuries do not happen.

I understand and accept this risk.

**Health Insurance Disclaimer**

The Monrovia High/Middle School Office of Interscholastic Athletics does not provide health insurance for student athletes. Health insurance must be provided by the student athlete's family and the cost of any medical bills incurred while participating in athletics at Monrovia High/Middle School must be assumed by the family.

We understand that health insurance is not provided by the Monrovia High/Middle School Office of Interscholastic Athletics for participation in athletic programs for the 2015-2016 school year.

**Receipt of Handbook for Monrovia High/Middle School Athletes**

We have read and understand the Risks of Injury, the Health Insurance Disclaimer and the rules and regulations as stated in the Handbook for Monrovia High/Middle School Athletes.

Parent: \_\_\_\_\_

Student: \_\_\_\_\_

Date: \_\_\_\_\_