

# TFT RIDERS



Volleyball Summer

Packet 2018

# Welcome to the beginning of the 2018 Volleyball Season

## **Contact Information:**

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## **SUMMER OF 2018 (PRESEASON PREPERATION)**

Our 2018 season is less than 10 weeks away. Off season and summer are not "OFFSEASON" and not the time to start taking a break. Please understand "A BREAK" might mean the difference between you making a team and not making a team next year. If you want to be the best you must sacrifice and put in the work and dedication.

## **SUMMER AGENDA**

**1. PHYSICAL**...Please try to have your physical before we end school June 7th. Everyone needs paperwork but all incoming freshman and juniors need a new **Physical**.

a. Current Freshman and Juniors need to turn in the blue form to the trainers passed out in May. If you have not turned this in do it before June 7<sup>th</sup>.

**2. PAPER WORK**...All paper work is now electronic. **Everyone needs to have their parents go online and fill out the proper paperwork for 2018.** If you do not fill out the paper work you will not be cleared for 2018 even if you have a physical. (SEE ATTACHED PAPER)

**3. OPEN GYM** The coaches of Northside decided to run a northside open gym where certain schools would attend another schools open gym with the intent to scrimmage another school. This will allow actual game play and allow us to work on our defense and offensive schemes. Successful teams are built on chemistry. In order to build chemistry you need to play together. Our open gyms are highlighted on the summer calendar. Please make these open gym opportunities a priority. Rides may be a problem so team up and car pool.

**4. POWER CAMP** will be June 11-July 26<sup>th</sup> from 8-10:30. I highly recommend you attend. In the past our volleyball numbers have been low. Successful programs start with team commitment, sacrifice, and hard work. We want to build a championship program. It starts with leadership and commitment to a cause. Hold each other accountable and push each other to be the best you can be.

We will be having a **Varsity and JV camp** during the summer starting July 30th- July 31. Two sessions on Monday and one on Tuesday. The cost is 50.00 dollars cash. This is a chance for us to prepare for our upcoming season and allow the coaches to evaluate our weaknesses and strengths going into the season. The payment is to the coach of the camp.

**Freshman Camp** will be July 24<sup>th</sup> thru July 26th from

**First Day Of Practice & Tryouts Will Be WEDNESDAY, AUGUST 1<sup>ST</sup>.**



## **Wednesday, August 1      First Day of Tryouts**

10-12 <sup>th</sup> grade	Session I.	7:00-9:00	Testing and tryouts
	Session II.	12:00-2:30	Tryouts
	2:30-3:30	Team Selection	
Freshman	Session I	9:00-11:00	Tryouts
	Session II	3:30-5:30	Tryouts and 1 <sup>st</sup> cuts

## **Thursday, August 2**

10-12 <sup>th</sup> grade	Session I.	7:00-9:00	Practice
	Session II.	12:00-2:30	Practice
Freshman	Session I	9:00-11:00	Tryouts
	Session II	3:00-5:00	Tryouts
		5:00	Team Selection

We will meet with every girl individually. This may take some time so please be patient.

## **Friday, August 3**

Varsity	Session I	8-10:00	Practice
Varsity	Session II	1:00-4:00	practice
9 <sup>th</sup> /JV	Session I	10:00-12:00	Practice
9 <sup>th</sup> /JV	Session II	2:00-4:00	Practice

## **Mandatory Parent Meeting 5:00 in the Cafeteria**

## **Saturday, August 4      Carroll HS Scrimmage in Corpus Christi**

Tentative    Depart Taft 6:30 am

After our scrimmage we will be going to the beach for a program team bonding. Parents and families are welcome to hang out as well. This will be a great way to get to know each other.