



# Memo

**TO:** CIF SAN DIEGO SECTION PRINCIPALS/ ATHLETIC DIRECTORS

**FROM:** JOE HEINZ, COMMISSIONER  
TODD CASSEN, ASSISTANT COMMISSIONER

**SUBJECT:** CIF SAN DIEGO SECTION UPDATE

**DATE:** FEBRUARY 18, 2021

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San Diego Section Leaders;

Earlier today the California State Department of Health provided an update to the Youth Sports Guidance, previously provided back on December 14, 2020. The updated guidance goes into effect one week from today on Friday, February 26, 2021.

## **I. Key Takeaways from the Updated CDPH Guidance:**

### **Outdoor High Contact Sports in the Orange Tier: (Football, Boys Lacrosse, Soccer & Water Polo)**

Are now permitted to be played in the Purple or Red Tier once the County of Residence for the school reaches an Adjusted Covid Case Rate equal to or less than 14 per 100,000 tests.

\*\*\*Additionally, for the sports of Football & Water Polo: Weekly Antigen or PCR tests for all participants and coaches will be required until the County of Residence for the school reaches an Adjusted Covid Case Rate less than 7 per 100,000 tests. (The California Department of Health is working with local County Health Departments to provide additional access and information on this requirement)

### **Outdoor Moderate Contact Sports in the Red Tier: (Field Hockey, Baseball, Girls Lacrosse, Softball)**

Are now permitted to be played in the Purple Tier once the County of Residence for the school reaches an Adjusted Covid Case Rate equal to or less than 14 per 100,000 tests.



## San Diego CIF Section: A Shared Vision for Education Based Athletics

### Limitations for Inter-Team Competitions & Tournaments:

Invitationals & Tournaments are still not permitted. Additionally, teams are restricted to only one competition per day.

### Informed Consent Forms:

Due to the nature and risk of transmission while participating in outdoor high contact and moderate contact sports, schools will be required to provide information regarding risk to all parents/guardians of minors participating in such sports, and have each parent sign an informed consent indicating their understanding and acknowledgement of the risks.

### Covid - 19 Safety Protocols.

Youths recovering from COVID-19 will have different paths to return to sports based on the severity of their illness. Those who are asymptomatic or have mild symptoms should not exercise until cleared by a physician. Those testing positive will need to be cleared by a physician prior to returning to play.

### Volleyball Moved to Yellow Tier:

The sport of Indoor Volleyball was moved from the Orange Tier, to the Yellow Tier. Governor Newsom stated in his news conference today that a workgroup is being formed to look further into what requirements would be needed to open indoor sports for competition.

## II. CURRENT ADJUSTED CASE RATES BY COUNTY FOR SAN DIEGO SECTION:

*(Adjusted case rate\* 7-day average of daily COVID-19 cases per 100K with 7-day lag, adjusted for number of tests performed)*

<b>Imperial County:</b>	<b>18.4</b>	<b>Per 100,000</b>
<b>Riverside County:</b>	<b>28.8</b>	<b>Per 100,000</b>
<b>San Diego County:</b>	<b>22.2</b>	<b>Per 100,000</b>

\*\*\*Data presented as of February 16, 2021

## III. TIER ASSIGNMENT & SPORTS UPDATES:

### Purple Tier: *(Cross Country, Golf, Swim & Dive, Tennis, Track & Field)*

No Changes at this time. All Purple Tier Sports are permitted to continue practice and competitions through the remainder of their seasons.

### Red Tier: *(Baseball, Field Hockey, Girls LAX, Softball)*

Are permitted to begin competitions in the Purple Tier once the County of Residence for the school reaches an Adjusted Covid Case Rate equal to or less than 14 per 100,000 tests. (Season 2 Sports are set to begin practices on Saturday, March 13, 2021)



## San Diego CIF Section: A Shared Vision for Education Based Athletics

### Orange Tier:

#### Indoor Sports: (Badminton & Gymnastics)

No Changes at this time. County of Residence will need to reach the Orange Tier prior to allowing competitions to begin.

#### Outdoor Sports: (Football, Boys LAX, Soccer, Water Polo)

Are permitted to begin competitions in the Purple or Red Tier once the County of Residence for the school reaches an Adjusted Covid Case Rate equal to or less than 14 per 100,000 tests. (Additional weekly Antigen or PCR Covid Testing for Football & Water Polo athletes and Coaches)

### Yellow Tier:

#### (Basketball, Cheer, Volleyball, Wrestling)

Sport of Indoor Volleyball added to the Yellow Tier. County of Residence will need to reach the Yellow Tier prior to allowing competitions to begin.

## IV. SAN DIEGO SECTION IS MOVING FORWARD:

Our entire San Diego Section Team would like to thank you for your patience and support as we continue our push towards a full return of education based athletics for the student athletes, coaches, athletic administrators and all of the stakeholders within the San Diego Section. We will be hosting a Commissioner's Access meeting on Monday, February 22, 2021 to review the updated guidance and answer any questions you may have.

Thank you, and don't hesitate to reach out to our office should you have any questions.

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