

Athlete/Parent Instructions for Physical Day

April 28, 2018

Prior to Physical Day, parents must log-in to ParentVue and start the Athletics Registration for the 2018-2019 school year. Parents should complete Steps 1-4 of the registration. In step 4, parents will then PRINT the documents (Patient History Forms and Blank Physical forms).

On Physical Day, students should bring with them the Patient History forms and Blank Physical forms they printed from home. Forms can be printed at school if students do not have access to a printer.

NO ATHLETE WILL BE ALLOWED TO TAKE A PHYSICAL WITHOUT THE COMPLETED PATIENT HISTORY FORM.

Please plan to arrive based on the following schedule

- 8:00 am rising 10th-12th football players
- 8:30 am rising 9th football players
- All other sport athletes should arrive between 9:00 – 10:00 am. We plan to stop check-in at 10:00 am. Please be in line no later than 10:00 am

Please park in the lower parking lot using the Blue Springs entrance nearest the gym. Check-in will be located in the gym lobby.

Cost is \$20.00 Cash or Checks made out to PORI (Pinnacle Orthopaedics Research Institute)

Please wear comfortable clothing to Physical Day. (shorts, t-shirt, sports bra for females) Sweats can be worn over shorts and t-shirt.

Please plan on approximately 30 minutes from check-in to check-out for each athlete to complete the physical process.

At check-out, each athlete will be given their own physical to upload to the ParentVue system. It is the athlete/parent responsibility to upload the physical to the account (Step 5) of the Registration and then submit (step 6) the registration for review, unless other arrangements have been made with their coach.

Please contact Angie Guggino, Athletic Trainer with questions

angela.guggino@cobbk12.org