

EXCALIBUR WRESTLING

Excalibur Wrestling Club is a wrestling program ran at Northridge High School. It is open to any boy or girl pre-k-9th grade. The goal of the Excalibur Wrestling Club is to teach the fundamentals of wrestling, sportsmanship, teamwork, as well as handling individual achievements and disappointments.

Important Dates:

- There will be a parent meeting on Tuesday, October 16 at 6:15 in the Excalibur Room at Northridge High School.
- Practices will begin on Thursday, Oct. 18. They will be held every **Tuesday and Thursday** except for when school is closed.
- The final practice will be on Thursday, February 7th. The final tournament will be on Saturday, February 9th.

Practice Times:

- Pre-K to 4th: 5:15 - 6:20
- 5th to 9th: 6:30 - 7:45

Cost:

- \$60 per wrestler (Multiple child discounts available: \$100 for 2 wrestlers of the same immediate family, 150 for 3 wrestlers of the same immediate family)
- Pay at Northridge High School Main Office (checks payable to *Northridge Wrestling*)
- In addition, you must purchase a USA Wrestling card. Main purpose is for insurance. The price is \$45. More information will be given at the parent meeting.
- If you would like to purchase wrestling gear it can be purchased online at www.wrestleutah.com (coming soon)

For any questions please contact:

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