
Having read the information presented, we release Normandy High School, the directors and staff of the Normandy Basketball Camp, Parma City Schools, and all sponsors from any and all liability arising from illness, injuries, and damages suffered as a result of participation in this camp or traveling to or from this camp. Our signatures certify compliance to this information and we understand that entry fees paid are non-refundable.

Signature _____

Student

Signature _____

Parent or Guardian

Name _____ Age _____

Address _____

City _____ Zip Code _____

Phone _____ Date of Birth _____

Grade this Fall _____

Position(s) _____

Emergency Phone Number _____

Please make check payable to:

Normandy High School

Return fee and form to:

Jim Kuznik

Normandy High School
2500 W. Pleasant Valley Rd.
Parma, OH 44134

Coach Kuznik- (216) 702-0737, linkgoro@aol.com

Normandy Athletic Office- (440) 885-2404

NORMANDY BOYS BASKETBALL

PRESENTS

THE 2019 SKILLS CAMP

FOR GRADES 4 – 9

JUNE 3 – 6, 2019



INTRODUCTION

Normandy High School and the Basketball Coaching Staff are excited to announce a camp designed to teach basic fundamentals used in playing basketball. Offered to athletes who will be in grades 4-9 this coming fall. Instruction will be given on techniques to enhance your development as a quality player.

DATES: June 3-6, 2019
Monday-Thursday

TIMES: All grade levels will be from
9:00-12:00 each day.

LOCATION: Normandy High School
2500 W. Pleasant Valley Rd.
Parma, OH 44134

INSTRUCTORS: Normandy Basketball Staff
Area High School Coaches
Graduates of Normandy High School

FEE: \$70.00 for early signups.
\$80.00 at the door.
Price includes all four sessions and a

ACTIVITIES

Campers will be divided into groups according to age, size, and ability. Participants will be taught fundamental basketball skills individually, in addition to 3-on-3 and 5-on-5 team situations. There will be a free throw contest as well as a Mr. Hustle Award. Normandy Basketball t-shirts will be given to each camper and an additional t-shirt will be given to winners of various categories.

EMPHASIS ON FUNDAMENTALS

Each camper will be given individualized instruction and be drilled on the fundamentals needed to become a complete basketball player. Among the skills and the fundamentals emphasized:

- *Shooting
- *Passing
- *Dribbling
- *Pivoting
- *Triple Threat Position
- *Screening Technique
- *Principles of Man-to-Man Defense
- *Defensive Stance and Footwork
- *Rebounding
- *Offensive Post Moves
- *Defensive Post Positioning