

Fall Sports

Bowling:

First practice date – Aug. 2
Preseason classics – Aug. 16-21
Regular Season Start – Aug. 23
Last regular season playing date – Oct. 23

Cross Country:

First practice date – Aug 2
Preseason classic meets– Aug. 16-21
First regular season playing date– Aug. 23
Last regular season playing date– Oct. 23

Football:

First practice date - non contact– Aug. 2
First practice date - contact– Aug. 7
Preseason classic competitions– Aug. 18-20
First regular season playing date– Aug. 25
Last district playing date– Oct. 29
Last regular season playing date– Nov. 5

Golf:

First practice date – Aug. 2
Preseason classics – Aug. 16-21
Regular Season Start – Aug. 23
Last regular season playing date – Oct. 16

Swimming & Diving:

First practice date– Aug. 2
Preseason classic competitions– Aug. 16-21
First regular season playing date– Aug. 23
Last regular season playing date for all classes– Oct. 16

Girls Volleyball:

First practice date– Aug. 2
Preseason classic competitions– Aug. 16-21
First regular season playing date– Aug. 23
Last regular season playing date for all classes– Oct. 16

Winter Sports

Girls Basketball:

First practice date: Oct. 25

Preseason classic tournaments- Nov. 8-13

First regular season playing date- Nov. 15

Last regular season playing date- Jan. 22

Boys Basketball:

First practice date- Nov 1

Preseason classic tournaments- Nov. 15-20

First regular season playing date- Nov. 22

Last regular season playing date- Jan. 29

Competitive Cheerleading:

First practice date- Oct. 18

Preseason competitions: Nov. 1-6

First regular season competition: Nov. 8

Soccer

First practice date– Oct. 18

Preseason classic tournaments- Nov. 1-6

First regular season playing date- Nov. 8

Last regular season playing date– Jan. 22

Girls Weightlifting:

First practice date– Oct. 11

Preseason classic tournaments- Oct. 25-30

First regular season playing date- Nov. 1

Last regular season playing date – Jan. 15

Boys Wrestling:

First practice date- Nov 8

Preseason classic tournaments- Nov. 20-27

First regular season playing date- Nov. 29

Last regular season playing date- Feb. 12

Girls Wrestling:

First practice date: Nov. 1

Preseason classic tournaments- Nov. 15- 20

First regular season playing date- Nov. 22

Last regular season playing date- Feb. 5

Spring Sports

Baseball

First practice date– Jan. 24
Preseason classic competitions– Feb. 14
First regular season playing date– Feb 21
Last regular season playing date– Apr. 30

Flag Football

First allowable practice date– Feb. 14
Preseason classic tournaments– Feb. 28- Mar. 5
First regular season playing date– Mar. 7
Last regular season playing date– Apr 23

Lacrosse

First practice date– Jan. 24
Preseason classic tournaments– Feb. 7-12
First regular season playing date– Feb. 14
Last regular season playing date– Apr. 9

Softball:

First practice date – Jan. 24
Preseason classic meets– Feb. 14-19
First regular season playing date– Feb. 21
Last regular season playing date– April 30

Tennis:

First practice date – Jan. 17
Preseason classics – Jan. 31 – Feb. 5
Regular Season Start – Feb. 7
Last regular season playing date – Apr. 9

Track and Field:

First Practice Date: Jan. 24
Preseason Classic Meets: Feb. 7-12
First Regular Season Meet Date: Feb. 14
Last Regular Season Meet Date: Apr. 9

Boys Volleyball

First practice date– Feb. 7
Preseason classic tournaments– Feb. 21-26
First regular season playing date– Feb. 28
Last regular season playing date– Apr. 23

Spring Sports (cont.)

Beach Volleyball

First practice date- Feb. 7

Preseason classic competitions- Feb. 21-26

First regular season playing date- Feb. 28

Last regular season playing date- Apr. 23

Water Polo:

First practice date – Jan. 10

Preseason classics – Jan. 24-29

Regular Season Start – Jan. 31

Last regular season playing date – March 26

Boys Weightlifting:

First practice date – Jan. 10

Preseason classics – Jan. 24-29

Regular Season Start – Jan. 31

Last regular season playing date – March 26