



Mooresville Schools Athletics – COVID Re-entry Requirements and Expectations for Student-Athletes



MHS and PHMS Athletic workouts are scheduled to begin on July 6th. There will be guidelines for all student-athletes, coaches, teams and parents to follow. We appreciate your patience as we implement these guidelines into our workouts and practices.

Requirements for Athletes:

1. Any student athlete exhibiting symptoms of Covid-19 (cough, fever, chills, muscle-pain, shortness of breath, sore throat and/or loss of smell) is not allowed to attend workouts.
2. **IHSAA Physical**
 - The IHSAA is allowing physicals from last year (2019-20) to be valid for this year (2020-21). All physicals must be on file with the MHS or PHMS Athletic Office. If a student athlete does not have a physical (on an IHSAA physical form), he/she will need to do so before they can attend summer workouts or practices.
 - In some instances, a student athlete may be required to get a new physical. If this is the case, that physical will be due to the athletic office by the first official practice date of the sport. We do not anticipate that many of our student athletes will fall in this category.
 - [IHSAA Physical Form](#)
 - In order for your 2019-20 physical to be valid for the 2020-21 school year, student athletes must fill out and return (to their coach) a copy of the [IHSAA Sports Health Questionnaire](#) and the [Consent and Release Certificate](#). These forms must be signed and returned no later than July 10. Copies of the forms can be obtained by clicking on the links above, in the IHSAA PPE Physical portion of Final Forms, or from your coach.
3. **Online Paperwork (Final Forms)**
 - The online paperwork from the 2019-20 school year is **NOT** valid for the 2020-21 school year. **Students and parents** will need to go to their Final Forms Account and sign their forms digitally.
 - All Final Forms must be completed before student-athletes can attend summer work outs or practices on July 6th.
 - [Mooresville Final Forms](#)
 - If a student or parent signature page is “Red” in Final Forms, the student athlete will be sent home. Student athletes may not attend a workout or practice until all forms are complete.
 - Physicals will appear red for all student athletes until the IHSAA Sports Health Questionnaire and the Consent and Release Certificate have been returned and entered into Final Forms by the Athletic Department. At this time, the “physical” portion will turn green.
4. **Hydration**
 - Student athletes will be required to bring their own water bottle/thermos and will not be allowed to share with anyone else. Procedures for refilling will be unique to each workout location.
5. **Patience and Accountability**
 - There are many new procedures for coaches, student athletes, and parents to work through as we return to athletics this summer. Please Be **Patient and Understanding**
 - Attention to detail is vital to limit exposure. Please be accountable



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Expectations for Athletes:

1. Screening

- Student-Athletes and their parents have agreed (through Final Forms) to go through the screening questions **EACH DAY** before arriving for a practice or workout. Coaching staffs will look for signs/symptoms before and during workouts.
 - If a student arrives with or begins demonstrating signs/symptoms, they will be sent home.
- Each team will receive specific instructions as to where student athletes will enter.

2. Sanitation

- Teams will have access to hand sanitizer and coaches/staff will be required to wipe down/spray equipment before and after each session.

3. Restrooms

- Only certain restrooms will be available for use (to isolate the cleaning process) and will be cleaned/sanitized before/after each work out session or practice.
- Entrance to restrooms will be limited to one person at a time.

4. Social Distancing

- Student athlete should practice social distancing whenever possible during their practice/workouts
- Physical contact is not allowed in Phase I (July 6 – July 19)

5. Masks/Coverings

- Coaches and Student Athletes **MUST** bring masks with them for workouts.
- Masks/Coverings should be used if social distancing cannot be maintained
- Use of Masks/Coverings will not be required during the workouts, as long as social distancing is maintained.

6. Pick-up/Drop-off

- Student Athletes should be dropped off at the nearest point of their team's work out location
- Student athletes should arrive already wearing athletic attire (locker rooms will not be made available for changing)
- Parents/guardians are not allowed to spectate at any campus facility at this time. Parents wishing to stay through a practice/workout will be required stay in their cars in the parking lot
- Student athletes that drive themselves to practice/workouts should park their vehicle in the parking lot and immediately enter their practice facility
 - No groups of people congregating in the parking lot before/after practice.
- Student-Athletes must leave immediately after their work out and are encouraged to shower and wash their workout clothes immediately upon arriving home

CDC - [How to prevent the spread of Covid-19](#)

If you have questions, please contact:

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