

June 2020

Blue Springs South Boys Basketball Summer Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 <i>Conditioning (Outdoors) (Monday — Friday) Freshmen 8:00-9:00 AM Soph. — Senior 9:15-10:15 AM</i>	16	17	18	19 <i>Freshmen 8:00-9:00 AM Soph. — Senior 6:45-7:45 AM OR 8:00-9:00 AM</i>	20
21	22 <i>Conditioning (Outdoors) (Monday — Friday) Freshmen 8:00-9:00 AM Soph. — Senior 9:15-10:15 AM</i>	23	24	25	26 <i>Freshmen 8:00-9:00 AM Soph. — Senior 6:45-7:45 AM OR 8:00-9:00 AM</i>	27
28 <i>SSS = South Summer Strength Workouts (Speed/Agility + Weights)</i>	29 <i>SSS 9:30-11:00 AM Individual Work/Open Gym 11:00-12:30 Main Gym</i>	30 <i>SSS 9:30-11:00 AM Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</i>				<i>* SSS workouts are for all basketball players (including freshmen that do not play football)</i>

July 2020

Blue Springs South Boys Basketball Summer Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>SSS = South Summer Strength Workouts (Speed/Agility + Weights)</p>	<p>* SSS workouts are for all basketball players (including freshmen that do not play football)</p>		<p>1</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>2</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>3</p> <p>Extra SSS 7:00-8:30 AM</p>	<p>4</p>
<p>5</p>	<p>6</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>7</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>8</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>9</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>10</p> <p>Extra SSS 7:00-8:30 AM</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>14</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>15</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>16</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>17</p> <p>Extra SSS 7:00-8:30 AM</p>	<p>18</p>
<p>19</p>	<p>20</p> <p>SSS 9:30-11:00 AM</p> <p>Camp or Open Gym 4:00-7:00 PM (New Gym)</p>	<p>—————→</p>			<p>24</p> <p>Extra SSS 7:00-8:30 AM</p> <p>Hopeful & Tentative 810 Varsity Shootout (Invitation Only)</p>	<p>25</p> <p>Hopeful & Tentative 810 Varsity Shootout (Invitation Only)</p>
<p>26</p> <p>Hopeful & Tentative 810 Varsity Shootout (Invitation Only)</p>	<p>27</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>28</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>29</p> <p>SSS 9:30-11:00 AM</p> <p>Individual Work/Open Gym 11:00-12:30 Main Gym</p>	<p>30</p> <p>SSS 9:30-11:00 AM</p> <p>Open Gym (Two Groups) 4:00-5:30 PM OR 6:00-7:30 PM (New Gym)</p>	<p>31</p> <p>Extra SSS 7:00-8:30 AM</p> <p>Hopeful & Tentative 810 Varsity Shootout (Invitation Only)</p>	<p>—————→</p> <p>(through Sunday)</p>