

Competitive Cheerleading Tryouts!



When: Monday, November 11th 5:30-7:30 pm
Tuesday, November 12th 5:30-7:30 pm
Wednesday, November 13th 6:00-8:00 pm

PLEASE read the ENTIRE tryout packet for important details!

FIRST PRACTICE: Thursday, November 14 from 5-8pm

**OVERNIGHT LOCK-IN Saturday, November 16-Sunday,
November 17 at CHS!**

The Schedule for the tryout days will go as follows:

Tryout Practice- Monday, November 11^h 5:30-7:30 pm in the HS balcony

Tryout Practice- Tuesday, November 12th 5:30-7:30 pm in the HS Balcony

Tryouts- Wednesday, November 13th 6:30-8:30 pm in the HS balcony

Letters for squad will be distributed Wednesday at 8:30 pm

1. Letters will be given to all girls who tried out, and they will need to be opened off school grounds.
2. The letter will contain a letter stating whether the individual has made the squad.

Attire for Tryouts: Black shorts with a black T-shirt or tank top WITHOUT writing, hair pulled back and out of face, cheer or tennis shoes, and NO JEWELRY! (This MUST be worn on Wednesday for the actual tryout!)

On the first day of tryouts please do the following:

- Come ON TIME, dressed and ready to practice
 - Shoes on, hair pulled up, ALL jewelry OFF-this includes ALL piercings
- **Bring:**
 1. **Completed Medical Card**
 2. **Signed Copy of the Parent Information/Tryout Packet Wavier**
 3. **Signed Copy of the Financial Responsibilities**
 4. **Signed Copy of the Attitude Agreement**
 5. **Sports Physical (only if you don't have one on file for this school year)**

What will be required for Tryouts?

1. **Round Two** (This will be taught to you)
2. **Jumps-** You will need to perform the following:
 - a. Toe Touch
 - b. Right Herkie
 - c. Front Hurdler
 - d. Pike
3. **Skills:**
 - **Round-off-** If you are not able to do this skill, I would like to see your best attempt.
 - **Back walkover-** If you are not able to do this skill, I would like to see your best attempt.
 - **Back Handspring-** If you are not able to do this skill, I would like to see your best attempt.
 - **Splits-** I would like to see your best attempt at left, right and middle splits.
 - **Optional/Extra 5 Points (tumbling)-** Back tuck or tumbling pass
4. **Coach's Evaluation-** This will be looked at throughout the week, it will consist of things like attitude towards the coach and other girls, how you talk to individuals, how you take constructive criticism, and your overall attitude.

Parent Information/Tryout Packet Wavier

Students' Name: _____

Student's Phone #: _____

Student's Email: _____

Parent's Name: _____

Parent's Phone

Parent's Email: _____

Best Method and Time to Reached: _____

I have read this tryout packet and understand what it takes to be a parent/member of the 2019-2020 Clarenceville Competitive Cheer Team.

Student

Parent/Guardian

Date

Cheerleading Financial Responsibilities

Cheerleading requires not only a large time commitment, but also certain financial responsibilities. Below is a list of what the girls will need to purchase, and a list of **approximate** prices based on experience and research I have done. I try to organize fundraisers to cut down costs for the season.

Cheer Shoes (new cheerleaders only)	\$55-\$70
Bodysuit (new cheerleaders only)	\$10-15
Bloomers (Red) (new cheerleaders only)	\$10
Cheer Bow	\$10
T-shirt	\$20 (this will be for 2)
Black Softe Shorts	\$10
Pay to Participate	\$100 (only for athletes who didn't participate in fall sports)
Gymnastics	TBD- \$15/week

PLEASE SIGN BELOW TO SHOW THAT YOU KNOW WHAT IS EXPECTED OF YOU FINANCIALLY. KEEP THE TOP HALF OF THE PAPER!!!

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Student

Parent/Guardian

Date

ATTITUDE

Positive attitudes are important when working with a group. The coaching staff reserves the right to discipline, in the event that a team member chooses to display, what the coach sees as, uncooperative, unpleasant, or non-caring attitude. **Attitude problems could result in suspension or removal from the team. *Please be aware of this!***

I have read and understand the above Clarenceville High School Cheer Team Guidelines. I realize that if I do not abide by these rules, it could result in disciplinary action or permanent suspension from the team. I also realize that a poor attitude toward the coach, other team member(s) or a poor attitude in general could result in disciplinary action or suspension from the team.

Date

Student Signature

I too have read and understand that above rules, obligations, and physical risks and do hereby give my daughter permission to try-out for the Cheer Program at Clarenceville High School. We/I shall encourage and strive to make it possible for our student-athlete to be a good leader at Clarenceville High School. In addition, I understand that I am responsible for any financial obligations that my student-athlete may incur as part of the team, which are not covered in fundraisers.

Date

Parent Signature