

# LaVille Track March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 7 am Practice	2 TBD 9-11 Practice
3	4 Practice After School-5:30 (IDECA)	5 Practice After School-5:30 (DECA)	6 Practice After School-5:30	7 Practice After School-5:30	8 7 am Practice	9 TBD 9-11 Practice
10	11 Practice After School-5:30	12 Practice After School-5:30	13 Practice After School-5:30	14 Practice After School-5:30	15 7am Practice	16 TBD 9-11 Practice
17	18 Practice After School-5:30	19 <b>Bremen/Glenn @ Home: 5pm</b>	20 Practice After School-5:30	21 Practice After School-5:30	22 7 am Practice	23 TBD 9-11 Practice
24	25	26	27	28	29	30
<i>-----Spring Break!!-----</i>						
31						

## EVENTS

### Spring Break Practices

Practices over spring break are optional days and times will be decided at a later date depending upon student interest.

### Cold Weather

Please pack layers for the potential threat of cold temperatures for practices and meets.

### Meet Day

Please pack healthy snacks for after school. All athletes must be signed out before leaving with a parent/guardian at all AWAY meets.

# LaVille Track April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice After School-5:30	2 <b>N. Judson @ Home: 5:30</b>	3 Practice After School-5:30	4 Practice After School-5:30	5 Practice After School-5:30	6 TBD 9-11 Practice
7	8 Practice After School-5:30	9 <b>Culver/ECA@ Home: 5:00</b>	10 Practice After School-5:30	11 Practice After School-5:30 <i>JH 5:30</i>	12 Practice After School-5:30	13 Oak Hills Relays@ Oak Hills HS 11:00
14	15 Practice After School-5:30	16 Practice After School-5:30	17 <b>Knox/Triton@ Home 5:30</b>	18 Practice After School-5:30	19 <b>No School</b> Practice TBD	20 Eastern Invite @ Eastern HS 10:30
21	22 Practice After School-5:30	23 LV @ Winamac 5:00	24 Practice After School-5:30 <i>JH 5:00</i>	25 Practice After School-5:30	26 Dennis Rippy Invite @. John Glenn HS 5:30	27 TBD 9-11 Practice
28	29 <b>Lancer Relays 5:30</b>	30 Practice After School-5:30				

## REMINDERS

### Athletic Physicals

IHSAA Calendar year is April 1-March 31<sup>st</sup>, Beacon Medical will provide on site physicals at a minimal price good for the 2019-2020 Season. Date TBA.

### Lancer Relays

Bring a nonperishable food item for free admission and support local food pantries.

### Meet Day

Please pack healthy snacks and warm clothes for after school. All athletes must be signed out before leaving with a parent/guardian at all AWAY meets.

# LaVille Track May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice After School-5:30 <i>JH Meet 5:00</i>	2 Practice After School-5:30	3 Concord Relays 5:30-Boys only Girls 7 am practice	4 Prom
5	6 Practice After School-5:30	7 Girls HNAC 5:30	8 Practice After School-5:30	9 <b>Boys HNAC @LV 5:30</b>	10 Practice After School-5:30	11 TBD Practice 9-11
12	13 Practice After School-5:30	14 Girls Sectional @ Penn HS Boys am Practice	15 Practice After School-5:30	16 Boys Sectional @ St. Joseph HS Girls am Practice	17 Practice After School-5:30	18 TBD Practice 9-11
19	20 Practice After School-5:30	21 Girls Regional @TBA	22 Practice After School-5:30	23 Boys Regional @ TBA	24 Practice After School-5:30	25 TBD Practice 9-11
26	27 Practice After School-5:30	28 Practice After School-5:30	29 Practice After School-5:30	30 Practice After School-5:30	31 Boys Track State <b>Last Day of School</b>	1 Girls Track State

## EVENTS

### Dolor sit amet

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### Cold Weather Reminder

Please pack layers for the potential threat of cold temperatures for practices and meets.

### Meet Day Reminder

Please pack healthy snacks for after school. All athletes must be signed out before leaving with a parent/guardian at all AWAY meets.