



**SHS Athletes!** In order to participate in Athletics at SHS you must (1) complete the online registration, (2) have a current physical on file, and (3) have taken a baseline concussion test in the past 2 years. Your eligibility must be complete before you can participate on the first day of the scheduled season opening date. Please speak to the coach or the Athletic Department if you have any questions!

**Online registration:** All documents required for registration are found in our on-line registration system, Register My Athlete. Go to [www.registermyathlete.com](http://www.registermyathlete.com). Follow the steps to find Silverton High School. Only you and your parent/guardian can set up this registration for you, as you will be asked to create a username and password that only you know. Follow the step-by-step instructions. You and your parent/guardian will both be asked to sign the “**Code of Conduct**” documents, along with other important registration requirements. *Register My Athlete will ask you to put in an Athlete’s/Student’s ID number; at this time you can put anything in that box.*

**Physical** – Physicals are good for two full years. This document that must be uploaded to your registration by either scanning and uploading, or taking a picture (with phone) and uploading. If you have difficulty with this step, please stop by the Athletic Office. Your physical will remain in your registration for the following year of eligibility. Physicals will be checked each year to make sure they are current. We appreciate you keeping track of your expiration date and making efforts to update when necessary.

**Transportation Release Document** – This document will need to be updated for EACH SPORT that an athlete participates in during the school year, as each coach only has access to their sport/athletes’ documents. At the beginning of **each** season, the coach will be asking you to update this information in Register My Athlete, which means you will need to fill out and upload a new form. Anytime during the course of the year or during a particular season the family members and/or friends that you have approved to transport your son/daughter changes, **a new (signed) form must be provided no later than the morning of the contest.** **Parents: Please do this instead of calling in or sending a note with your request.** Please be aware: we will only approve adults, over the age of 18, who are NOT high school students, including siblings.

ONCE YOU HAVE FINISHED THE REGISTRATION, all documents will be reviewed by the Athletic Dept. If there is a problem or question, you will be notified via the registration program or contacted by phone/email. If you have any difficulties with registering, please contact your coach or the athletic department and we will happily assist you! YOUR REGISTRATION MUST BE DONE ON-LINE, PRIOR TO PARTICIPATING WHEN THE OSAA SEASON BEGINS (fall,winter,or spring).

**Impact Concussion Assessment** -- Baseline concussion information is required for our athletes every two years. *This is an OSAA mandate.* This assessment can be accessed and taken at your convenience of time and location, but must be done *prior* to participating in SHS athletics on the first day of OSAA eligibility. It is recommended that you find a quiet place with few distractions. The assessment may take anywhere from 20-30 minutes. You can use a laptop for this test, but only if you have a mouse connected. Go to [www.impacttestonline.com/schools](http://www.impacttestonline.com/schools) and enter our school code: **8094c35281** The Athletic Department will be able to access the website to see that a baseline assessment has been completed. *We will manually note in your registration that this assessment is complete – it does not update automatically.* Once updated, the registration will be complete.

**Contact the Athletic Department at 503-873-6331 Ext. 3824 with any question you may have.**