

## **Waconia High School Triple “A” Award Representatives Announced**

Meredith Proulx and Daniel Leifermann, seniors at Waconia High School, were selected as the school’s 2010 Triple “A” Award representatives. Meredith and Daniel are both very deserving representatives and model on a daily basis what the Triple ‘A’ Award is all about – Excellence in the classroom, Excellence in the arts and Excellence in athletics.

Meredith Proulx has been an active athlete in cross country, volleyball, basketball, and track & field. She has received numerous awards including: three-time letter winner for Cross Country, letter winner for track and WCC All-Conference honorable mention in Cross Country. Meredith demonstrates her excellence in academics as a four-year member of the National Honor Society, two-time member of the WCC All-Conference Academic Team in Cross Country, recipient of several MSHSL Spotlight on Scholarship awards, as well as being on the Waconia High School “A” Honor Roll every trimester. Her high school grade point average is 3.889. Meredith’s involvement in the arts includes being a two-year member of the fall musical and three-year member of the spring play. In addition, Meredith has competed in MSHSL Visual Arts festival with photography and has received the superior rank for three concurrent years. In her free time, Meredith volunteers for the National Multiple Sclerosis Society, tutors elementary school students, serves as a mentor for the freshman class, and works as a lifeguard. Meredith’s parents are Marilyn and Greg Proulx.

Daniel Leifermann has been active in cross country, baseball, swimming and the performing arts. He is a letter winner in baseball, and a five-year letter winner in swimming. Daniel was also named to the Mississippi 8 All Conference. His other athletic accomplishments include; captain of the boys swim team, and a captain for the baseball team. Along with his athletics, Daniel spends an immense amount of time on his performing arts. He is in the Waconia Jazz 1, Wind Ensemble and the Waconia Marching Band -- he has a section leader roll in each of these bands. Daniel is also a two year letter winner in band as well. Last year at the Solo Ensemble Contest he received an Excellent. Daniel demonstrates his excellence in academics by being named to the Waconia High School ‘A’ Honor Roll every semester, as well as receiving four academic letters, and one All Conference Academic award in swimming. Daniel’s parents are David and Nathalie Leifermann.