



Jerome Girls Basketball Camps

Grades 6th-8th Elite Camp 2019

The Elite camp sessions will be aimed at rising players who want to increase their skill levels above the competition.

Who: Girls Grades 2-8

When: May 28th-31st

Where: Jerome High School

Grades 6-8

Time options for 1 to 6 ratio

1) 12:30-2:00pm

2) 2:00-3:30pm

3) 3:30 -5:00pm

Cost: \$100 per child

Grades 2-5

Time: 8:30am-11:00am

Cost: \$90 per child

In order to give more individual attention these sessions will be **limited to 6 players per group**. Please go to <https://www.signupgenius.com/go/10c0f4aa8ae29aafe3-elite> to register for your time slot.

Our goal is to give each player an opportunity to receive as much individual instruction as possible. Prepare them for playing at the High School level, and give them the confidence to excel in Middle School.

Grades 2nd-5th Kids Camp 2019

Our ultimate goal is to provide an atmosphere where learning the game of basketball is fun and positive. The four following building blocks of the game will be emphasized daily.

- **Basketball Athleticism:** Drills that will improve speed and agility on the court
- **Basketball Mobility:** Drills to warm up, cool down and reduce injury
- **Basketball Speed:** Learning Skills at maximum acceleration and deceleration
- **Basketball Strength:** Learning skills of the game while moving as fast and efficient as possible

Summer camp focuses on high quality drill-based exercises that will improve each player's skill sets at all levels. We strive to encourage basic habits that will increase shooting accuracy, fine tune ball-handling and increase foot speed. Participants will spend time daily practicing their skills in a 2 on 2, 3 on 3 or 5 on 5 scrimmages based on age and skill level.

We believe that there is a lot to basketball. We are building life skills on and off the court as much as we are building basketball skills.

These sessions will be taught by the Varsity Girls Basketball Coaching Staff at Jerome and assisted by the JV/Varsity Girls Team

With questions please call Coach Herring at 740-272-3746

[\(nkherring@gmail.com\)](mailto:nkherring@gmail.com)

** Every Lady Celtic athlete will receive a Camp T-Shirt*

Send entry form to:

Natalie Herring

Dublin Jerome Girls Basketball

8300 Hyland-Croy Rd

Dublin, OH 43016

Entry Form

Checks payable to: Natalie Herring

Please return form by: Friday, May 24, 2019

Grades 2-5 \$90 Grade_____

Grades 6-8 \$100 Grade:_____

Time: 12:30-2pm or 2-3:30pm or 3:30-5pm

Please go to <https://www.signupgenius.com/go/10c0f4aa8ae29aafe3-elite> to register for your time slot.

Name:_____

Name:_____

Name:_____

T-Shirt Size: Youth ____ M (10-12) ____ L (14-16) Adult: ____S ____ M ____L ____ XL

Address:_____

Email:_____ Phone:_____

Parents/Guardians assume all risk for injury or damage associated with participation. I agree that the Dublin City Schools and its employees are not responsible and hold them harmless; consequently, I will not hold these entities liable under any manner or circumstance as a result of my child's participation in this program.

Parent/Guardian_____ Date_____