

Hilton Head Island High School
Emergency Action Plan-
Weight Room Main/Aux Gyms

Hilton Head Island High School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the athletic trainer (or athletic director, in the absence of a licensed athletic trainer). In case of an Emergency, contact the Athletic Trainer (ATC), if unavailable, contact the Athletic Director; then dial 911 if necessary.

Emergency Contact:

Shawn Zink, ATC – 843-298-0595

Joe Monmonier, AD – 410-299-8254

Amanda Onan – 843-441-7623

Dial 911

Address: 70 Wilborn Rd HHI SC 29926

An **emergency** is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur. Situations when 911 should be called are:

- 🌀 an athlete has lost consciousness
- 🌀 it is suspected that an athlete may have a neck or back injury
- 🌀 an athlete has an open fracture (bone has punctured through the skin)
- 🌀 an athlete is in cardiac distress
- 🌀 severe heat exhaustion or suspected heat stroke
- 🌀 severe bleeding that cannot be stopped
- 🌀 an athlete is not breathing

CHAIN OF COMMAND

Certified Athletic Trainer
Athletic Director
Head Coach
Assistant Coach
Sports Medicine Student Assistant
Other Athletes

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed:

EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. The front office or an administrator should be notified that there is an emergency situation on campus.
2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. EMS should be told what the emergency is, the condition of the athlete and how to get to where the athlete is (See Below for Directions). Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance
3. The leader will send runners to all intersections between where the athlete is located and the stadium to direct the ambulance to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.
4. The leader will designate another person to attempt contact with the athlete's parents.
5. If transport is deemed necessary by EMS, the athlete will be taken to Hilton Head Hospital unless the Medical Emergency requires a level 1 trauma center then patient will be transported to MUSC Trauma Center in Charleston, SC or Savannah.

Directions:

Entrance to the Gym areas are located behind the main school and is accessible through the Athletic Entrance by the School Tennis Courts

Emergency Equipment and Location:

Splints – Athletic Training Room

CPR Masks – On the AED, In ATC's Sling Bag or Training Room

AED – In a box outside the entrance of the training room and/or Nurse's Office

First Aid Materials – In all kits on sideline or in ATC's Sling Bag or Training Room

AED's ON HHIHS Campus



Main Gym Training Room Door



Trainer's Golf Cart



Softball Concession Stand



Field House Across from Training Room Door



Out Front of Nurses Office



Y Hall



Rec Center Pool Deck