

JOHN GLENN HIGH SCHOOL

2018-2019



ATHLETIC HANDBOOK

Athletic Philosophy

Athletics at John Glenn High School are a part of the extracurricular program offered to the students to enhance the total school experience. Athletics exist to create student-learning experiences in citizenship, leadership, cooperation, and loyalty above and beyond those offered through the regular educational program. Emphasis is placed on developing the individual physically, mentally, and socially by providing wholesome competition with appropriate equipment and facilities.

Students involved in athletics at John Glenn High School participate voluntarily, and the opportunity to participate is a privilege. In accepting that privilege, the student and his/her parent or guardian accepts the responsibility, which accompanies such participation as a representative of the school and community. This responsibility places the student in a model citizenship role concerning his/her behavior in and out of school all year round.

Proper administration of the athletic program is essential to insure the well being of the athlete and the maintenance of a productive and wholesome program. The high school principal, athletic director and coaching staff administer the program within the policies and guidelines of the Indiana High School Athletic Association (IHSAA) and the John Glenn School Corporation.

Athletic Eligibility

To be academically or scholastically eligible to participate in athletics, a student must be enrolled in five (5) full credit courses. The student must also have passed five (5) full credit courses the previous grading period (semester grades take precedence). All incoming freshmen begin high school eligible. Students must be in class for four (4) class periods or be excused by a member of the administration to be eligible on a contest day.

The Indiana High School Athletic Association (IHSAA) requires students to receive a physical examination administered by a physician. A record of this physical examination must be kept on file in the athletic department.

All John Glenn High School athletes are strongly encouraged to have insurance and complete the back of the physical examination form. Parents or guardians may purchase supplemental insurance through an independent insurance plan offered by the John Glenn School Corporation. Forms are available in the high school athletic office, the JGSC Corporation building, or on the athletic website.

Athletic Code of Conduct

Students participating in athletics at John Glenn High School are representatives of the school and community. The athlete has a responsibility to the school and community, which places the student in a model citizenship role concerning his/her behavior. This responsibility extends year round.

John Glenn High School athletes will cooperate with and follow the directions of the coach. The participant will conduct himself/herself as a good citizen at all times and honor all curfews. They will refrain from possessing, providing to another person, being under the influence of, or using any substance which is controlled or contains, but not limited to: tobacco, snuff, steroids, alcohol, a stimulant, an intoxicant, a narcotic, a depressant, a hallucinogen, or a mood altering drug whether prescription or sold over the counter (without a prescription) or any substance represented by the provider to be any of the listed substances.

Violations of the guidelines listed above and violations of any law (except minor traffic violations), corporation policy, school rules, and standards imposed by the coaches are subject to disciplinary action.

Code of Conduct Disciplinary Actions

Students who violate the Athletic Code of Conduct will be subject to disciplinary action. A coach or the athletic director must confront the athlete concerning violations of the Athletic Code of Conduct. If they determine the athlete has violated the code, they must inform the student of the disciplinary action imposed for the violation.

The coach or the athletic director must make verbal or written contact with the athlete's parent or guardian within three (3) school days from the time the disciplinary action was taken. If the parent or guardian desires a meeting with the coach or athletic director, a meeting will be arranged as soon as possible concerning the situation.

The parent or guardian may appeal the disciplinary action to the principal. If the parent or guardian is not satisfied with the principal's decision, they may further appeal to the superintendent and/or school board.

For disciplinary action concerning the Athletic Code of Conduct a season consists of the scheduled contests of a sport. The IHSA definition of a contest will apply. Athletes will establish their individual sports seasons through their participation during their freshman (9th) and sophomore (10th) years. Suspensions from athletics, which result from violations of the Athletic Code of Conduct, will be served during an athlete's established sports season. Athletes will not be allowed to participate in a sport for which they have not established themselves to serve an athletic suspension.

Any athlete found to be possessing, providing to another person, being under the influence of, or using any substance which is controlled or contains, but is not limited to: tobacco, snuff, steroids, alcohol, a stimulant, an intoxicant, a narcotic, a depressant, a hallucinogen, or a mood altering drug whether prescription or sold over the counter (without a prescription) or any substance represented by the provider to be any of the listed substances will be:

First Offense: Suspended from competition for one third (1/3) of the season. If the violation occurs in the last third (1/3) of the season, the athlete will be suspended from all remaining contests and will not receive any awards as a result of his/her participation in the sport. If the violation occurs out of season, the athlete will be suspended for one third (1/3) of the contests of the next sports season in which he/she participates. An athlete must serve the suspension to be reinstated in athletics.

Second Offense: Suspended from athletics for one calendar year from the date of disciplinary action

Third Offense: Permanently excluded from athletics.

Disciplinary actions for violations of any law (except minor traffic violations), corporation policy, school rules, and standards imposed by the coaches will be administered on an individual basis by the coach and the athletic director. Disciplinary actions will be fair and consistent with the degree and severity of the violation.

Athletes will not be allowed to serve an academic suspension and an athletic code suspension simultaneously. Athletes will be allowed to continue to practice while suspended with the consent of the parent or guardian and the coach.

Random Drug Testing Violations

If an athlete is involved in cheating on a drug test, he/she will be suspended from athletics for one calendar year from the date of discovery.

If an athlete tests positive **in any random drug test administered by JGSC** (athletic drug testing or driver drug testing), in addition to the contest suspension, the athlete will be ineligible for any contest participation until a retest has been taken and passed. The following guidelines will need to be followed:

- It is the athlete's and his/her parent or guardian's responsibility to get retested.
- The time and date of the retest is up to the athlete and his/her parent or guardian.
- The cost of the retest will be the responsibility of the athlete and his/her parent or guardian.
- The athlete and his/her parent or guardian may choose where the drug test will be done as long as it is a government approved lab.
- When a retest is completed, the athlete and his/her parent or guardian must submit to the athletic director a test result form signed and dated by a physician.

Only after these steps have been followed will the athlete be allowed to rejoin any athletic team and compete in athletic contests.

Athletes / Drivers

All drivers, who are tested under the Student Athlete Drug Testing Policy, will be subject to the penalties above, in addition to penalties imposed through the Student Driver Drug Testing Policy.

All athletes, who are tested under the Student Driver Drug Testing Policy, will be subject to the penalties above, in addition to penalties imposed through the Student Driver Drug Testing Policy.

Travel Request Forms

All athletes are EXPECTED to travel to and from contests with their team on the team bus. They need a pre-excused transportation form to ride home with parents. Forms are to be filled out for **special situations only**. Forms must be signed by the parent and coach before they submit to the Athletic Director. The forms must be completed BEFORE the day of the event.

Athletic Council

Any additions or changes to the guidelines set forth in this John Glenn High School Athletic Handbook may be done with the action and the approval of the John Glenn Athletic Council. Athletic Council members may include:

- JGHS Athletic Director
- JGHS Coaches
- JGSC Board Member
- High School Principal or High School Assistant Principal
- UMS Athletic Director

Conflict Policy

Students are encouraged to participate in a wide range of school-sponsored activities. Involvement in many activities in school enhances the academic, social and emotional health of students and prepares them in many ways to become citizens and people.

By providing guidelines, sponsors, students and parents will be able to resolve conflicts in an atmosphere of fairness and consistency. The following guidelines serve to determine appropriate resolutions to conflicts, which occur:

- Scheduled State Athletic Association Tournaments and State Association Divisions of Student Activities Contests, including travel time, shall have preference. If a conflict exists between two of these types of activities, the student shall make the choice without penalty.
- Regularly scheduled games and major performances beyond those above shall be second priority. If a conflict exists between two of these activities, the student shall make the choice without penalty.

- The importance of the student’s participation in the success of the total group’s performances is the third priority. This shall be determined with the help of the sponsors.
- A previously scheduled event on the corporation calendar will take precedence over a calendar addition or a rescheduled event.
- Regularly scheduled games, performances and activities will take precedence over practices.
- No penalty will be assessed to the student participant if he or she properly communicates the decision to all parties. Any penalty assessed must be done with the approval of the principal. Students are responsible for studying the schedules of their various activities and working out conflicts well in advance.
- An athlete may play more than one sport in a season. This must be determined before the season starts, which means before the first practice. An athlete must schedule a meeting with both head coaches and the Athletic Director to determine if playing two sports in the same season can be accomplished.

Intent to Warn

Parents and students are informed that participation in athletics authorized by the Indiana High School Athletic Association and offered at John Glenn High School could result in a catastrophic injury to the participant. All injuries incurring during official practice or scheduled contests must be reported to the coach and recorded in the athletic office.

Athletic Teams Offered

	<u>BOYS</u>	<u>GIRLS</u>
Fall	Football Cross Country Tennis Soccer	Volleyball Cross Country Golf Cheerleading Soccer
Winter	Basketball Wrestling	Basketball Cheerleading
Spring	Baseball Track Golf	Softball Track Tennis

If a student quits or is dismissed from a team before the end of a particular season, he/she may not join another team that competes during that same season.

Awards

Certificate Presented to the athlete who completes a season of competition on a freshman team.

Gold Pin A gold pin signifying the sport will be presented to those athletes earning a junior varsity award.

Chevron A chevron signifying the sport will be presented each time the athlete earns a varsity award in each sport.

Captain Star A captain star will be awarded to varsity athlete's who serve as captains of teams.

Gold Medals Gold medals signifying the sport will be presented to the athlete who earns their second (1 ¼") or third (2") varsity letter in one sport. (This will be eliminated)

* Numerals and Letters come with Letter Jacket order.

4-Year Plaque A plaque will be presented to athletes who earn four (4) varsity letters in one sport.

"G" Award Presented to the senior athlete who earns nine (9) or more varsity letters in his/her career.

Patches Presented to individual varsity athletes or varsity teams that win:

- Northern Indiana Conference Championship
- IHSAA Championship (Highest Level)
- Tourney Championship (5 or more teams)

The Athletic Dept. will provide 1 patch for these 3 (Maximum of 3)!

Team Picture A team picture will be displayed when a team wins any two (2) of the following:

- Northern Indiana Conference Championship or Divisional Champ
- Bi-County Championship
- Marshall County Championship
- IHSAA Championship (Highest Level)
- Tourney Championship (4 or more teams)

Individual Picture An individual picture will be displayed when an athlete has:

- Qualified for the state finals as an individual
- Been named first or second team all-state

Record Plaque Presented to the athlete who sets a school, conference, or state record.

Special Awards by Sport

FOOTBALL

Most Valuable Player
Most Valuable Back
Most Valuable Lineman
Most Valuable Special Teams
Mental Attitude
Most Improved Player
Coaches Award

TENNIS (B+G)

Most Valuable Player
Most Improved Player
Mental Attitude
Coaches Award

CHEERLEADING

Most Valuable Cheerleader
Most Improved Cheerleader
Spirit Award
Coaches Award

BASKETBALL (B+G)

Most Valuable Player
Best Free Throw Percentage
Most Rebounds
Most Assists
Most Improved Player

BASEBALL

Most Valuable Player
Batting Title
Most Improved Player
Mental Attitude

TRACK (B+G)

Most Valuable Runner
Most Improved Player
Mental Attitude
Coaches Award

VOLLEYBALL

Most Valuable Offensive Player
Most Valuable Defensive Player
Most Improved Player
Mental Attitude
Serving Award

CROSS COUNTRY (B+G)

Most Valuable Runner
Most Improved Runner
Mental Attitude
Coaches Award

WRESTLING

Most Valuable Wrestler
Most Improved Wrestler
Peregrine Flacon Award
Mental Attitude Award
Coaches Award

GOLF (B+G)

Most Valuable Golfer
Most Improved Golfer
Mental Attitude
Coaches Award

SOFTBALL

Most Valuable Player
Batting Title
Most Improved Player
Mental Attitude

SOCCER (B+G)

Most Valuable Player
Most Improved
Mental Attitude
Coaches Award

There will be award programs held following the completion of the fall, winter, and spring seasons. All uniforms and equipment must be turned in before awards are presented. Athletes are required to attend the awards program or forfeit the awards they earned. Any athlete not able to attend the awards program must be excused in advance by the athletic director or coach.

Awards presented to athletes at John Glenn High School are to be worn or displayed by the athlete earning the award. All letters, numerals, and chevrons should be worn on official school sweaters or jackets.

Letter jackets may be purchased through the John Glenn High School Athletic Department in October. Students and parents are reminded that the prices charged by the Athletic Department are the lowest available.

**John Glenn High School Athlete and Parent Acknowledgement
2018-2019**

1. Participation in athletics at John Glenn High school is a privilege not a right. Participation carries with it varying degrees of honor, responsibility, and sacrifice.
2. I have read the John Glenn High School Athletic Handbook and understand the expectations and disciplinary actions for non-compliance.
3. Representing John Glenn High School in various sports place many responsibilities upon me as an individual. The quality and integrity of sports at the high school are partially dependent on the desire of the student participants to be drug free. Having considered this, I agree to abide by and conduct myself in accordance with the following pledge:
 - a. I will conduct myself at all times and in all places so as to reflect only honor on my fellow students, my school, my parents, my community and myself.
 - b. I will keep myself mentally and physically alert so that I contribute my best efforts for my fellow participants, my school, my community and myself
 - c. I will not use alcohol, tobacco, or other illicit drugs as a student athlete.
4. I have received, read, and understand this pledge and consent form and voluntarily agree to participate in the drug testing program as a condition for my inclusion in extracurricular activities. I accept the method of obtaining samples, testing, and analysis of such specimen and all other aspects of this program. I agree to cooperate in furnishing specimens that are required.
5. I further agree and consent to disclosure of sampling, testing, and results provided in this program. The consent is given pursuant to all State and Federal Privacy Statute, and is a waiver of rights to nondisclosure of such test records and results only extend to the personnel authorized to receive this information as stated in the board or administrative policies.

Athlete Signature

Date

Print Name

Parent/Guardian Signature

Date