

# **Ridge View High School**

2020-2021 Cheer Try Out Information



Try Out Packet Due Date and Official Try Out Day will be posted on  
[www.ridgeviewsports.com](http://www.ridgeviewsports.com)

Please check regularly for updates.

Obtain the full sports physical packet from [www.ridgeviewsports.com](http://www.ridgeviewsports.com)

## Prospective Cheerleaders & Parents,

Thank you for your interest in Ridge View High School Cheerleading Team. Being a cheerleader is a prestige honor and privilege that allows you to represent your school and community. Becoming a part of RVHS cheer team is very rewarding, but comes with much dedication and commitment from parents and athletes. Please understand that this commitment includes both **time and expenses**. The estimated cost for cheerleading this year is undetermined as we cautiously navigate COVID-19 restrictions for certain activities we normally have to pay for such as trainings and choreography. The only required payment upon being selected as a team member is your practice wear and shoes. Payment for trainings will be determined at a later date.

Cheerleading is a team sport. When a cheerleader does not follow through with their commitment, it affects the entire squad. Please take extra time to review this information packet before committing to trying out. This commitment will demand after school practices, off campus training, hosting and attending cheer camps, and cheering at every game\* (exceptions for JV cheer).

It is expected that all athletes abide by the RVHS athlete's code of conduct. If chosen to be a part of RVHS cheer team, the cheerleader and parent(s) will be required to review and sign the code of conduct and cheer by laws.

### **The cheer teams will be chosen as follows:**

Varsity - Top 26 (+-)

\* Competitive Squad

\* Will participate in spirit cheer for football and basketball\*

Junior Varsity - Second Top 20(+/-)

\* Showcase/Exhibit with possibility to be scored at competitions

\* Will participate in spirit cheer for football and basketball\*

### **Requirements to try out:**

\* Completed and signed cheer application due by June 26, 2020

\* 2.5 cumulative unweighted GPA - copy of recent report card

\* Completed and signed physical form dated AFTER April 1, 2020.

Physicals must be turned in to **Brian Rosefield, Mike Crook, or Jeffrey Sincavage** at [brosefield@richland2.org](mailto:brosefield@richland2.org), [jcrook@richland2.org](mailto:jcrook@richland2.org), or [jsincavage@richland2.org](mailto:jsincavage@richland2.org)

Please turn in completed applications by scanning and emailing to rvhcheer@gmail.com. If you do not have access to a scanner, there are free scanner apps such as Genius Scan that you can use. Physicals must be turned in to the aforementioned personnel (Rosefield, Crook, or Sincavage).

\*\*All tryout sessions are closed to the public\*\*

Upon being selected to be a part of RVHS cheer team, each student must maintain their eligibility according to South Carolina High School League (SCHSL) requirements. There will be a **MANDATORY** meeting for parents and cheerleaders who are selected to be on the 2020-2021 cheer team. Date to be determined upon district approval.

Again, thank you for your interest. I hope you decide to join us and I wish you all the best of luck at try outs.

Porche Cameron  
RVHS Head Cheer Coach  
rvhcheer@gmail.com

# What To Expect From Coaches

Our knowledgeable and experienced coaching staff are more than excited for another year of spirit and fun. Cheerleading is a sport of happiness, team work, and school spirit. It is our ultimate goal to take this squad to the next level. We will do our best to bring out the best in each cheerleader. You can expect the following from RVHS cheer coaches:

- Expect us to push cheerleaders to their highest potential
- Expect to try new things
- Expect handwork and dedication
- Expect honesty and transparency
- EXPECT FUN

## What To Expect For Try Outs:

- Submit complete application, proof of final grades/GPA, and sports physical dated after April 1, 2020.
- An email with your try out time will be emailed to you after verification of all documents. Please remember your number as this is required during the check in process.
- Appropriate attire for try outs is a plain white tshirt, black shorts, any cheer bow of your choice, and cheer shoes. If you have never cheered before and do not own cheer shoes, any athletic/workout sneaker will be fine.
- Hair must be neatly pulled back from face, no jewelry, nails must be short.
- You will be expected to perform the cheer, chant, and dance that was sent via video. You will also be required to demonstrate three different jumps. You may search the web or youtube on different cheer jumps.
- Tumbling demonstration is also expected (for those that have the skills), so please assure your try out area is well lit and free of background noise.
- You have the option to send in your tumbling demonstration video prior to try outs. If you choose to do a video demo of your tumbling, it should be recorded in a well lit and safe area and emailed to [rvhcheer@gmail.com](mailto:rvhcheer@gmail.com) by July 19 with your full name - tumbling demo in the subject line.  
Example: Porche Cameron - tumbling demo.
- We are still in phase 1 of conditioning for SCHSL. This means we are not allowed to stunt at the moment, so stunting will not be required at try outs.
- Those indicating trying out as a flyer will be asked to demonstrate skills/body positions on ground.

## What To Expect After Try Outs:

- Rosters are \*anticipated\* to be posted on all social media platforms and Ridge View Sports website by July 21. Try Out numbers will be posted, not names, so please remember your number.
- If you are selected as a team member for the 2020-2021 year, you will be sent an email with important information on how to order practice wear from the team store, and the link to the parent meeting.
- Virtual parent meeting to discuss upcoming season, practice days/times, etc will be July 22.
- First team practice time/location TBA
- **Cost:** As we continue to be under guidance of the South Carolina High School League, we are consciously trying to do what is best for the health and safety of our athletes, as well as try to continue assisting them in growing as athletes and citizens. With that being said, we cannot give a definite number on the cost of cheer this year. Under normal circumstances, we would be able to all be in one room, not social distancing, and do normal cheer activities such as stunting. Because we aren't able to do those things at this stage of our COVID-19 conditioning restrictions, we will not be able to attend our off campus trainings until further notice. Trainings and choreography are the bulk of cheer fees and it would be fiscally irresponsible to pay for those activities until we are cleared to participate in them. Please understand that if and when we progress to the next phases of less restrictions and can do more activities, payment for those trainings will be due. This will be discussed in further detail at the parent meeting after try outs.
- First fundraiser will begin within the first week of practice and details will be given at the parent meeting.

**Any questions/concerns regarding try outs should be sent to Coach Porche Cameron at [rvhcheer@gmail.com](mailto:rvhcheer@gmail.com)**

# Cheerleader Statement of Candidacy

This statement of candidacy is a pre-try out agreement between RVHS cheer and the cheer candidate. This form does not guarantee a spot on either of the cheer teams. We, cheer candidate and parent, are signing with knowledge and understanding of the following:

- I have thoroughly read and understand the try out information and agree to the terms.
- Every effort will be made to ensure the safety of all try out participants. I understand that RVHS and coaches are NOT responsible for an accidents that mat occur during the conditioning, open gym, and try out process.
- If there are any known medical conditions, I will communicate it to the coaches at the beginning of the try out process.
- My position as a RVHS cheerleader is my first priority over any other job or personal activity.
- I am a student first, and athlete second.
- I will represent myself, my team, and my school with the highest level of pride and respect.
- I understand there will be in depth by laws I must abide by and sign.
- I understand the financial commitment of becoming a RVHS cheerleader.
- I agree to the outlined payment dates and will plan accordingly.
- I understand if my full balance is not paid by August 14, 2020, I will not be able to participate in any cheer functions until my cheer balance is resolved. I also understand I may not receive certain practice/performance items until my balance is resolved.
- I understand that if I decline to participate in fundraisers that are geared towards helping me lower my balance, I will be responsible for the entire balance presented.
- I understand the time commitment of becoming a RVHS cheerleader.
- I have reviewed the timeline of important dates and will consider this timeline when scheduling other events, vacations, etc.
- I agree to trust the RVHS cheer staff in how they govern the teams and enforce rules, by laws, and SCHSL regulations.
- I agree to utilize the RVHS cheer staff open door policy and will notify them of any issues I may have to give them an opportunity to resolve it.

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Student Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed Name of Candidate**

\_\_\_\_\_  
**Date**

## **Try Out Application Packet Checklist**

**Complete Physical Dated After April 1, 2020**

**Completed Application**

**Copy of most recent report card/GPA**

**Signed Try Out Candidacy Form by both Student and Parent**

**Candidates may email a video of their tumbling demonstration to [rvhcheer@gmail.com](mailto:rvhcheer@gmail.com). Examples of tumbling include both running passes and standing tumbling (tucks, back handspring, layouts, fulls, etc)**

# **Ridge View High School Cheerleading Try Out Application**

## Student Information

**Student Name:** \_\_\_\_\_

Current School: \_\_\_\_\_

Current Grade Level: \_\_\_\_\_

Home Address: \_\_\_\_\_

Email Address (parent): \_\_\_\_\_

Email Address (student): \_\_\_\_\_

**Parent/Guardian 1 Name** \_\_\_\_\_

Relation: \_\_\_\_\_

Address (if different from student):

\_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

**Parent/Guardian 2 Name** \_\_\_\_\_

Relation: \_\_\_\_\_

Address (if different from student):

\_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

**Emergency Contact Name/Number/Relation**

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_



Try Out Position (circle one):      **Base Backspot**   **Flyer**

## **Ridge View High School Cheerleading Try Out**

**Application** \*You may use the back of this sheet as extra space if needed\*

1. List Previous Cheer/Gymnastics/Dance Experience to include the number of years:
2. List other school/extracurricular activities you participate in:
3. What qualities do you believe a cheerleader should possess?
4. What are your greatest strengths?
5. What do you believe is your weakness? How do you plan to improve?
6. How well do you adapt to change? Provide an example of a time there was a change or interruption in your plans and how did you handle it?
7. What does school spirit mean to you?
8. Why do you think you should be selected as a cheerleader for RVHS?